




Monday	Tuesday	Wednesday	Thursday	Friday
	Italian Style Chicken 1 Sausage w/ Marinara Pasta Peas Caesar Salad Fresh Baked Cookies	Salisbury Steak 2 Mashed Potatoes Green Beans Green Salad Pineapple Upside down Cake	Garlic Herbed Chicken 3 Scalloped Potatoes Broccoli Florets Green Salad Peach Cobbler	Steak Fingers 4 Seasoned Fries Spinach w/ Tomatoes Cole Slaw Strawberry Shortcake
Lasagna 7 Italian Vegetables Garlic Bread Caesar Salad Banana Pudding	Baked Fish 8 Rice Pilaf Mixed Vegetables Cole Slaw Pound Cake w/ Toppings	Parmesan Crusted 9 Chicken Au gratin Potatoes Broccoli Florets Green Salad Spice Cake	Stuffed Green Peppers 10 Corn Beets Spinach Salad Fresh Baked Cookies	Hero Sub Sandwich 11 Navy Bean Soup Marine Corp Carrots Army Green Salad American Apple Pie a la mode
Baked Ham 14 Broccoli Rice Casserole Beets Spinach Salad Brownie	Smothered Chicken 15 Mashed Potatoes Scandinavian Vegetables Green Salad Carrot Cake w/ Icing	Meatloaf 16 Baked Potato Italian Vegetables Cole Slaw Ambrosia	Grilled Chicken topped 17 with Spinach Rice Pilaf Green Beans Green Salad Lemon Cake	Spaghetti w/ Meat Sauce 18 Mixed Vegetables Garlic Bread Green Salad Orange Fluff
Beef Tips 21 Over Rice Peas Carrots Cole Slaw Ginger Bread	Vegetable Lasagna 22 Italian Vegetables Garlic Bread Spinach Salad Vanilla Pudding	<b>"Thanksgiving Feast" 23</b> Roasted Turkey Mashed Sweet Potato Corn Bread Stuffing Green Bean Casserole Green Salad Pumpkin Pie		<b>24</b>  <b>HOLIDAY</b>  <b>CLOSED</b>
Chicken Alfredo 28 Over Pasta Green Beans Green Salad Sopapilla Cheesecake	Tomato Basil Soup 29 Grilled Cheese Sandwich Peach Slices Green Salad Brownie	Baked Fish 30 Au gratin Potatoes Peas & Carrots Cole Slaw Carrot Cake	 <p>Friends Place Richardson <b>NOVEMBER 2016</b> All meals served with Iced Tea, Lemonade or Water and Hot Bread unless otherwise indicated. For NCS diets-1/2 portion regular or sugar free dessert is offered</p> 	

Approved By: \_\_\_\_\_ Date: \_\_\_\_\_