
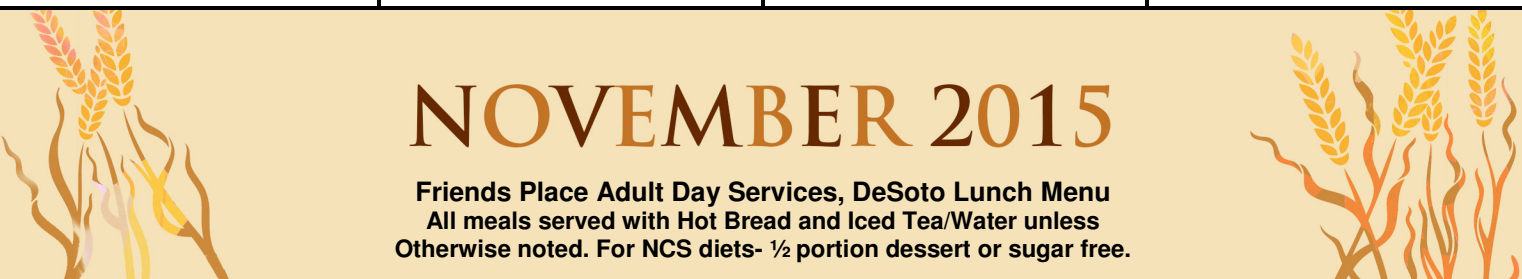


Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Pulled Pork Sandwiches Sweet Potato Fries Peas & Carrots Green Salad Vanilla Ice Cream	<b>3</b> Salisbury Steak Macaroni & Cheese Mixed Vegetables Spinach Salad w/Mandarin Oranges Ambrosia	<b>4</b> Chicken Alfredo Italian Vegetables Garlic Bread Mixed Green Salad Cherry Dump Cake	<b>5</b> Beef Vegetable Soup Baked Potatoes w/Trimmings Baked Apples Coleslaw Salad Fruit Cobbler	<b>6</b> Oven Baked Chicken Rice Pilaf Green Beans Spinach Salad w/Mandarin Oranges Chocolate Chip Cookies
<b>9</b> Cheeseburgers on Wheat Bun Baked Beans California Vegetables Tossed Green Salad Fruit Cup	<b>10</b> Teriyaki Chicken Rice Chopped Broccoli Green Salad w/ Avocado Peanut Butter Cookie	<b>11</b> Baked Cod Filet w/Lemon Wedge Parsley Potatoes Corn Coleslaw Salad Chocolate Cake w/. Icing	<b>12</b> Meatloaf Mashed Potatoes Mixed Vegetables Mixed Green Salad Banana Pudding	<b>13</b> Vegetable Lasagna Scandinavian Vegetables Garlic Bread Green Salad Peach Cobbler
<b>16</b> Parmesean Crusted Chicken Roasted Potatoes Italian Vegetables Mixed Green Salad Neapolitan Ice Cream	<b>17</b> Smothered Steak Rice Pilaf Peas & Carrots Spinach Salad w/Mandarin Oranges Sugar Cookies	<b>18</b> Spaghetti and Meatballs Chopped Broccoli Garlic Bread Tossed Green Salad Lemon Pudding	<b>19</b> BBQ Chicken Macaroni & Cheese California Vegetables Coleslaw Salad Ambrosia	<b>20</b> Beef Chili Peas & Carrots Jalepeno Cornbread Green Salad Brownies
<b>23</b> Swedish Meatballs over Noodles Mixed Vegetables Spinach Salad w/ Mandarin Oranges Vanilla Pudding	<b>24</b> Baked Fish w/ Tartar Sauce Scalloped Potatoes Scandinavian Vegetables Mixed Green Salad Strawberry Shortcake	<b>25</b> Turkey w/Cornbread Dressing w/Cranberry Sauce Sweet Potato Casserole Green Beans Green Salad Pumpkin Pie	<b>26</b> <b>CLOSED</b> 	<b>27</b> <b>CLOSED</b>
<b>30</b> Cheese/Pepperoni Pizza Baked Apples Green Beans Green Salad Sugar Cookies	 <div> <h1>NOVEMBER 2015</h1> <p> <b>Friends Place Adult Day Services, DeSoto Lunch Menu</b>  All meals served with Hot Bread and Iced Tea/Water unless  Otherwise noted. For NCS diets- ½ portion dessert or sugar free. </p> </div>			

Approved by: Julie Pn, RD

Date: 10/20/2015