



# Friends News

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[www.friendsplaceads.com](http://www.friendsplaceads.com)

## Friends Staff

Pam Johnson

Jane Kovacs

Claire Iwuoha

Jackie Coalter

Trudy Honore

Malissa Cestari

Leanne Yarrow

Lisa Bonner

Jocelyn Gulley

Joel Lindemeier

Teri Everett

Chris Laudon

Kha Luu

Mary Dennison

AD Chowdhury

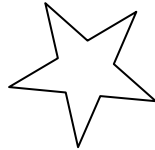
Jenn Lumpkin

Jane Tucker

Shirley Wilson

Pull out your polyester and splash on a little dash of flash...  
we're going to boogie down with Rhonda Medina

Presenting



## "Disco Dance Fever!"



Friday, August 21

2:00 pm

Studio 54 has nothing on us! Music & dancing, entertainer, decorations, 1970's snacks and refreshing "cocktails" to enjoy.

**Book the day on your reservation calendar! Invite your loved one to join us!**

*This event is **SO MUCH FUN!***

Please let us know if family members plan to attend so we can plan sufficiently.

RSVP to office @[friendsplaceads.com](http://friendsplaceads.com) or call 972.437.2940

## **Urgent notice about those crisis calls...**

**Thank you** to everyone who so responded so quickly and graciously during the recent city water main break. The situation prompted a flurry of phone calls and emails to notify families that we had to quickly close for the remainder of the day, as required by the Health Department.

Now for the **URGENT** part...please be sure to **update** your address and medicine changes, cell number, email address, and emergency contacts so we can quickly and easily locate you. This is **vital** in an emergency situation, be it illness, weather, or something going on in the community. Be sure to have your **cell phone ON you, ON, and LOUD when you are out**, so you can be found. Thank you for your help in ensuring the safety of your family member.

## Fourth Annual Friends Fall Fair

*Another "blue ribbon" fair is almost here!*

Coinciding with the State Fair of Texas, our fair will be the week of:

**September 28-October 2**

Midway games, prizes, fantastic fair foods, animals, clowns, balloon artist, musical entertainment, arts & crafts, and our own exhibit hall

Polish off those collections & get ready to show off your talents!  
More info coming soon for prospective fair exhibitors...that's you!

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### Summer Staffer Series... Jackie Coalter!

The first friendly face welcoming you to Friends Place is, more often than not, our very lovely Office Manager Jackie Coalter. Having worked here for over eight years, she is definitely a “Jackie-of-all-trades,” as she has pretty much covered everything throughout that amount of time. The duties and details required of her job are incredibly demanding, and we all appreciate the tremendous job that Jackie does of keeping everyone and everything running smoothly.

Named after the infamous Jacqueline Kennedy, our Jackie is the youngest of three children born to Judy & Jim Aller of Albernet, Iowa. The family, including brother Jeff and sister Janell moved often as their father worked for the Milwaukee Railroad. They lived in the Chicago area a couple of times, then east to Connecticut and way south to McAllen, Texas. After a stint at Pan American University in the small city of Edinburg, Texas, Jackie ventured back into big-city life in Houston.

A mutual friend there introduced her to Lewis Coalter, and they married a couple of years later. When Lewis was transferred to the Dallas area, the couple settled into their Plano home in which they raised their two children, Cody & Jenna. The Coalter family spent many happy years involved with great friends, travels, school activities, and all sorts of sports...soccer, paintball, volleyball, basketball (you name it!), coaching and cheering them on from the sidelines. That sports emphasis shifted to Texas Tech Red Raider games. Both of the kids graduated from Texas Tech University and now work in the Dallas area, which makes their mom very, very happy.

Jackie loves to travel. Anywhere. And she has been a lot of places! She enjoys shopping, the lake, fashion, and just hanging out with dear friends and family. She loves being a part of making a positive difference for FP families, and we are grateful for her big heart for others!

**August:** in the northern hemisphere, the eighth month of the year, often considered the last month of summer.

### Very Happy August Birthdays to...

Brad Bradshaw	1
Carl Neel	1
Kha Luu (staff)	2
Dale Walls	14
Ed Lederman	16
Leanne Yarrow	17
Margaret Walsh	20
David Brayshaw	22
Gary Farris	22
Marge Beckner	25
Judy D’Aniello	25
Francis Knapp	25
Bobby Porterfield	26

### A warm Friends Place welcome to...

Mike Hill	Rob Ennis
Larry Moody	Dale Walls
Martha Livingston	Bill Mangham
Bobbie Ferguson	Robert Hubbard
Frances Knapp	Bonnie Chesser
Imogene Stevens	Ed Lederman
Pat Haines	Don Broome
Herb Rothschild	

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## **When Hoarding is a Problem**

by Pam Johnson

The type of hoarding associated with dementia is quite different from what is depicted on television as a result of a serious mental health disorder. Hoarding as a disease-related behavior of dementia tends to more of a collecting and/or a gathering activity. And, there is a tendency to not only "pack-rat" the items but also to carry them around throughout the day and/or hide these things. All can be particularly frustrating and challenging to caregivers and families.

Rather than ask, "How do we stop this?" a better question might be, "Why is this a problem?" Hopefully, it's not just because it is annoying. It is a genuine concern if they are hoarding things like the mail, food, or soiled eating utensils. However, instead of trying to stop the behavior, it is often advisable to simply permit it in a manner that will allow for both the person's safety as well as the sanity of the caregiver.

Hoarding – like many other AD behaviors – is often the result of an unmet need. Understanding the possible reasons can enable us to meet their needs in another way and prevent or minimize undesired behaviors.

Sometimes people are "gathering" because they are feeling insecure, paranoid about their belongings being stolen, or feel a huge loss of control over their life. Feeling lonely, isolated or bored can also be a trigger.

Much like a child's need to carry around a soft blanket for a sense of security, a woman might find it soothing to possess certain objects or stacks of soft tissues. Men might create a feeling of control by carrying or stashing away bills, books, papers or tools. It might even become necessary to sort mail before it comes into the house or keep valuable items locked away.

**(Continued top of next column)**

Together you can create a personal Treasure Box that is large enough to provide a safe place to keep things that are essential to their well-being and can be carried. It would be theirs alone ... and everybody can be content.

### **Alzheimer's Association's Caregiver Support Groups**

All meetings are available to everyone. Activities and day services are provided free of charge with reservations. Please let anyone know who might benefit.

These informative meetings are held 2:00-3:30 pm on the second & fourth Thursdays of the month at Friends Place, August 13 and 27.

Don't miss our guest speaker,

**Paul Markowitz**

***Founder of Senior Living Specialists***

Helping families find senior care living options

**Thursday, August 27**

**2:00-3:30 pm**

### **Lewy Body Caregiver Support Group**

Held 5:00-7:00 pm, always on the first  
Wednesday of the month.

Lewy Body Caregiver Support Group has a  
special presentation this August!

**Welcoming Faith Hospice  
As they provide  
info & answers to your questions**

What is hospice?

How specifically does hospice assess  
Lewy Body Dementia patients?

In what ways can hospice help you  
and your loved one?

**Wednesday, August 5**

**5:00-7:00pm**

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**Friends Place Adult Day Services**  
**1960 Nantucket Dr.**  
**Richardson, TX 75080**

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**Mark your calendar for our August events!**

M	3rd	Singer Cherrie performs	1:45 pm
Th	6th	Heart of Texas Therapy Dogs	11:45 am
	6th	Entertainer Tommy Ray	1:45 pm
T	11th	Dancing to Norris Perry	1:45 pm
F	14th	Heart of Texas Therapy Dogs	11:45 am
M	17th	Crooner Toney Walsh	1:45 pm
Th	20th	Heart of Texas Therapy Dogs	11:45 am
F	21st	Dance Fever Disco Party w/ the talented Rhonda Medina	2:00 pm
W	26th	Birthday Party w/Marty Ruiz	1:45 pm
F	28th	Heart of Texas Therapy Dogs	11:45 am

**We will be closed on Monday, September 7<sup>th</sup>  
to celebrate Labor Day.**

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Check into the Alzheimer's Association's FREE  
"Dallas Summer Movie Nights" on August 1 & 15  
[www.alz.org/GreaterDallas](http://www.alz.org/GreaterDallas).

**Save the date!**

**September 26, 2015**

**Walk to End Alzheimer's**

Help bring awareness and funding to the forefront of the Alzheimer's Association's efforts in care, support, and research. And, have a LOT of fun while you are doing that!

To register for our fantastic FP team, go to:

**[act.alz.org/goto/FriendsPlace](http://act.alz.org/goto/FriendsPlace)**

Registration is free,  
fundraising & donations are encouraged.

**If you have any questions or need help with  
registration, please contact our team captain  
Malissa Cestari either here at FP, or email her at:  
[fpalzwalk@gmail.com](mailto:fpalzwalk@gmail.com).**

Walk for your loved ones, your family, and  
your future. Every dollar you raise helps to  
raise awareness and find a cure.

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