


Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Stuffed Green Pepper Corn Carrots Green Salad Cheese Cake	<b>4</b> Chicken Alfredo Over Rice Broccoli Florets Beets Spinach Salad Brownies	<b>5</b> Spaghetti w/ Meat Sauce Scandinavian Vegetables Garlic Bread Cole Slaw Cranberry Fluff	<b>6</b> Chicken Tenders w/ Honey Mustard Roasted Potatoes Peas & Carrots Green Salad Carrot Cake w/ Icing	<b>7</b> Baked Ham Au gratin Potatoes Spinach Green Salad Peach Cobbler
<b>10</b> Bratwurst over Sauerkraut Roasted Potatoes Green Beans Spinach Salad Apple Strudel	<b>11</b> Beef Lasagna California Vegetables Garlic Bread Green Salad Pound Cake w/ Toppings	<b>12</b> BBQ Chicken Baked Potato Capri Vegetables Green Salad Pineapple Upside Down Cake	<b>13</b> Tomato Soup Ham & Cheese Quiche Fruit Cup Cole Slaw Fresh Baked Cookie	<b>14</b> Baked Fish w/ Tartar Sauce Macaroni & Cheese Broccoli Florets Green Salad Brownies
<b>17</b> Parmesan Crusted Chicken Rice Pilaf California Vegetables Green Salad Gingerbread w/ Whip Topping	<b>18</b> Chili Corn Bread Mixed Vegetables Cole Slaw Apple Strudel	<b>19</b> Meat Loaf Baked Sweet Potatoes Green Beans Green Salad Yellow Cake w/Chocolate Icing	<b>20</b> Chicken Sandwich On a whole wheat bun Seasoned Fries Pea Salad Spinach Salad Chocolate Cream Pie	<b>21</b> Vegetable Lasagna Italian Style Vegetables Garlic Bread Green Salad Banana Pudding
<b>24</b> Baked Fish w/ Tartar Sauce Baked Potato Chopped Broccoli Green Salad Lemon Cake	<b>25</b> Baked Ham Macaroni & Cheese Green Beans Cole Slaw Orange Fluff	<b>26</b> Chicken & Dumplings Peas & Carrots Beets Corn Bread Cottage Cheese with Fruit Brownies	<b>27</b> Cabbage Rolls Mashed Potatoes Capri vegetables Green Salad Fresh Baked Cookie	<b>28</b> Teriyaki Chicken Rice Pilaf California Vegetables Green Salad Ice Cream topped with Strawberries
<b>31</b> <b>"Halloween"</b> Ghoulish Goulash Pumpkin Carrots Vampire Garlic Bread Swampy Spinach Salad Dirt w/Worms	 <p style="text-align: center;"> <b>Friends Place Richardson</b>  <i>October 2016</i>            All meals served with Iced Tea, Lemonade or Water and Hot Bread unless otherwise indicated.            For NCS diets-1/2 portion regular or sugar free dessert is offered         </p>			

Menu Approved By: \_\_\_\_\_ Date: \_\_\_\_\_