


Monday

Tuesday

Wednesday

Thursday

Friday

<div>Friends Place Adult Day Services, DeSoto</div> <div>Lunch Menu</div> <div>JULY 2015</div> <div>All meals served with Hot Bread and Iced Tea/Water unless otherwise noted.</div> <div>For NCS diets- ½ portion dessert or sugar free.</div>		1 Salisbury Steak Mashed Potatoes Peas & Carrots Coleslaw Salad Vanilla Ice Cream .	2 Cheeseburgers on Wheat Bun Steak Fries Green Beans Green Salad Brownies	3   Closed Happy 4 <sup>th</sup> !
6 Baked Cod Filet w/Lemon Wedge Baked Potato w/trimmings California Vegetables Mixed Green Salad Spice Cake	7 Parmesan Crusted Chicken Rice Pilaf Italian Vegetables Spinach Salad w/Mandarin Oranges Peanut Butter Cookies	8 Meatloaf Macaroni & Cheese Chopped Broccoli Tossed Green Salad Ambrosia	9 Chicken Salad Pasta Salad Fresh Fruit Tossed Green Salad Sherbet	10 Hot Dogs and Turkey Kielbasa Steak Fries Mixed Vegetables Coleslaw Salad Banana Pudding
13 Smothered Chicken Baked Sweet Potato Green Beans Mixed Green Salad Apple Dump Cake	14 Soft Beef Tacos Spanish Rice Ranchero Beans Tossed Green Salad Brownies	15 Pulled Pork Sandwiches Baked Apples Green Beans Green Salad Strawberry Shortcake	16 Beef Pepper Steak Roasted Potatoes Corn Spinach Salad w/Mandarin Oranges Peach Cobbler	17 Spaghetti and Meatballs Italian Vegetables Garlic Bread Green Salad Ambrosia
20 Cheeseburgers on Wheat Bun Baked Chips Ranch Style Beans Coleslaw Salad Neopolitan Ice Cream	21 Baked Cod Filet w/Lemon Wedge Hush Puppies California Vegetables Green Salad Chocolate Pudding	22 Swedish Meatballs w/Mushroom Gravy Rice Scandinavian Vegetables Mixed Green Salad Orange Cake w/Icing	23 Chicken Spaghetti Chopped Broccoli Garlic Bread Spinach Salad w/Mandarin Oranges Sugar Cookies	24 Smothered Steak Seasoned Fries Green Beans Tossed Green Salad Ambrosia
27 Cheese/Pepperoni Pizza Baked Apples Peas & Carrots Mixed Green Salad Lemon Cake w/Icing	28 Chicken Alfredo Chopped Broccoli Garlic Bread Spinach Salad w/Mandarin Oranges Vanilla Ice Cream	29 Beef Vegetable Stew Sweet Potato Fries Corn Bread Green Salad Banana Pudding	30 Teriyaki Chicken Rice Oriental Vegetables Coleslaw Salad Brownies	31 Vegetable Lasagna Garlic Bread Italian Vegetables Green Salad Snicker Doodle Cookies

Approved by:

Julie Pan, RD

Date: 6/29/2015