



# Friends News



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[www.friendsplaceads.com](http://www.friendsplaceads.com)



## Meet the Friends Place Team

Marylynne Henry

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Suzy

Dunn-Bradford

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Yolanda Madison

\*

Sharon Holmes

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Evelyn Tave

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Lisa Stinson

\*

Lucretia Honore

\*

Patrice Trimble

\*

Joyce Tarver, RN

\*

Pam Long

\*

Kathryn Rohloff

## Volunteers

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Tom Morrison

Jan Post

## Walk to End Alzheimer's

### *Donate or Join the Friends Place Team*

Walk to end Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Last year, the combined Friends Place Team (DeSoto, McKinney, and Richardson) was one of the top fundraising teams in Dallas. We want to do this again! Please help us by signing up to walk or to support our walkers.

The event will be Saturday, September 26<sup>th</sup> and will be held at the AT&T American Airlines Center in Dallas. The address is 2500 Victory Ave. 75219. Call us at 972-274-2484 to get more information. You can also go to Walk to End Alzheimer's to donate or register online. Search for the Friends Place Team in Dallas (<http://www.alz.org/greaterdallas>).

## STATE FAIR WEEK AT FRIENDS PLACE

### *Mark your Calendar*

The week of Sept 28-October 2<sup>nd</sup> is Friends Place State Fair Week. We will experience the State Fair of Texas right in our own backyard. Fair food, including Corny Dogs, Texas Fries, and Sausage on a Stick will be served. Invite your family as we are going to raise the roof with lots of activities and great fun.

During the week, Friends Place will have our very own "Exhibit Hall". Each member will display their own talents, either from the past, or things that we have done here at Friends Place. A Texas State Fair Representative will be here to judge the work and hand out ribbons to all our participants. There will be a flyer going home to explain. But it's not too early to start gathering up your art work, paintings, sculptures, quilts, jams, and memorabilia for display during Fair Week.

We will also experience the thrill of the midway with games of all kinds!! It's going to great family fun. Family members are invited on Thursday, Oct. 1<sup>st</sup> as we test the skills of our sharp shooters, see the lucky ones who win a cake at our Cake Walk, and experience Fair Food at its finest!! Everyone loves funnel cakes, right?

Call Suzy for more information, but watch for the flyers that will be sent home and get ready for one super Texas State Fair Week at Friends Place.

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## Featured Volunteer of the Month

“B-14.....G- 52.....0-75....hold your cards....That’s a Good Bingo!!!” These words are music to our ears here at Friends Place every Tuesday and Thursday. Tom Morrison has been volunteering at Friends Place for a year. It’s his anniversary with us!! Tom and our Executive Director, Marylynne crossed paths while he was teaching Math at Canterbury Episcopal School in Desoto. No wonder he found his niche with Bingo- he just can’t get away from numbers!! We at Friends Place are fortunate to have Tom spend his retirement years volunteering with us.

Tom was born in San Diego, California but was raised in Hart, Texas. He attended Texas Tech University where he graduated with a degree in finance. Don’t get him talking about stocks, bonds, or futures. This guy is well versed in anything related to numbers! His lovely wife, Sandra has grown accustomed to his smiling face for forty-one years. They have 3 wonderful children and 1 beautiful grandchild.

Before teaching at Canterbury (for over 10 years) Tom’s financial background was utilized by several prominent companies in the Dallas area. A trust officer at Mercantile Bank, Asset Manager for Travelers Insurance and Managing the Cotton Exchange in Dallas. His love for math and numbers was just the right experience needed for an intense game of Bingo at Friends Place.

Tom starts every day with exercise- laps in the pool; one of the best ways to work the entire body. That only is a small part of his exercise regimen. He and a few of his closest buddies spend A LOT of time testing their eye to hand coordination on the links. He just returned from a “guy” trip to a neighboring state, where he did quite well on the golf course, so we were told! He also thinks about the staff at Friends Place by bringing back tokens from his trip. Recently he gave Suzy, our Assistant Director, a pink golf ball for her to use on the golf course! Wasn’t that sweet of him- I guess a pink golf ball would clash with his golf bag! Tom is always bringing in small gifts or tokens from his travels and we love them. He even commented that he has discovered he could do all his Christmas shopping at any local Walgreens! Yeah!!!

Tom is a great asset and friend to our members. He brings his great personality and friendly face each time he is here. He is a great guy and we would be lost at Bingo time without him. Our members notice when he is not with us. He is definitely a part of our Friends Place Family.

## Celebrate National Adult Day Services Week September 13th – 19th, 2015

### **“Adult Day Services: Living Well Into the Future”**

What a great theme to highlight the importance of wellness – both as a goal of care as well as a benefit-for programs offered by adult day centers across the county.

In 1983, former President Ronald Regan proclaimed that the 3rd full week be set aside in September as National Adult Day Services Week to increase national awareness and accessibility of adult day services (ADS).

Although many communities throughout the country still are underserved by adult day programs, the numbers of centers continue to rise each year. Findings from the 2010 MetLife Survey reflected 4,600 centers which was a 35% increase since 2002. And, in 2014 the National Adult Day Services Association reported 5,685 centers.

Many things have changed since 1983 and so has the world of adult day services. Now, instead of going to “day care”, adults can attend “social and wellness” centers. Even the Texas Department of Aging and Disability Services (DADS) has recently announce a name change from “adult day care” to “Day Activity and Health Services”, effective September 1st.

The shift of focus of day programs and services to one of social and wellness has increased recognition of the important role of these centers in Long-term Care. Other key findings from the MetLife Survey showed that ADS are:

- Leaders in community-based care for individuals with Alzheimer’s and other dementia
- Essential source of support for family caregivers
- Able to provide comprehensive health care with Professional nurse on staff and staffing ratios
- Manage chronic diseases with a heightened focus on prevention and health maintenance.

ADS provide a care option that supports individuals as well as their caregivers and helps them all live well.

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## Upcoming Events at Friends Place

### *Veterans Week*

We have several exciting events coming up at Friends Place in Desoto. During the week of November 9-13, we will focus our attention to our Veterans Week. We thank them for their willingness to keep us safe, and we will continue to honor them.

During this week, we will have many activates for and about them. On Thursday, November 12<sup>th</sup> we will again invite our families to lunch to honor and recognize each Veteran here at Friends Place. Mark your calendar and make plans to attend.

### *Texas Winds Musical Outreach Program*

Friends Place will be hosting "Wine for Winds". There will be music, food and libations. All donations will help Texas Winds continue to share the talents with Friends Place and other places in the metroplex serving seniors.

## Transportation Now Available

Through a partnership with Vision of Valley Transportation, we are now offering transportation to all of our members. For information about this service, please contact Marylynne or Suzy.

### *Friends Place Welcomes*

Ken Burke  
Willie Williams

### *Happy September Birthday*

Eve Ogiemann – 9/20  
Michael Tillman – 9/21  
Tommy Henry – 9/21  
Gene Guillory – 9/25  
Henry Hicks – 9/26  
Alma Ruth Wilson – 9/30

## Support Groups and Education for Caregivers in the Southwest Dallas Area

### **Alzheimer's Support Groups**

Date: Tuesday, September 8  
Time: 2:00 p.m. - General Discussion

Date: Tuesday, September 22  
Time: 2:00 p.m.  
Speaker: Dianne Garst Walsh, M.S. CCC-SLP,  
Communications Disorders Clinical Faculty at UTD

Topic: An overview of speech pathology (language, cognition, speech, swallowing) along with language & communication strategies with dementia

Activities for your loved one at no charge while you attend the meeting, with reservations.  
Call 972.274.2484.

Location: Friends Place Adult Day Services  
1232 W. Belt Line Road  
DeSoto, TX. 75115

Date: Saturday, September 19  
Time: 11:00 am  
Location: New Life in Christ Lutheran Church  
311 S. Cockrell Hill Rd.  
Duncanville, TX. 75116

Date: Wednesday, September 9  
Time: 6:30 p.m.  
Location: Hillcrest Baptist Church  
255 W. Pleasant Run Rd  
Cedar Hill, Tx.  
Questions: 214-718-1286

### **Parkinson's Support Group**

Date: Monday September 28  
Time: 6:30 – 8:00  
Location: Trinity United Methodist Church  
1302 South Clark Road  
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at [calljw@sbcglobal.net](mailto:calljw@sbcglobal.net)

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### September Happenings!

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|----|------------------|--|------------|
| W  | 2 <sup>nd</sup>  | Party with Marty Ruiz  | 11:30 am   |
| F  | 4 <sup>th</sup>  | Cassidy, Our Service Dog   | 2:15p.m.   |
| M  | 7 <sup>th</sup>  | CLOSED – Labor Day   |            |
| T  | 8 <sup>th</sup>  | Caregiver Support Group  | 2:00 p.m.  |
| TH | 10 <sup>th</sup> | Carol Lee, Storyteller   | 2:15 p.m.  |
| F  | 11 <sup>th</sup> | September Birthday<br>Celebration with Marty<br>Allen Nelson                           | 11:30 a.m. |
| W  | 16 <sup>th</sup> | Cassidy, Our Service Dog   | 10:45 a.m. |
| F  | 18 <sup>th</sup> | Jewelry Making with Lisa   | 1:30 p.m.  |
| T  | 22 <sup>nd</sup> | Zeta Sorority Visits   | 10:30 a.m. |
| T  | 22 <sup>nd</sup> | Caregiver Support Group<br>Speaker : Diane Garst<br>Walsh – Communication<br>Disorders | 2:00 p.m.  |
| TH | 24 <sup>th</sup> | DeSoto Firemen Tour  | 10:00 a.m. |
| M  | 28 <sup>th</sup> | Yoga with Charla   | 2:15 p.m.  |
| W  | 30 <sup>th</sup> | Texas Winds- String Trio   | 11:00 a.m. |

**Friends Place will be  
closed Monday,  
September 7th in  
observance of Labor Day  
Enjoy the long weekend!**

