



Monday		Tuesday		Wednesday		Thursday		Friday	
Cheeseburger on Wheat Bun Steak Fries Green Beans Green Salad Strawberry Shortcake .	3	Baked Cod Filet w/Lemon Wedge Hush Puppies Chopped Broccoli Coleslaw Salad Brownies .	4	Teriyaki Chicken Rice Oriental Vegetables Mixed Green Salad Ambrosia .	5	Meat Loaf Baked Potatoes w/Trimming Peas & Carrots Mixed Spinach Salad w/Mandarin Oranges Lemon Pudding .	6	Tuna Salad Plate Pasta Salad Fresh Fruit Green Salad Sugar Cookies .	7
Smothered Chicken Sweet Potato Casserole Green Beans Tossed Green Salad Yellow cake/Icing .	10	Pulled Pork Sandwiches Assorted Chips Baked Beans Coleslaw Salad Chocolate Pudding .	11	Swedish Meatballs w/Mushroom Gravy Noodles Mixed Vegetables Mixed Green Salad Apple Dump Cake .	12	Parmeasean Crusted Chicken Mashed Potatoes Chopped Broccoli Tossed Green Salad Neopolitan Ice Cream .	13	Beef Lasagna Italian Vegetables Garlic Bread Green Salad Fresh Baked Cookies .	14
Beef Pepper Steak Roasted Potatoes Corn Spinach Salad w/Mandarin Oranges Peach Cobbler .	17	Chicken Alfredo Italian Vegetables Garlic Bread Green Salad Oatmeal Cookies .	18	Steak Finger Basket Baked Chips Ranch Style Beans Coleslaw Salad Vanilla Pudding .	19	Chili Dogs w/Trimming French Fries California Vegetables Green Salad Ambrosia .	20	Sliced Ham Sweet Potato Casserole Mixed Vegetables Green Salad Pineapple Upside Down Cake .	21
Spaghetti and Meatballs Italian Vegetables Spinach Salad w/Mandarin Oranges Sugar Cookies .	24	Beef Vegetable Stew Baked Apples Texas Toast Tossed Green Salad Ambrosia .	25	Cheese/Pepperoni Pizza Peas & Carrots Fresh Fruit Mixed Green Salad Lemon Cake w/Icing .	26	Smothered Steak Seasoned Potatoes Green Beans Coleslaw Salad Sherbet .	27	Chicken Tetrzzini California Vegetables Garlic Bread Green Salad Banana Pudding .	28
Chicken Noodle Soup Grilled Cheese Sandwiches Oriental Vegetables Mixed Green Salad Brownies .	31	<div><h1>AUGUST 2015</h1><h2>Friends Place DeSoto Lunch Menu</h2><p>All meals served with Water/Iced Tea and Hot Bread unless otherwise noted. For NCS diets- 1/2 portion, Regular dessert or sugar free pudding or fruit. No added salt. Table salt not available.</p></div>							