




Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Smothered Chicken Mashed Potatoes Peas Spinach Salad Orange Fluff	<b>2</b> Eggplant Rollatini Italian Vegetables Garlic Bread Green Salad Carrot Cake w/ Icing	<b>3</b> Pineapple Chicken Over Rice Green Beans Egg Roll Green Salad Fresh Baked Cookie	<b>4</b> Stuffed Green Peppers Corn Carrots Green Salad Cherry Chocolate Cake	<b>5</b> Ham Macaroni & Cheese California Vegetables Cole Slaw Apple Cobbler
<b>8</b> Cheeseburger With Pickle Spear Seasoned Fries Carrot Salad Green Salad Brownies	<b>“Fat Tuesday”</b> Chicken Gumbo Green Beans Corn Bread Green Salad King Cake	<b>9</b> Vegetable Lasagna Italian Vegetables Garlic Bread Green Salad Pound Cake w/ Toppings	<b>10</b> Parmesan Crusted Chicken Roasted Sweet Potatoes California Vegetables Cole Slaw Fresh Baked Cookies	<b>11</b> Baked Salmon Rice Pilaf Broccoli Florets Spinach Salad Strawberry Shortcake
<b>15</b> Pulled Pork on a Baked Potato Green Beans Sliced Baked Apples Spinach Salad Banana Pudding	<b>16</b> Cabbage Rolls Corn Scandinavian Vegetables Green Salad Dump Cake	<b>17</b> Chicken Alfredo Over Rice Broccoli Florets Beets Green Salad Vanilla Ice cream w/ Toppings	<b>18</b> Salisbury Steak Mashed Potatoes Mixed Vegetables Green Salad Brownie	<b>19</b> Tomato Basil Soup Grilled Cheese Sandwich on Wheat Bread Pea Salad Cole Slaw Cherry Cobbler
<b>22</b> Bratwurst over Sauerkraut Roasted Potatoes Mixed Vegetable Green Salad Pound Cake w/ Toppings	<b>23</b> King Ranch Chicken Ranchero Beans Corn Bread Green Salad w/ Avocado Sopapilla	<b>24</b> Meatloaf Mashed Potato Scandinavian Vegetable Green Salad Peach Cobbler	<b>25</b> Turkey Spaghetti Carrots Garlic Bread Spinach Salad Fresh Baked Cookies	<b>26</b> Lemon Pepper Cod Baked Sweet Potato Green Beans Coleslaw Lemon cake
<b>29</b> Chicken & Dumplings Corn Scandinavian Vegetables Cole Slaw Cheesecake w/ Cherries	<div>   <div> <b>Friends Place Richardson</b>  <b>FEBRUARY 2016</b>  All meals served with Iced Tea or Lemonade and Fresh baked bread unless otherwise indicated  For NCS diets- Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding  For no added salt- table salt not available </div>  </div>			

Menus approved by: \_\_\_\_\_ Date \_\_\_\_\_