








Monday	Tuesday	Wednesday	Thursday	Friday
 <p>DECEMBER 2015 Friends Place Adult Day Services DeSoto Lunch Menu</p>	<p>1</p> <p>Teriyaki Chicken Rice Scandinavian Vegetables Green Salad Chocolate Chip Cookies .</p>	<p>2</p> <p>Cheeseburgers on Wheat Bun Baked Chips Pinto Beans Coleslaw Salad Ambrosia .</p>	<p>3</p> <p>Beef Vegetable Soup Cornbread Baked Apples Mixed Green Salad Vanilla Cake w/Icing .</p>	<p>4</p> <p>Chicken Alfredo Baked Potatoes w/Trimmings Chopped Broccoli Green Salad Fruit Cobbler .</p>
<p>7</p> <p>Oven Baked Chicken Rice Pilaf Green Beans Spinach Salad w/Mandarin Oranges Banana Pudding</p>	<p>8</p> <p>Pulled Pork Sandwiches Sweet Potato Fries Ranch Style Beans Coleslaw Salad Brownies .</p>	<p>9</p> <p>Stir Fry Chicken Rice Oriental Vegetables Green Salad Peanut Butter Cookie .</p>	<p>10</p> <p>Baked Fish w/ Tartar Sauce Hush Puppies Peas & Carrots Coleslaw Salad Strawberry Shortcake .</p>	<p>11</p> <p>Vegetable Lasagna Mixed Vegetables Garlic Bread Mixed Green Salad Chocolate Pudding .</p>
<p>14</p> <p>Meatloaf Mashed Potatoes Green Beans Spinach Salad w/Mandarin Oranges Peach Cobbler</p>	<p>15</p> <p>Tomato Soup Baked Apples Grilled Cheese Sandwiches Mixed Green Salad Neapolitan Ice Cream .</p>	<p>16</p> <p>Cheese/Pepperoni Pizza Fruit Cup Chopped Broccoli Mixed Green Salad Sugar Cookies .</p>	<p>17</p> <p>Spaghetti and Meatballs Chopped Broccoli Garlic Bread Tossed Green Salad Lemon Pudding .</p>	<p>18</p> <p>BBQ Chicken Macaroni & Cheese California Vegetables Coleslaw Salad Ambrosia .</p>
<p>21</p> <p>Parmesean Crusted Chicken Rosted Potatoes Italian Vegetables Green Salad Ambrosia .</p>	<p>22</p> <p>Birthday Celebration Salisbury Steak Rice Pilaf California Vegetables Spinach Salad w/ Mandarin Oranges Banana Pudding</p>	<p>23</p> <p>Baked Fish w/ Tartar Sauce Mashed Potatoes Scandinavian Vegetables Mixed Green Salad Sherbet .</p>	<p>24</p> <p>CLOSED  Merry Christmas</p>	<p>25</p> <p>CLOSED. </p>
<p>28</p> <p>CLOSED. </p>	<p>29</p> <p>CLOSED. </p>	<p>30</p> <p>CLOSED </p>	<p>31</p> <p>CLOSED. </p>	<p>All meals served with Hot Bread and Iced Tea/Water unless otherwise noted. For NCS diets- ½ portion dessert or sugar free.</p>

Approved by:

Julie Pan, RD

Date: 11/25/2015