

Monday

Tuesday

Wednesday

Thursday

Friday

Friends Place Richardson

# JANUARY 2016

All meals served with Iced Tea or Lemonade and Fresh baked bread unless otherwise indicated  
For NCS diets- Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding  
For no added salt- table salt not available

HOLIDAY

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Roasted Turkey Cornbread Stuffing Broccoli Florets Green Salad Brownies	4	Cheese Burger Herbed Potatoes Green Beans Green Salad Lemon Cake w/ Icing	5	Smothered Chicken Rice Pilaf Italian vegetables Cole Slaw Fresh Baked Cookie	6	Ham Baked Sweet Potato Mixed Vegetables Green Salad Banana Pudding	7	Spaghetti & Meatballs Peas & Carrots Garlic Bread Spinach Salad Pound Cake w/ Toppings	8
Salisbury Steak Mashed Potatoes Green Beans Spinach Salad Orange Fluff	11	Turkey Spaghetti Italian Vegetables Garlic Bread Green Salad Yogurt Parfait	12	Stuffed Peppers Corn Carrots Green Salad Pineapple Upside Down Cake	13	Vegetable Soup Grilled Cheese on Wheat Bread Fruit Cup Green Salad Fresh Baked Cookie	14	Baked Fish Macaroni & Cheese Broccoli Florets Cole Slaw Strawberry Ice Cream	15
Sweet & Sour Chicken Over Rice Italian Vegetables Egg Roll Cole Slaw Chocolate Pudding	18	Bratwurst Sauerkraut Roasted Potatoes Peas & Carrots Green Salad Spice Cake with Icing	19	King Ranch Chicken Black Beans Corn Bread Green Salad Brownies	20	Meatloaf Mashed Potatoes California Vegetables Spinach Salad Dump Cake	21	Cabbage Rolls Corn Carrots Green Salad Carrot Cake w/ Icing	22
Beef Lasagna Peas & Carrots Garlic Bread Green Salad Ambrosia	25	Baked Fish Rice Pilaf California Vegetables Green Salad Apple Cobbler	26	Pulled Pork over Baked Potato Broccoli Florets Fruit Cup Spinach Salad Chocolate Cake	27	Chicken & Dumplings Green Beans Beets Cole Slaw Fresh Baked Cookie	28	Chili Mixed Vegetables Corn Bread Green Salad Gingerbread w/ whipped topping	29

Menus approved by: \_\_\_\_\_ Date: \_\_\_\_\_