

Monday

Tuesday

Wednesday

Thursday

Friday



Friends Place Richardson

APRIL 2016

All meals served with Iced Tea or Lemonade and Fresh Baked bread unless otherwise indicated.
For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding
For no added salt-Table salt is not available



"Sorry Charlie" Day 1
Tuna/Pimento Cheese Sandwich
Tomato Bisque Soup
Pea Salad
Cole Slaw
Brownie

Cheese Burger On a Wheat Roll Seasoned Fries California Vegetables Green Salad Pistachio Pudding Fluff	4	Chicken Alfredo Over Rice Peas & Carrots Beets Cole Slaw Banana Cake w/ Icing	5	"Happy Birthday TV Dinner" Salisbury Steak Mashed Potatoes Corn Green Salad Fresh Baked Cookie	6	Baked Fish Baked Potato Green Beans Spinach Salad Lemon Cake w/ Icing	7	"Empanada Day" Empanadas Spanish Rice Mixed Vegetables Green Salad Pound Cake w/Topping	8
Smothered Chicken Mashed Potatoes Broccoli Florets Cole Slaw Brownies	11	Stuffed Bell Pepper Corn Carrots Spinach Salad Pineapple Upside Down Cake	12	Pineapple Chicken Rice Pilaf Peas Green Salad Strawberry Cake/Frosting	13	Ham Roasted Sweet Potato Mixed Vegetables Spinach Salad Fresh Baked Cookie	14	Chicken Tenders w/ Honey Mustard Macaroni & Cheese Green Beans Green Salad Peach Cobbler	15
Brats w/ Sauerkraut Roasted Potatoes Scandinavian Vegetables Spinach Salad Chocolate Cherry Cake	18	Vegetable Lasagna Italian Vegetables Garlic Bread Green Salad Lemon Pound Cake	19	Steak Fingers w/ Gravy Mashed Potatoes Okra & Tomatoes Green Salad Banana Pudding	20	Parmesan Crusted Chicken Rice Pilaf Capri Vegetables Green Salad Cheesecake	21	Baked Fish Au gratin Potatoes Broccoli Florets Cole Slaw Orange Fluff	22
Salad Plate w/ Smoked Chicken Salad Pea Salad Carrot & Raisin Salad Green Salad Strawberry Shortcake	25	Meatloaf Mashed Potato California Vegetables Green Salad Ambrosia	26	Baked Chicken Topped with Spinach Rice Pilaf Mixed Vegetables Cole Slaw Chocolate cake w/ Cream Cheese Frosting	27	"Blueberry Pie Day" Cabbage Rolls Corn Peas & Carrots Green Salad Blueberry Pie	28	BBQ Chicken Bake Potato Scandinavian Vegetables Spinach Salad Brownies	29

Menus approved by: _____ Date: _____