

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Beef Pepper Steak Rice Oriental Vegetables Mixed Green Salad Vanilla Cake w/Icing .	<b>2</b> Oven Baked Chicken Sweet Potato California Vegetables Green Salad Chocolate Pudding .	<b>3</b> Cheeseburgers on Wheat Buns Steak Fries Green Beans Green Salad Sugar Cookies .	<b>4</b> Baked Fish w/ Tartar Sauce Macaroni & Cheese Mixed Vegetables Coleslaw Salad Ambrosia .	<b>5</b> Beef Stew Baked Apples Cornbread Green Salad Neapolitan Ice Cream .
<b>8</b> Chicken Spaghetti California Vegetables Garlic Bread Mixed Green Salad Cherry Cobbler .	<b>9</b> Sausage Gumbo Rice Green Beans Green Salad Beignets .	<b>10</b> Meatloaf Mashed Potatoes Peas & Carrots Mixed Green Salad Sherbet .	<b>11</b> Pulled Pork Sandwiches Baked Chips Corn Green Salad Apple Crisp .	<b>12</b> Cheese Manicotti Italian Vegetables French Bread Mixed Green Salad Lemon Pudding .
<b>15</b> Salisbury Steak Baked Potatoes Mixed Vegetables Green Salad Chocolate Chip Cookies .	<b>16</b> Parmesean Crusted Chicken Mashed Potatoes Oriental Vegetables Mixed Green Salad Ambrosia .	<b>17</b> Swedish Meatballs w/Mushroom Gravy Noodles Baked Carrots Green Salad Chocolate Cake w/Icing .	<b>18</b> Chicken Pot Pie Sweet Potato Cornbread Mixed Green Salad Vanilla Pudding .	<b>19</b> Baked Cod Filet Macaroni & Cheese Scandinavian Vegetables Coleslaw Salad Sugar Cookies .
<b>22</b> Beef Chili Green Beans Cornbread Green Salad Strawberry Shortcake .	<b>23</b> BBQ Chicken Baked Potatoes Pinto Beans Mixed Green Salad Neapolitan Ice Cream .	<b>24</b> Smothered Steak Macaroni & Cheese Mixed Vegetables Coleslaw Salad Banana Pudding .	<b>25</b> Chicken Alfredo Italian Vegetables French Bread Green Salad Peach Cobbler .	<b>26</b> Potato Parsley Soup w/ Grilled Cheese Sandwiches Peas & Carrots Mixed Green Salad Brownies .
<b>29</b> Stir Fry Chicken Mashed Potatoes Scandinavian Vegetables Green Salad Apple Crisp .	<div>   <h1>FEBRUARY 2016</h1> <p><b>Friends Place Adult Day Services, DeSoto</b></p> <p>All meals served with Water/Iced Tea and Hot Bread unless otherwise noted. For NCS diets, ½ dessert or sugar free pudding served with lunch.</p>  </div>			

Approved by: Julie Pan. R.D.

Date: 1/18/2016