



Friends News

1232 W. Beltline, DeSoto, Tx 75115

(972)274-2484

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www.friendsplaceads.com

Meet the Friends Place Team

Marylynne Henry

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Suzy

Dunn-Bradford

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Evelyn Tave

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Lisa Stinson

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Lucretia Honore

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Patrice Trimble

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Joyce Tarver, RN

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Pam Long

*

Stephanie Niesing

*

Delia Williams

*

Carolyn Propes

*

Alieu Gassama

*

Keshawna Stephens

*

Donja Ivy, LVN

*

Shalawn Moore

Volunteers

Tom Morrison

Jan Post

Anita Gates

Jeannette Wilkins

Come Celebrate the Dog Days of Summer Family BBQ Dinner

Friday, August 12th from 4:00-6:00 p.m.

Take this opportunity to beat the heat with a tasty BBQ dinner and all the trimmings. Enjoy the cool breeze sounds of oldies but goodies music from "The Beach Boys, Jimmy Buffet, Motown and cool, cool Country. This is a chance to get out of the heat, enjoy some great food and fellowship with all the friends at Friends Place. After a great meal, create your own ice cream sundae. Are you a chopped nuts kind of person, or maybe a cherry on top? The possibilities are endless!! There will be a grand prize given to the one who has the "coolest" summer wear, put your thinking hats on and come join the fun. Call ahead to R.S.V.P. so we will know how many to plan for. Members are complimentary, family and friends \$5.00 per plate.

To go orders are welcome, but you will miss all the music and fun!!

Call Suzy or Marylynne at 972-274-2484



***** IMPORTANT DATES TO REMEMBER*****

Friends Place will be closed the following days

Monday, September 5, 2016

Labor Day

Looking ahead to Christmas Holidays!

Our Christmas / New Year's closure will be

Friday, December 23, 2016 through Sunday, January 1, 2017

We will re-open on Monday, Jan. 2, 2017.

Member of the Month

This month's Member of the Month is Marvin Hall. Need something fixed? Call on Marvin. Not sure how that chair goes back together? Call on Marvin. What about help watering the garden, picking the tomatoes and squash at just the right time, cleaning the back porch for an afternoon activity, helping getting the chairs set up for the entertainer that will be at the center in 30 minutes - Who You Gonna Call ? - Marvin!!!

Marvin was born to Lula Pearl and Willie Hall in Idabel, Oklahoma. He was one of five children and was a twin of Melvin Hall. As a young man Marvin loved sports - football, softball, anything that allowed him to be outside. He also learned the value of a dollar as he had a lawn mowing service.

Marvin served our Military in the U.S.Army. He ended up making that his first career. He enlisted at the age of 18 and served our country for 22 years. He reached the rank of Drill Sargent and became a mentor to many young men. He served in Vietnam, was wounded, and returned to serve back in the states at Ft. Carson and Ft. Leonard Wood in Missouri. It is no wonder that Marvin would excel in leading and training our troops as his positive attitude and friendly smile is something we witness each day at Friends Place. One fact we did not know about our shy Marvin - he speaks Japanese and Korean. Wow! More surprises!!

His love for the Lord, led him to the church where he met his lovely wife, Lisa. He became an ordained elder and assisted his church in their prison ministry. Lisa can attest that Marvin is the epitome of a southern gentleman in every way. His smile is infectious and is always ready to lend a hand.

After retiring from the military, Marvin continued his love for tinkering and turned it into his second career as the Supervisor of Machine Maintenance at the Oklahoma Zoo. From oversight of the rail system that ran throughout the zoo, to seeing that all the mechanics on the entire property were ship shape and up to code, our Marvin worked his magic and kept behind the scenes working!

Whether he is helping put something together or sharing a bible study, we are very pleased to have Marvin share his time and stories with us.

Caregiver Corner...

Different Dementias - Do You Need to Know?

Can you have dementia and not have Alzheimer's? The answer is "Yes." Although Alzheimer's disease (AD) is the most common form, there are other types of dementia, too. Lewy Body Dementia, Vascular Cognitive Impairment (VCI), Frontotemporal Dementia and Parkinson's Disease Dementia are all types of irreversible dementias.

Dementia is used to describe a group of symptoms that includes memory loss, impaired thinking, reasoning and judgement, and language problems. Although these are the symptoms that all types of dementias have in common, some are more prominent depending on the specific disease. It's important to know the cause of the dementia as each type varies in patterns of progression, duration of the disease and significant symptoms. Then, families can plan and make better decisions for the future.

Hallmarks of the different dementias –

- Alzheimer's (AD)– short term memory deficits due to problems encoding memories/information
- Lewy Body – fluctuating cognition & hallucinations
- Vascular Dementia (VCI) – cognitive impairment & memory problems due to retrieval deficit
- Frontotemporal (FTD) – behavior & language
- Parkinson's – movement disorder

Alzheimer's Association's support groups typically address all types of dementias. At these meetings families will discover a wealth of community resources, information, referrals, support and caregiving tips. But, sometimes families find it can be especially helpful to attend a specialized support group since each disease has its own unique set of concerns and challenges.

In keeping with our mission to support the commitment, efforts and desires of family caregivers to continue to care for loved-ones at home as long as possible, we are pleased to offer monthly support groups and educational programs. Please feel free to invite other family members and friends that might benefit from these meetings.

Birthday Wishes



Floyd Whatley- August 2
Bill Acosta – August 5
Clentel Irving- August 7
Ethel Kelly- August 14
Johnnie Seastrunck- August 17
Ross Wyche- August 21
James Randall- August 23
Thomas McIntosh- August 25
Jimmy Chancey- August 28
Scott Hartless- August 29
Ida Robertson – August 31

Friends Place Team

Marylynne Henry – August 8
Carolyn Propes- August 21

A Warm Friends Place Welcome to:

Michael Jones
Gene Oneal
David Smith
Dorothy Davis

Attacking Alzheimer's

KAAM and the Alzheimer's Association team up to present "Attacking Alzheimer's", a weekly program featuring great minds to shed some light on this devastating disease. Tune in Sundays at 3:00 p.m. LEGENDS 770 KAAM

***** Save the date! *****

October 1, 2016

Walk to End Alzheimer's

Help bring awareness and funding to the forefront of the Alzheimer's Association's efforts in care, support, and research. And, you have a LOT of fun while doing that! To register for our fantastic FP team, go to:

act.alz.org/goto/FriendsPlace

Registration is free, fundraising & donations are encouraged.

If you have any questions or need help with registration, please contact Marylynne or Suzy or email fpalzwalk@gmail.com.

Support Groups and Education for Caregivers in the Southwest Dallas Area

Alzheimer's Support Groups

Date: Tuesday, August 9
Time: 2:00 p.m. - General Discussion

Date: Tuesday, August 23rd
Time: 2:00 p.m.

Speaker: Deborah Jones,
New Dawn Hospice

Topic: End of Life Issues

Activities for your loved one at no charge
While you attend the meeting, with reservations.
Call 972.274.2484

Location: Friends Place Adult Day Services
1232 W. Belt Line Road
DeSoto, TX. 75115

Date: Saturday, August 20

Time: 11:00 a.m.

Location: New Life in Christ Lutheran Church
311 S. Cockrell Hill Rd.
Duncanville, TX. 75116

Date: Wednesday, August 17th

Time: 6:30 p.m.

Location: Hillcrest Baptist Church
255 W. Pleasant Run Rd
Cedar Hill, Tx.
Questions: 214-718-1286

Parkinson's Support Group

Date: Monday, August 29th

Time: 6:00 – 8:00p.m.

Speaker:

Location: Trinity United Methodist Church
1302 South Clark Road
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at calljw@sbcglobal.net

Friends Place Adult Day Services
1232 W. Beltline Rd.
DeSoto, Texas 75115

August Happenings

M	1 st	Joseph Bunger, Entertainer	2:00 p.m.
W	3 rd	"Flying Cross Society" with Scott	10:30 a.m.
		Cyan, The Amazing Dachshund	11:30 a.m.
F	5 th	Kimberly Nicole Jazz Singer	1:30 p.m.
T	9 th	Harley Brown Rock and Roll	2:00 p.m.
		Caregiver Support Group	2:00 p.m.
TH	11th	Sing Along with Gary Freeman	2:00 p.m.
F	12 th	Summer BBQ Dinner and Ice Cream Social	4:00-6:00 p.m.
T	16 th	Dan Smith, "Elvis"	2:00 p.m.
W	17 th	Cassidy Therapy Dog	10:45 p.m.
T	23 rd	Support Group Speaker	2:00
TH	25 th	August Birthday Celebration with Jim Gatlin	2:00 p.m.
F	26 th	DeSoto Line Dancers	2:30 p.m.
M	29 th	Yoga with Charla	2:30 p.m.
T	30 th	Mike Frankel- Accordion Player Extraordinaire	2:00p.m.

Don't Miss all the Fun

**Come Celebrate the
Dog Days of Summer
Friday, August 12th**

4-6 p.m.

**Come inside from the heat at our
BBQ Dinner at Friends Place**

Great BBQ, Ice Cream Sundaes and the sounds of
Motown, Beach Boys, Jimmy Buffet and Cool
Country.

**"Wear Your Craziest
Summer Shirt" Contest
R.S.V.P.**

972-274-2484

Family members: \$5.00
