Monday Tuesday Wednesday Thursday Friday Closed **JANUARY 2016** Friends Place Adult Day Services, DeSoto **New Years Day** All meals served with Water/Iced Tea and Hot Bread unless otherwise noted. For NCS diets, ½ dessert or sugar free pudding served with lunch. Meatloaf Chicken Fajitas Swedish Meatballs Chicken Pot Pie Manicotti w/Tomato Sauce Mashed Potatoes w/Mushroom Gravy Baked Sweet Potato Baked Apples Spanish Rice Italian Vegetables Green Beans Ranchero Beans **Noodles** Fresh Fruit Mixed Green Salad w/ Green Salad Scandinavian Vegetables Green Salad Mixed Green Salad Coleslaw Salad Strawberry Shortcake Sugar Cookies Ambrosia Avocado Banana Pudding **Brownies** 12 14 11 13 BBQ Chicken Beef Vegetable Soup Baked Fish w/ Tartar Sauce Pulled Pork Sandwiches Smothered Steak Steak Fries Baked Carrots Baked Potatoes Seasoned Potatoes Macaroni & Cheese Peas& Carrots Cornbread Scandinavian Vegetables California Vegetables Corn Green Salad Spinach Salad w/Mandarin Green Salad Green Salad Mixed Green Salad Oranges Apple Crisp Gingersnap Cookies **Brownies** Spice Cake Vanilla Ice Cream 18 19 20 21 22 Cheeseburgers Stir Fry Chicken Tomato Soup w/ Salisbury Steak Chicken Alfredo Home Style Fries Rice Grilled Cheese Sandwiches Scandinavian Vegetables Roasted Potatoes Ranch Style Beans Oriental Vegetables French Bread Fresh Fruit Baked Beans Mixed Green Salad Green Salad Mixed Green Salad Green Salad Coleslaw Salad Chocolate Chip Cookies Ambrosia Vanilla Pudding Sugar Cookies Strawberry Shortcake 25 26 27 28 29 Beef Chili Spaghetti & Meatballs Baked Cod Filet Smothered Chicken Beef Pepper Steak Italian Vegetables Hush Puppies Mashed Potatoes Peas & Carrots Rice Garlic Bread Mixed Vegetables California Vegetables Green Beans Cornbread Mixed Green Salad Coleslaw Salad Mixed Green Salad Green Salad Green Salad Neapolitan Ice Cream Chocolate Pudding Peach Cobbler Brownies Ambrosia Approved by: Julie Pan. R.D. Date: December 8,2015