

Friends Place Adult Day Services
April 2015

All meals served with 2% milk or iced tea and hot bread unless otherwise indicated.

Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Nuggets w/ Honey Mustard Macaroni & Cheese Scandinavian Vegetables Green Salad Fresh Baked Cookie	Beef Pepper Steak Over Rice Oriental Vegetables Vegetable Egg Roll Spinach Salad Brownie	Baked Fish w/Tartar Sauce Roasted Potatoes Peas & Carrots Cole Slaw Baked Apples over Vanilla Ice Cream
Baked Potato topped With Pulled Pork Carrots Sliced Apples Spinach Salad Strawberry Shortcake	Turkey Burger On a Wheat Roll Pea Salad Fruit Salad Green Salad Pistachio Pudding Fluff	Meat Loaf Scalloped Potatoes California Vegetables Spinach Salad Sherbet	Chicken Alfredo Over Noodles Green Beans Beets Cole Slaw Fresh Baked Cookie	Tacos with Lettuce Tomato & Cheese Spanish Rice Corn Green Salad Peach Cobbler
Smothered Chicken Rice Pilaf Broccoli Cole Slaw Fruit Crisp Dessert	Salisbury Steak w/Gravy Mashed Potatoes California Vegetables Spinach Salad Pineapple Upside Down Cake	Turkey Tetrazzini Peas & Carrots Beets Green Salad Pound Cake w/Topping	Pulled Pork On a Whole Wheat Bun Pickle Spear Bake Potato Salad Carrot & Raisin Salad Green Salad Sherbet	Teriyaki Chicken Pineapple Slice Parsley Potatoes Mixed Vegetables Green Salad Brownies
Brats w/ Sauerkraut Roasted Potatoes Green Beans Spinach Salad Vanilla Pudding w/ topping	Baked Fish w/Tartar Sauce & Lemon Garnish Macaroni & Cheese Capri Vegetables Cole Slaw Brownies	Cheeseburger on a Whole Wheat Bun Pickle Spear Seasoned Fries Fruit Cup Green Salad Peach Cobbler	Parmesan Crusted Chicken Rice Pilaf Broccoli Green Salad Fresh Baked Cookie	Vegetable Lasagna Prince Edward Vegetables Garlic Bread Spinach Salad Orange Fluff
Salad Plate w/ Smoked Chicken Salad Pea Salad Carrot & Raisin Salad Green Salad Brownies	Ham Bake Beans Spiced Sweet Potatoes Spinach Salad Ambrosia	Baked Chicken Topped with Spinach Mashed Potatoes Prince Edward Vegetables Green Salad Strawberry Cake/Frosting	Cabbage Rolls Corn Peas & Carrots Spinach Salad Chocolate Pudding w/ Topping	

Menus approved by: _____

Date: _____

For NCS diets- fresh fruit, ½ portion regular dessert or sugar free cookie/ pudding

For no added salt- table salt not available