


Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheeseburger Seasoned Fries Mixed vegetable Green Salad Pound Cake w/ Toppings	2 Spinach Topped Chicken Mashed Potatoes Italian Vegetables Green Salad Fresh Baked Cookie	3 Stuffed Green Peppers Corn Carrots Spinach Salad Cheese Cake w/ topping	4 Vegetable Lasagna Peas Garlic Bread Green Salad Chocolate Pudding w/ topping
7 Salisbury Steak Mashed Potatoes Green Beans Green Salad Banana Cake w/ Icing	8 Pineapple Chicken Over Rice Oriental Vegetables Eggroll Cole Slaw Fruit Cup	9 Ham Baked Sweet Potato Peas Spinach Salad Chocolate Cherry Cake	10 Chicken Nuggets Macaroni & Cheese Italian Vegetables Green Salad Fresh Baked Cookie	11 Baked Potato Soup Veggie & Cheese Quiche Fruit Cup Green Salad Peach Cobbler
14 Chicken Alfredo Over Pasta Broccoli Florets Beets Green Salad Ambrosia	15 Smothered Steak Mashed Potatoes Green Beans Spinach Salad Vanilla Pudding w/ topping	16 Sweet & Sour Chicken Over Rice Oriental Vegetables Eggroll Green Salad Lemon Cake	Happy St Patrick's Day 17 Corned Beef/Cabbage Boiled Potatoes Carrots Cole Slaw Pistachio Fluff	18 Baked Fish Roasted Potatoes Scandinavian Vegetables Green Salad Brownies
21 Meat Loaf Macaroni & Cheese Peas & Carrots Spinach Salad Carrot Cake with Cream Cheese Icing	22 Parmesan Crusted Chicken Rice Pilaf Mixed Vegetables Green Salad Brownies	23 Bratwurst Over Sauerkraut Mashed Potatoes Capri Vegetables Cole Slaw Banana Pudding	24 Roasted Turkey Cornbread Stuffing Sweet Potatoes Green Beans Green Salad Fresh Baked Cookie	25 Eggplant Rollatini Italian Vegetables Garlic Bread Green Salad Pound Cake w/Toppings
28 Steak Fingers Mashed Potatoes Capri Vegetable Coleslaw Strawberry Shortcake	29 Beef Lasagna Italian Vegetables Garlic Bread Green Salad Chocolate Cherry Cake	30 Smothered Chicken Rice Pilaf Peas & Carrots Green Salad Orange Fluff	31 Cabbage Rolls Corn Scandinavian Vegetables Green Salad Peach Cobbler	<p>All meals served with Iced Tea or Lemonade and Fresh Baked bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding For no added salt-Table salt is not available</p>

Menus approved by: _____ Date: _____