July 2016

Friends Place Richardson

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Salisbury Steak Mashed Potatoes with Gravy Corn Green Salad Sherbet
4 **CLOSED For 4th of July HOLIDAY**	**5** Chicago Style Hot Dogs Carrot Raisin Salad Fresh Fruit Spinach Salad Strawberry Shortcake	**6** Chicken Tenders with Honey Mustard Macaroni & Cheese Mixed Vegetables Cole Slaw Fresh Baked Cookie	**7** Tomato Bisque Broccoli & Cheese Quiche Capri Vegetables Green Salad Ice Cream Sundae	**8** Pineapple Chicken Rice Pilaf Oriental Vegetables Green Salad Brownie
11 Baked Ham Homestyle Potato Salad Scandinavian Vegetables Cole Slaw Ambrosia	**12** Spinach Topped Chicken Bow Tie Pasta Salad Capri Vegetables Green Salad Blackberry Cobbler	**13** Baked Fish Rice Pilaf Oriental Vegetables Green Salad Chocolate Pudding	**14** Salad Plate Chicken/Tuna Salad Pea Salad Cottage Cheese w Fruit Green Salad Fresh Baked Cookie	**15** Turkey Pasta Sauce Over Macaroni Green Beans Garlic Bread Spinach Salad Orange Fluff
18 BBQ Chicken Roasted Potato Wedges Mixed Vegetables Spinach Salad Carrot Cake w/ Icing	**19** Bratwurst over Sauerkraut Mashed Potatoes Peas & Carrots Green Salad Apple Strudel	**20** Parmesan Crusted Chicken Pasta Salad Broccoli Salad Green Salad Brownie	**21** Steak Fingers Seasoned Fries Scandinavian Vegetables Cole Slaw Pound Cake w/ Toppings	**22** Chicken Quesadilla Ranchero Beans Corn Salad Green Salad w/ Avocado Yogurt Parfait
25 Chopped Beef on a Whole Wheat Bun Pickle Spear Roasted Potatoes Carrots Green Salad Spice Cake w/ Icing	**26** Smothered Chicken Rice with Gravy Scandinavian Vegetables Green Salad Banana Pudding	**27** Meatloaf Mashed Potatoes w/Gravy Zucchini & Tomatoes Green Salad Pistachio Fluff	**28** Garlic Herbed Chicken Rice Pilaf Green Beans Spinach Salad Fresh Baked Cookie	**29** Baked Fish Au Gratin Potatoes Peas Cole Slaw Lemon Cake w/ Icing

Menu Approved By:_____Date:_____