



Meet the Friends Place Team

Marylynne
Henry

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Suzy
Dunn-Bradford

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Yolanda
Madison

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Sharon Holmes

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Evelyn Tave

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Lisa Stinson

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Lucretia
Honore

*

Patrice Trimble

*

Joyce Tarver,
RN

Ho'olu komo la kaua

Translation: Please Join Us!



On August 21st, Friends Place will be transformed to an island oasis as we welcome back Kal and Barbara Wong. We will be having an 'Hawaiian luau' for lunch, followed by Kal and Barbara performing their original Hawaiian music. Please come with your favorite Hawaiian, or flowered, shirt, skirt, shorts, sandals --- whatever makes you think of the islands.



Practice your hula dance, limber up for the Limbo – Be ready because prizes will be awarded for the best!!!!

Walk to End Alzheimer's – Call to Join Our Team

Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Held annually in more than 600 communities nationwide, this inspiring event calls on participants of all ages and abilities to reclaim the future for millions. Friends Place in DeSoto, Richardson and McKinney are joining forces to form our very own Friends Place Team. Last year, we were the largest fundraising team that participated in the walk in Dallas.

The event will be Saturday, September 26th and will be held at the AT&T American Airlines Center in Dallas. The address is 2500 Victory Ave. 75219. Please be a part of our Friends Place team. You can get more information from any of the Friends Place Centers, or call Suzy at Friends Place DeSoto at 972-274-2484. You can also go to Walk to End Alzheimer's to register online.

If you can't walk with us, please support us with a donation to our team. We want to top the list again this year!

Featured Member of the Month

We are happy to present Faye Skinner as our featured member of the month.

Faye comes in each morning with a smile on her face, and always says "Good Morning". She greets us each day wearing a beautiful sweater; even in this heat. That's what southern ladies do - always have a wrap and are prepared for any weather change.

Faye was born Tina Faye in Arkansas to Homer and Lilly Schooley. Did I mention she was one smart lady? That's because she was valedictorian at her high school. She met and married James Skinner and had 2 children. Faye has lots of grandchildren, and great grandchildren to keep her busy and for her to ooohhh and aaaahhh over.

Faye's hobbies included a love for horses, and she enjoys looking through our coffee table book on all different kinds of horses. She and Marylynne will spend time trading stories.

Faye is a quiet person, but if you can get her laughing, then watch out! She turns into a giggle box. She loves to walk around in the afternoon, and when you ask her if she needs anything, she tells us she is exercising and walking is good for you! So true Faye! She is an example for all of us.

Faye helps us to fold our napkins in the morning, or she will add a tidbit or two during Chit Chat. Either way she is a joy to have here at Friends Place and I know you will recognize her by her great smile and her beautiful sweaters!!

Happy August Birthday to:

Marylynne Henry - 8/8

Nelda Trewin - 8/9

Ethel Kelly - 8/14

Johnnie Seastrunk - 8/17

Robert Moore - 8/19

Ross Wyche - 8/21

Betty Casselberry - 8/30

Ida Robertson - 8/31

When Hoarding is a Problem

by Pam Johnson

The type of hoarding associated with dementia is quite different from what is depicted on television as a result of a serious mental health disorder. Hoarding as a disease-related behavior of dementia tends to be more of a collecting and/or a gathering activity. And, there is a tendency to not only "pack-rat" the items but also to carry them around throughout the day and/or hide these things. All can be particularly frustrating and challenging to caregivers and families.

Rather than ask, "How do we stop this?" a better question might be, "Why is this a problem?" Hopefully, it's not just because it is annoying. It is a genuine concern if they are hoarding things like the mail, food, or soiled eating utensils. However, instead of trying to stop the behavior, it is often advisable to simply permit it in a manner that will allow for both the person's safety as well as the sanity of the caregiver.

Hoarding – like many other AD behaviors – is often the result of an unmet need. Understanding the possible reasons can enable us to meet their needs in another way and prevent or minimize undesired behaviors.

Sometimes people are "gathering" because they are feeling insecure, paranoid about their belongings being stolen, or feel a huge loss of control over their life. Feeling lonely, isolated or bored can also be a trigger.

Much like a child's need to carry around a soft blanket for a sense of security, a woman might find it soothing to possess certain objects or stacks of soft tissues. Men might create a feeling of control by carrying or stashing away bills, books, papers or tools. It might even become necessary to sort mail before it comes into the house or keep valuable items locked away.

Together you can create a personal Treasure Box that is large enough to provide a safe place to keep things that are essential to their well-being and can be carried. It would be theirs alone ... and everybody can be content.

VA Program at Friends Place

Many of you know that we have contracted directly with the Veterans Administration to provide our day services at no cost to qualified Veterans (there may be small co-pay). Transportation is included with this service. This program is not connected to the Aid & Attendance benefit offered by the VA and is governed by a different set of eligibility rules. Bring in your honorable discharge papers and we can begin the enrollment. Please talk to Marylynne or Suzy to help you navigate through the VA process.

Transportation Now Available

Through a partnership with Vision of Valley Transportation, we are now offering transportation to all of our members. For information about this service, please contact Marylynne or Suzy.

Useful Resources

Friends Place offers a wealth of up-to-the-minute information in our Lending Library & Resource Room. And Marylynne, Suzy, and Joyce are always available to conference about any questions or concerns that might arise. From day to day issues to long term care considerations, we offer expert advice and counsel to help you find the best possible solution for your loved one and your family. If we don't know the answer, we will find someone who does!

Friends Place Welcomes

Marilyn Witt
Alma Ruth Wilson
Susie Bonnett
Margie Brawley
Mary Seisler

Support Groups and Education for Caregivers in the Southwest Dallas Area

Alzheimer's Support Groups

PLEASE NOTE NEW TIME!

Date: Tuesday, August 11
Time: 2:00 p.m. - General Discussion

Date: Tuesday, August 25
Time: 2:00 p.m.
Speaker: Rick Mills, Attorney at Law

Topic: "Do you have all your Documents in Order?"

Activities for your loved one at no charge while you attend the meeting, with reservations.
Call 972.274.2484.

Location: Friends Place Adult Day Services
1232 W. Belt Line Road
DeSoto, TX. 75115

Date: No Meeting In August
Time:
Location: New Life in Christ Lutheran Church
311 S. Cockrell Hill Rd.
Duncanville, TX. 75116

Date: Wednesday, August 12
Time: 6:30 p.m.
Location: Hillcrest Baptist Church
255 W. Pleasant Run Rd
Cedar Hill, Tx.
Questions: 214-718-1286

Parkinson's Support Group

Date: Monday August 31
Time: 6:30 – 8:00
Location: Trinity United Methodist Church
1302 South Clark Road
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at calljw@sbcglobal.net

Friends Place Adult Day Services
1232 W. Beltline Rd
DeSoto, Tx. 75115



August Happenings!

M	3 rd	Edward the Drummer	11:30 am
TH	6 th	Carol Lee- Storyteller	2:15p.m.
T	11 th	Caregivers Support Group	2:00 p.m.
W	12 th	Joseph Bunker, Singer Aug. Birthday Celebration	1:30 p.m.
F	14 th	Cassidy, Our Service Dog	2:15 p.m.
T	18 th	Harley Brown- One Man Band	11:30 a.m.
F	21 st	Kal & Barbara Wong Hawaiian Singing and Dancing is Encouraged!!	1:30p.m.
T	25 th	Mike Frankel- Accordion Player	11:30 a.m.
T	25 th	Caregivers Support Group Speaker: Rick Mills, Attorney	2:00 p.m.
TH	27 th	Cassidy, Our Service Dog	10:45 a.m.
M	31 st	Charla- Yoga Class	2:15 p.m.



**Our Annual Friends Place Fair
Week is coming up
September 28 thru October 2**

One of the most enjoyable aspects of Fair Week is our Exhibit Hall where we showcase all the crafts, collections, and other things that our members bring in to be on display. Please think about what you can bring that is special to you!

**Friends Place will be closed Monday,
September 7th in observance of Labor
Day**

Monday	Tuesday	Wednesday	Thursday	Friday
Tony Bennett Day 3 10:00 Let's Talk Tony Bennett / Speedy Recall /Bowling 10:45 You Be the Judge / Ungame /Puzzles 11:30 Edward the Drummer 1:30 Call Out the Answer / Feeling in a Jar / Circuit Fitness 2:15 Name 5 / Catch Phrase / Sensory Enrichment 3:00 Bingo / Bible Themes 4:15 Light & Lively 4:45 1960's Remembering & Reminiscing 5:15 Choices	Happy Birthday President 4 10:00 Spanish Made Simple / Easy Does It Random Trivia /This or That 10:45 The Alliteration Game / Answer Ball /Design by Number 11:30 Exercise 12:00 Sing-A-Long 1:30 One-on-One / Table Talk / Basketball 2:15 Humor / Pastime Complete the Phrase Cards / 4 in a Row 3:00 Bingo / Enrichment Activity 4:15 Dance to the Music 4:45 Mindtrap 5:15 Name 5	Oyster Day 5 10:00 Sea Life Travels / You Can Puzzle Too /Cards 10:45 Wacky Wordies & Concentration / 12 Months of Trivia /Corn Hole 11:30 Exercise 12:00 Sing-A-Long 1:30 Strengthen Your Mind / Dominoes / Answer Ball 2:15 Jeopardy / Speedy Recall / Uno 3:00 Bingo / Spiritual Study 4:15 Light & Lively 4:45 Geology and Gemstones Crossword 5:15 Wheel of Fortune	American Artists Day 6 10:00 Category Trivia / Answer Ball /Uno 10:45 Humor / Mindtrap /Rhyme Tyme 11:30 Exercise 12:00 Sing-A-Long 1:30 Movies / Stars / Choices / Sensory Enrichment 2:15 Carolee, the Storyteller / Choices / 3:00 Bingo / Jeopardy 4:15 Dance to the Music 4:45 Wheel of Fortune 5:15 Mind Trap	7 10:00 Sign Language / Discuss & Recall /This or That 10:45 Brain Game / Shuffleboard /Checkers 11:30 Exercise 12:00 Sing-A-Long 1:30 Book Club / August Word Pictures / August Birthday Quiz / Circuit Fitness 2:15 You Be the Judge / Dominoes / Circuit Fitness 3:00 Bingo / Wheel of Fortune 4:15 Light & Lively 4:45 Bulletin Board Trivia 5:15 Table Talk
Charles Darrow Day 10 10:00 Travelogue / Pucker Up Printmaking /Ping Pong Basketball 10:45 Charades / Puzzles & Ponderings /Corn Hole 11:30 Exercise 12:00 Sing-A-Long 1:30 Table Talk / Problem Solving / Magazine Scavenger 2:15 Fascinating Facts / Name 5 / This or That 3:00 Bingo / Bible Themes 4:15 Dance to the Music 4:45 What Year Was It? 5:15 A to Z Healthy Foods	Instant Coffee Day 11 10:00 When Life Gives You Lemons (Story, Discussion & Slide Show) / Carved in "Stone" Word Search /Puzzles 10:45 Can You Picture This? / Speedy Recall /Cards 11:30 Exercise 12:00 Sing-A-Long 1:30 Jeopardy Trivia / Adult Creativity / Corn Hole 2:15 Family Feud / Sports Trivia / Block Shop 3:00 Bingo / Enrichment Activity 4:15 Light & Lively 4:45 Lg. Crosswords 5:15 Finish the Phrase	Vinyl Record Day 12 10:00 Collections of Vinyl Records / Random Trivia /Circuit Fitness 10:45 Spiritual / Clowning Around Word Search /Sensory Enrichment 11:30 Exercise 12:00 Sing-A-Long 1:30 Joseph Bunger, August Birthday Celebration / Finishing Words / 2:30 Strengthen Your Mind / Choices / Puzzles 3:00 Bingo / Spiritual Study 4:15 Dance to the Music 4:45 Name 5 5:15 Choices	Alfred Hitchcock Day 13 10:00 Grab Bag: Animal Therapy Discussion & Slide Presentation / Table Talk /What Comes First? 10:45 Finish the Phrase / What Year Was It? /Uno 11:30 Exercise 12:00 Sing-A-Long 1:30 Lemonade Stand Word Mining / Answer Ball / Sensory Enrichment 2:15 Lemon Drop Mocktail Word Search / Putt Putt / Sensory Enrichment 3:00 Bingo / Table Talk 4:15 Light & Lively 4:45 August IQ 5:15 Person, Place, or Thing	Happy Birthday Steve Martin 14 10:00 Partying with Steve / Cooking: No Bake Lemon Bars /Corn Hole 10:45 Catch Phrase / Feelings in a Jar /Design by Number 11:30 Exercise 12:00 Sing-A-Long 1:30 Common Ending Fill in the Blank / This Was the Year 1959 / This or That 2:15 Cassidy / Cards / 3:00 Bingo / Fascinating Facts 4:15 Dance to the Music 4:45 Charades 5:15 Taboo
Australia Birthday 17 10:00 Australia Living / Agriculture / Mad Science: Taking a Shine to Lemons /Storytelling 10:45 Who Am I? / American Trivia /Corn Hole 11:30 Exercise 12:00 Sing-A-Long 1:30 Spelling Lemon Tree Crossword / Brain Game / Uno 2:15 Everyday Life Trivia / Finish the Phrase / 4 in a Row 3:00 Bingo / Bible Themes 4:15 Light & Lively 4:45 Finishing Words 5:15 1940's Remembering & Reminiscing	Happy Birthday Patrick Swayze 18 10:00 Spanish Made Simple / 12 Months of Trivia /Design by Number 10:45 Finishing Words / Everyday Life Trivia /What Things Belong Together? – Categorizing Activity 11:30 Harley Brown, the Entertainer 1:30 Famous August Birthday / Name 5 / Circuit Fitness 2:15 Brain Game / Pastime Complete the Phrase Cards / Craft Kit 3:00 Bingo / Enrichment Activity 4:15 Dance to the Music 4:45 52 Weeks Trivia 5:15 What Am I?	Happy Birthday, President Clinton 19 10:00 Clinton's Timeline / Pillow Project /Wildlife Bingo 10:45 Catch Phrase / Pillow Project Cont. /Circuit Fitness 11:30 Exercise 12:00 Sing-A-Long 1:30 Strengthen Your Mind / Pillow Project / Corn Hole 2:15 Table Talk / Pillow Project cont'd / This or That 3:00 Bingo / Spiritual Study 4:15 Light & Lively 4:45 Choices 5:15 American Trivia	Happy Birthday, Connie Chug 20 10:00 Connie's Adeventure / Call Out the Answer /Circuit Fitness 10:45 Ocean Categories / You Be the Judge /Sensory Enrichment 11:30 Exercise 12:00 Sing-A-Long 1:30 A Hole in One Crossword / Finishing Words / 4 in a Row 2:15 What Am I? / Putt Putt / Uno 3:00 Bingo / 12 Months of Trivia 4:15 Dance to the Music 4:45 Mindtrap 5:15 Spelling Lemon Tree Crossword	Hawaii Birthday 21 10:00 Hawaiiia Travel Guide / Memories in the Making /Uno 10:45 Dog Jokes Crossword / Memories in the Making Cont. /Cards 11:30 Exercise 12:00 Sing-A-Long 1:30 Kal and Barbara Wong, Sounds from Hawaii / Magazine Scavenger / 2:15 Book Club / Richard Gere Word Search / Answer Ball 3:00 Bingo / Choices 4:15 Light & Lively 4:45 Answer Ball 5:15 Predicting Outcomes
Happy Birthday Potato Chips 24 10:00 Read / Write / Think Twice /Amazing Memory 10:45 Kool Aid Flavors Word Search / Finishing Lines /This or That 11:30 Exercise 12:00 Sing-A-Long 1:30 Who Am I? / Name 5 / Circuit Fitness 2:15 Fascinating Facts / Mindtrap / 4 in a Row 3:00 Bingo / Bible Themes 4:15 Dance to the Music 4:45 Finishing the Phrase 5:15 Weird August Holidays	25 10:00 Mindtrap / Ungame /Cards 10:45 Woodstock Musicians Word Search / Who's Who /Amazing Memory 11:30 Mike Frankel,the Accordion Player 1:30 Old or New Crossword / Dice Baseball / Puzzles 2:15 Feelings in a Jar / Jewelry Making / Let's Band Together 3:00 Bingo / Enrichment Activity 4:15 Light & Lively 4:45 Pictionary 5:15 Mind Trap	National Dog Day 26 10:00 Share Photos of Your Pets / Fascinating Facts /Creative Forecasting 10:45 Everyday Life Trivia / Taboo /Block Shop 11:30 Exercise 12:00 Sing-A-Long 1:30 Strengthen Your Mind / Basketball / Uno 2:15 Catch Phrase / Sports Trivia / Uno 3:00 Bingo / Spiritual Study 4:15 Dance to the Music 4:45 You Be the Judge 5:15 Name 5	LBJ Day 27 10:00 Who was LBJ? / Adult Creativity /Circuit Fitness 10:45 Cassidy / Lg. Crossword / 11:30 Exercise 12:00 Sing-A-Long 1:30 What Am I? / 12 Months of Trivia / Bowling 2:15 What Year Was It? / Answer Ball / Sensory Enrichment 3:00 Bingo / Dice Baseball 4:15 Light & Lively 4:45 American Trivia 5:15 Family Feud	28 10:00 Bottle Wrapping / Everyday Life Trivia /Sensory Enrichment 10:45 Predicting Outcomes / Bottle Wrapping Cont. /Puzzles 11:30 Exercise 12:00 Sing-A-Long 1:30 Book Club / Monopoly / Basketball 2:15 52 Weeks of Trivia / Choices / Bowling 3:00 Bingo / Think Twice 4:15 Dance to the Music 4:45 Fascinating Facts 5:15 Carved in "Stone" Fill in the Blank
31 10:00 Think Twice / Junk Drawer Detective /Wildlife Bingo 10:45 Word Builder Fill in the Blank / 12 Months of Trivia /Bowling 11:30 Exercise 12:00 Sing-A-Long 1:30 Mindtrap / Brain Game / Sensory Enrichment 2:15 Yoga with Charla / Ungame / 3:00 Bingo / Bible Themes 4:15 Light & Lively 4:45 Tides Categories 5:15 1970's Remembering & Reminiscing	<div>  <h1>AUGUST 2015</h1> <p>Friends Place Adult Day Services DeSoto, Texas</p>  </div>			

7:30 – 9:15 Continental Breakfast / Coffee 9:15 – 10:00 Morning Paper / News / Views / Chit / Chat
 Water & Juice 11:15 a.m. Lunch 12:30 p.m. Afternoon Snack 3:00 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger on Wheat Bun Steak Fries Green Beans Green Salad Strawberry Shortcake .	Baked Cod Filet w/Lemon Wedge Hush Puppies Chopped Broccoli Coleslaw Salad Brownies .	Teriyaki Chicken Rice Oriental Vegetables Mixed Green Salad Ambrosia .	Meat Loaf Baked Potatoes w/Trimming Peas & Carrots Mixed Spinach Salad w/Mandarin Oranges Lemon Pudding .	Tuna Salad Plate Pasta Salad Fresh Fruit Green Salad Sugar Cookies .
Smothered Chicken Sweet Potato Casserole Green Beans Tossed Green Salad Yellow cake/Icing .	Pulled Pork Sandwiches Assorted Chips Baked Beans Coleslaw Salad Chocolate Pudding .	Swedish Meatballs w/Mushroom Gravy Noodles Mixed Vegetables Mixed Green Salad Apple Dump Cake .	Parmesean Crusted Chicken Mashed Potatoes Chopped Broccoli Tossed Green Salad Neopolitan Ice Cream .	Beef Lasagna Italian Vegetables Garlic Bread Green Salad Fresh Baked Cookies .
Beef Pepper Steak Roasted Potatoes Corn Spinach Salad w/Mandarin Oranges Peach Cobbler .	Chicken Alfredo Italian Vegetables Garlic Bread Green Salad Oatmeal Cookies .	Steak Finger Basket Baked Chips Ranch Style Beans Coleslaw Salad Vanilla Pudding .	Chili Dogs w/Trimming French Fries California Vegetables Green Salad Ambrosia .	Sliced Ham Sweet Potato Casserole Mixed Vegetables Green Salad Pineapple Upside Down Cake .
Spaghetti and Meatballs Italian Vegetables Spinach Salad w/Mandarin Oranges Sugar Cookies .	Beef Vegetable Stew Baked Apples Texas Toast Tossed Green Salad Ambrosia .	Cheese/Pepperoni Pizza Peas & Carrots Fresh Fruit Mixed Green Salad Lemon Cake w/Icing .	Smothered Steak Seasoned Potatoes Green Beans Coleslaw Salad Sherbet .	Chicken Tetrzzini California Vegetables Garlic Bread Green Salad Banana Pudding .
Chicken Noodle Soup Grilled Cheese Sandwiches Oriental Vegetables Mixed Green Salad Brownies .	<div>  <h1>AUGUST 2015</h1> <h2>Friends Place DeSoto Lunch Menu</h2> <p>All meals served with Water/Iced Tea and Hot Bread unless otherwise noted. For NCS diets- 1/2 portion, Regular dessert or sugar free pudding or fruit. No added salt. Table salt not available.</p>  </div>			