


Monday

Tuesday

Wednesday

Thursday

Friday

 <b>JUNE 2016</b> Friends Place Richardson		<b>1</b> Salisbury Steak Mashed Potato with Gravy Broccoli Florets Green Salad Fresh Baked Cookie	<b>2</b> Salad Plate Chicken or Tuna Salad Pea Salad Cottage Cheese with Fruit Spinach Salad Blackberry Cobbler	<b>3</b> Spaghetti & Meatballs Green Beans Garlic Bread Green Salad Chocolate Pudding
<b>6</b> Pineapple Chicken Over Rice Eggroll California Vegetables Green Salad Brownie	<b>7</b> Beef & Mac Capri Vegetables Garlic Bread Spinach Salad Orange Fluff	<b>8</b> Baked Fish with Tartar Sauce Au Gratin Potatoes Okra & Tomatoes Green Salad Banana Cake with white Icing	<b>9</b> Steak Fingers Seasoned Fries Carrot Raisin Slaw Green Salad Fresh Baked Cookie	<b>10</b> Chicken topped with Spinach Rice Pilaf Peas & Carrots Cole Slaw Sherbet
<b>13</b> Bratwurst Over Sauerkraut Roasted Potatoes Mixed Vegetables Green Salad Apple Strudel	<b>14</b> BBQ Chicken Baked Sweet Potatoes Corn Green Salad Carrot Cake with Cream Cheese Icing	<b>15</b> Tomato Bisque Ham/Cheese Quiche Capri Vegetables Cole Slaw Strawberry Shortcake	<b>16</b> Chicken Tenders Macaroni & Cheese Green Beans Spinach Salad Pistachio Fluff	<b>17</b> Cheeseburger/Hot Dog On a Whole Wheat Bun Potato Salad Broccoli Salad Green Salad Peach Cobbler
<b>20</b> Chicken Quesadilla Ranchero Beans Corn Salad Green Salad Ambrosia	<b>21</b> Meatloaf Mashed Potatoes Zucchini & Tomatoes Cole Slaw Lemon Cake with Icing	<b>22</b> Salad Plate Chicken or Tuna Salad Pea salad Fresh Fruit Spinach Salad Brownie	<b>23</b> Swedish Meatballs w/ Mushroom Sauce Rice Carrots Beets Green Salad Fresh Baked Cookie	<b>24</b> Ham Bowtie Pasta Salad Mixed Vegetables Green Salad Pound Cake with Toppings
<b>27</b> Baked Fish with Tartar Sauce Rice Pilaf Broccoli Florets Spinach Salad Banana Pudding	<b>28</b> Garlic Herbed Chicken Roasted Potatoes Green Beans Green Salad Peach Cobbler	<b>29</b> Nacho Grande Spanish Rice Black Beans Green Salad w/ Avocado Cheesecake with Toppings	<b>30</b> Parmesan Crusted Chicken Pasta Salad Scandinavian Vegetables Cole Slaw German Chocolate Cake with Coconut Frosting	All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets-Table salt is not available.

 Menus approved by: Julie Pan, RD Date 5/20/2016