

Monday		Tuesday		Wednesday		Thursday		Friday		
<div><p><i>July</i> 2016</p><p>Friends Place Adult Day Services Lunch Menu</p><p>All meals served with Hot Bread and Iced Tea/Water unless otherwise noted. For NCS diets- ½ portion dessert or sugar Free. No table salt available.</p></div>								Hot Dogs Seasoned Fries Peas & Carrots Coleslaw Salad Brownies		1
Closed  Happy 4 <sup>th</sup> !		4	Parmesan Chicken Rice Pilaf Italian Vegetables Green Salad Peanut Butter Cookies	5	Meatloaf Macaroni & Cheese Green Beans Tossed Green Salad Ambrosia	6	Chicken Salad Baked Chips Fruit Cup Coleslaw Salad Chocolate Cake w/Icing	7	Turkey Kielbasa Baked Potatoes w/Trimings Mixed Vegetables Mixed Green Salad Banana Pudding	8
Pulled Pork Sandwiches Cinnamon Apples Black Eyed Peas Coleslaw Salad Apple Cobbler		11	Beef Tacos Spanish Rice Ranchero Beans Tossed Green Salad Brownies	12	Smothered Chicken Baked Sweet Potatoes Peas & Carrots Green Salad Strawberry Shortcake	13	Beef Pepper Steak Rice Pilaf Corn Coleslaw Salad Vanilla Ice Cream	14	Cheese Pizza Pasta Salad California Vegetables Tossed Green Salad Ambrosia	15
Beef Lasagna Italian Vegetables Garlic Bread Green Salad Chocolate Chip Cookies		18	Baked Cod Filet w/Lemon Wedge Hush Puppies California Vegetables Coleslaw Salad Banana Pudding	19	Swedish Meatballs w/Mushroom Gravy Rice Scandinavian Vegetables Mixed Green Salad Ambrosia	20	Roasted Turkey Breast Mashed Potatoes Green Beans Green Salad Sherbet	21	Cabbage Roll Carrots Corn Coleslaw Salad Lemon Cake w/Icing	22
Baked Ham Potato Salad Baked Beans Mixed Green Salad Strawberry Shortcake		25	Chicken Alfredo Peas & Carrots Garlic Bread Green Salad Neapolitan Ice Cream	26	Beef Vegetable Stew Cornbread Baked Apples Coleslaw Salad Peach Cobbler	27	Teriyaki Chicken Rice Oriental Vegetables Mixed Green Salad Brownies	28	Smothered Steak Seasoned Fries Peas & Carrots Coleslaw Salad Sugar Cookies	29