




Monday	Tuesday	Wednesday	Thursday	Friday
	1 Salisbury Steak Macaroni & Cheese Mixed Vegetables Green Salad Brownie	2 Chicken Alfredo Italian Vegetables Garlic Bread Mixed Green Salad Apple Dump Cake	3 Potato Soup Peas & Carrots Cornbread Coleslaw Salad Chocolate Pudding	4 Oven Baked Chicken Rice Pilaf Green Beans Green Salad Sugar Cookies
7 Cheeseburgers on Wheat Bun Baked Beans California Vegetables Mixed Green Salad Fruit Parfait	8 Teriyaki Chicken Rice Oriental Vegetables Coleslaw Salad Chocolate Chip Cookies	9 Baked Cod Filet w/Lemon Wedge Parsley Potatoes Corn Green Salad Sherbet	10 Meatloaf Mashed Potatoes Mixed Vegetables Coleslaw Salad Banana Pudding	11 Beef Lasagna Scandinavian Vegetables Garlic Bread Mixed Green Salad Peach Cobbler
14 Parmesean Crusted Chicken Roasted Potatoes Italian Vegetables Coleslaw Salad Neopolitan Ice Cream	15 Spaghetti & Meatballs Green Peas Garlic Bread Tossed Green Salad Sugar Cookies	16 Smothered Steak Rice Pilaf Peas & Carrots Coleslaw Salad Lemon Pudding	17 BBQ Chicken Macaroni & Cheese California Vegetables Green Salad Ambrosia	18 Turkey Breast Dressing/Sweet Potato Casserole Green Beans Tossed Green Salad Assorted Pies
21 Swedish Meatballs over Noodles Mixed Vegetables Green Salad Vanilla Pudding	22 Baked Fish w/Tartar Sauce Scalloped Potatoes Baked Carrots Coleslaw Salad Ambrosia	23 Smothered Chicken Macaroni & Cheese Oriental Vegetables Green Salad Brownie	24 CLOSED 	25 CLOSED
28 Pulled Pork Sandwiches Steak Fries Peas & Carrots Green Salad Sugar Cookies	29 Chicken Spaghetti Green Beans Garlic Bread Mixed Green Salad Strawberry Shortcake	30 Baked Ham Potato Salad Baked Beans Coleslaw Salad Banana Pudding	 NOVEMBER 2016 DeSoto Friends Place Lunch Menu All Meals served with Hot Bread, Iced Tea/Water unless otherwise noted. For NCS diets, ½ portion dessert or Sugar Free.	

Approved by: Julie Pan. R.D.

Date: October 15, 2016