

Monday

Tuesday

Wednesday

Thursday

Friday

SEPTEMBER 2016

Friends Place DeSoto Lunch Menu

All meals served with Hot Bread, Iced Tea/Water unless otherwise noted. NTS.
For NCS, ½ dessert or sugar free pudding.

CLOSED



5 Chicken Pot Pie
Baked Sweet Potato Fries
Texas Toast
Mixed Green Salad
Fruit Cup

6 Beef Pepper Steak
Rice
California Vegetables
Coleslaw Salad
Sugar Cookies

7 Spaghetti and Meatballs
Green Beans
Garlic Bread
Green Salad
Yogurt Parfait

8 Pulled Pork Sandwiches
Steak Fries
Mixed Vegetables
Coleslaw Salad
Vanilla Cake w/ Icing

12 Beef Lasagna
Mixed Vegetables
French Bread
Mixed Green Salad
Neopolitan Ice Cream

13 Parmesean Crusted
Chicken
Au Gratin Potatoes
Green Peas
Coleslaw Salad
Apple Cobbler

14 Swedish Meatballs
Over Noodles
Corn
Tossed Green Salad
Chocolate Pudding

15 Fish Filet w/ Tartar Sauce
and Lemon Wedge
Hush Puppies
Scandinavian Vegetables
Coleslaw Salad
Ambrosia

16 Smothered Chicken
Broccoli Rice Casserole
Baked Carrots
Green Salad
Oatmeal Cookies

19 Stuffed Bell Peppers
Rice Pilaf
California Vegetables
Tossed Green Salad
Vanilla Pudding

20 Sliced Ham
Potato Salad
Baked Carrots
Green Salad
Ambrosia

21 Salisbury Steak
Rice
Oriental Vegetables
Coleslaw Salad
Yellow Cake w/Icing

22 BBQ Chicken
Roasted Potatoes
Ranch Style Beans
Green Salad
Chocolate Chip Cookies

23 Meatloaf
Mashed Potatoes
Green Peas
Mixed Green Salad
Sherbet

26 Roasted Turkey Breast
Broccoli Rice Casserole
Carrots
Coleslaw Salad
Sugar Cookies

27 Fish Filet w/ Tartar Sauce
and Lemon Wedge
Hush Puppies
California Vegetables
Green Salad
Brownies

28 Chicken Alfredo
Italian Vegetables
Garlic Bread
Coleslaw Salad
Yogurt Parfait

29 Smothered Steak
Rice Pilaf
Mixed Vegetables
Green Salad
Fruit Cobbler

30 Cheeseburger on Wheat
Bun
Baked Chips
Green Beans
Mixed Green Salad
Lemon Pudding