

Monday

Tuesday

Wednesday

Thursday

Friday



APRIL 2015

Friends Place Adult Day Services, DeSoto Lunch Menu

All meals served with Hot Bread and Iced Tea/Water unless
Otherwise noted. For NCS diets- ½ portion dessert or sugar free.
. No table salt.

		1 Beef Vegetable Soup Baked Potatoes w/ Trimmings Green Salad Oatmeal Cookies	2 Smothered Chicken Rice Pilaf California Vegetables Spinach Salad w/Mandarin Oranges Banana Pudding	3 Pulled Pork Sandwiches Potato Salad Scandinavian Vegetables Garden Salad Apple Cobbler
6 Vegetable Lasagna Baked Apples Garlic Bread Mixed Green Salad Vanilla Pudding	7 Soft Beef Tacos Spanish Rice Pinto Beans Coleslaw Salad Angel Food Cake/w/Topping	8 Teriyaki Chicken Rice Oriental Vegetables Green Salad Chocolate Chip Cookies	9 Cheeseburgers on Wheat Bun Baked Chips Green Beans Mixed Green Salad Ambrosia	10 Parmesan Crusted Chicken Macaroni & Cheese Peas & Carrots Spinach Salad w/Mandarin Oranges Sherbet
13 Salisbury Steak Rice Pilaf Chopped Broccoli Green Salad Spice Cookies	14 Chicken Alfredo Italian Vegetables Garlic Bread Spinach Salad w/Mandarin Oranges Peach Cobbler	15 Meatloaf w/ Tomato Sauce Macaroni & Cheese Peas & Carrots Mixed Green Salad Sherbet	16 Chicken Pot Pie Mashed Potatoes Baked Apples Green Salad Lemon Cake w/ Icing	17 Baked Fish Filet w/Lemon Wedges Hush Puppies Scandinavian Vegetables Coleslaw Salad Chocolate Pudding
20 Chicken Fajitas Spanish Rice Ranchero Beans Mixed Green Salad Yellow Cake w/ Icing	21 Pepperoni Pizza Pasta Salad Green Beans Green Salad w/Avocado Sugar Cookies	22 Baked Cod Filet Roasted Potatoes Mixed Vegetables Spinach Salad w/Mandarin Oranges Peach Cobbler	23 Swedish Meatballs w/Mushroom Gravy over Noodles Chopped Broccoli Green Salad Brownies	24 Tomato Basil Soup w/ Grilled Cheese Sandwiches Baked Apples Peas & Carrots Mixed Green Salad Neapolitan Ice Cream
27 Spaghetti Meatballs Chopped Broccoli Garlic Bread Coleslaw Salad Apple Cobbler	28 Stir Fry Chicken Rice Oriental Vegetables Mixed Green Salad Ambrosia	29 Smothered Steak Mashed Potatoes Green Beans Coleslaw Salad Vanilla Pudding	30 Beef Chili Cornbread Peas & Carrots Spinach Salad w/Mandarin Oranges Peanut Butter Cookies	

Approved by: Julie Pan

Date: March 15, 2015