

Monday

Tuesday

Wednesday

Thursday

Friday



Friends Place Adult Day Services DeSoto, Texas

		<p>Welcome to February 1</p> <p>10:00 Math Count 1 to 4 / Pillow Outreach Project /Famous February Birthdays</p> <p>10:45 Dessert Detective / Pillow Outreach Project /Searching for Black History Makers</p> <p>11:30 Exercise / Sing</p> <p>1:45 Picture It-Double Exposure/ Word Teasers/ Bird Watcher Crossword Puzzle</p> <p>2:30 Sentimental Journey/Searching for February / As easy as Pie</p> <p>3:00 Bingo / Best Picture Hangman</p> <p>4:15 Bowling</p> <p>4:45 Wheel of Fortune</p> <p>5:15 The Brain Game</p>	<p>Ground Hog Day 2</p> <p>10:00 Wacky Wordies / Breakfast on the Run /About Groundhogs</p> <p>10:45 Do you hear what I hear (p) / You Be the Judge /Farkle</p> <p>11:30 Exercise / Sing</p> <p>1:45 Punxsutawney Phil's Retirement/ From Scratch Crossword/ The Furry Forecaster Mad Lib</p> <p>2:30 Searching for Phil/Farkle / Everyday Trivia</p> <p>3:00 Bingo / Category Hangman</p> <p>4:15 Hula Hoop</p> <p>4:45 Wheel of Fortune</p> <p>5:15 Word Equations</p>	<p>Nathan Lane's Birthday 3</p> <p>10:00 Common Ending / Catch Phrase /Animal Bingo</p> <p>10:45 Word Pictures / Sing Fit /It's in the bag</p> <p>11:30 Exercise / Sing</p> <p>2:00 Texas Winds - Sentimental Journey/ Enrichment Activity/</p> <p>2:30 Word War I Trivia / 60's song 2 Word Search / The Parachute Challenge</p> <p>3:00 Bingo / Call out the answer</p> <p>4:15 Noodle Loom</p> <p>4:45 Dance to the Music</p> <p>5:15 12 Months of Trivia</p>
<p>Queens Day 6</p> <p>10:00 Jeopardy Trivia / Jenga Challenge /Checkers</p> <p>10:45 Cocker Hill Elementary School Making of Valentine Cards</p> <p>12:00 Exercise</p> <p>1:45 Mixed Up Animals/ Swing Era Word Search/ My 2 cent game</p> <p>2:30 Name 5/The Grocery Game / Spiritual Study</p> <p>3:00 Bingo / Bible Trivia</p> <p>4:15 Horse shoe game</p> <p>4:45 Jeopardy</p> <p>5:15 Dice Baseball</p>	<p>Tramp Day 7</p> <p>10:00 Mini Word Sudoku / House Pets Crossword /Call out the answer</p> <p>10:45 Left Right Center / Slice of the Pie Game /Going Wild Word Fit</p> <p>11:30 Exercise / Sing</p> <p>1:45 7 things you might not know about Charlie Chaplin/ Sing Fit/ Black History Crossword</p> <p>2:30 Mind Trap/Taboo / Who am I? (p) African American History Month</p> <p>3:00 Bingo / Best Remembered Poems</p> <p>4:15 Light and Lively</p> <p>4:45 Finish Lines Sayings</p> <p>5:15 Adult Creativity</p>	<p>Happy Birthday Portland Oregon 8</p> <p>10:00 P and Q's interactive video (p) / My two cent game /Finish the Phrase</p> <p>10:45 Dog Biscuits community outreach project / Tony Randall Word Search /Hit me with your best shot</p> <p>11:30 Exercise / Sing</p> <p>1:45 Concentration Puzzles/ Catch Phrase/ Book Club Pie in the Sky</p> <p>2:30 Penny Pitching Challenge/Heads Up / Who am I? (p) African American History Month</p> <p>3:00 Bingo / That's it Game</p> <p>4:15 History of Portland</p> <p>4:45 Taboo</p> <p>5:15 Complete the Phrase</p>	<p>National Pizza Day 9</p> <p>10:00 Who am I (p) African American History Month / Farkle /Name 5</p> <p>10:45 Word Teasers / Checkers /Well Grounded</p> <p>11:30 Exercise / Sing</p> <p>2:00 Marty Nelson Entertainment/ Enrichment Activity/</p> <p>2:30 /Enrichment Activity /</p> <p>3:00 Bingo / Fascinating Facts</p> <p>4:15 Dance to the Music</p> <p>4:45 Name that Tune</p> <p>5:15 Word Power</p>	<p>Valentine's Day Celebration 10</p> <p>10:00 Sweetheart Mining / A Heart-Felt Tissue Holder /Jenga</p> <p>10:45 Romance Detective / Name that Heart Tune /A Heart Felt Tissue Holder</p> <p>11:30 Exercise / Sing</p> <p>1:45 Famous African Americans Who am I? / What's in the Bag/ Category Hangman</p> <p>2:30 Mental Math/Dog Humor / Animals Native to Africa</p> <p>3:00 Bingo / Catch Phrase</p> <p>4:15 Noodle Loom</p> <p>4:45 Family Feud</p> <p>5:15 Name that Tune</p>
<p>Dogs Show Day 13</p> <p>10:00 Sing Fit / Compound Word Challenge /Penny Pitching Challenge</p> <p>10:45 Star of the month, Tony Randall / The Grocery Game /Ground Hog Dog Word Search</p> <p>11:30 Exercise / Sing</p> <p>1:45 Series: 1950 inventions continue/ Movie Actresses Word Search/ who's who</p> <p>2:30 What Things belong together/Name that Job / Bowling</p> <p>3:00 Bingo / Riddles</p> <p>4:15 Meditation</p> <p>4:45 Category Hangman</p> <p>5:15 Paint by Numbers</p>	<p>Happy Valentine's Day 14</p> <p>10:00 Wacky Valentine's Day Wordies / Painting Lessons with Burl Sloan</p> <p>10:45 Song of the Heart Word search / Painting Lessons with Burl Sloan</p> <p>11:30 Exercise / Sing</p> <p>1:45 Valentine's Sweetheart Social / Matching Valentine's Gift</p> <p>2:30 Valentine's Sweethear Social/ Love is in the air trivia</p> <p>3:00 Bingo / Amazing Romeo and Juliet</p> <p>4:15 Ring Toss</p> <p>4:45 Musical Chairs</p> <p>5:15 Story Cubes</p>	<p>National Hippo Day 15</p> <p>10:00 Exposing the Secret Word / My two cent game /Doggie Draft Stopper</p> <p>10:45 Double Exposure Picture It / All around the USA /Doggie Draft Stopper</p> <p>11:30 Exercise / Sing</p> <p>1:45 Bible Trivia/ Sing Fit/ If life is a bowl of cherries</p> <p>2:30 Spelling Cherry Pie Crossword/Jenga / Spiritual Study</p> <p>3:00 Bingo / The Heartbreaking Puzzle</p> <p>4:15 Light and Lively dancing</p> <p>4:45 Charades</p> <p>5:15 Qwirkle</p>	<p>Do a Grouch a Favor Day 16</p> <p>10:00 More Jeopardy Trivia / Song of the Heart Word Search/Civil Rights Word Fit</p> <p>10:45 Snazzy Syllables / Snippet of Grumpier Old Men /it me with your best</p> <p>11:30 Exercise / Sing</p> <p>2:00 Carol Lee Story Telling/ Enrichment Activity/</p> <p>2:30 Concentration Puzzles/Heads Up / That's It Game</p> <p>3:00 Bingo / Easy does it Random Trivia</p> <p>4:15 Charades</p> <p>4:45 The Grocery Game</p> <p>5:15 Adult Creativity</p>	<p>"Red"Barber Day 17</p> <p>10:00 Mental Math / Making of Cheesy Almond Crisps /Left Right Center</p> <p>10:45 Making of Cheesy Almond Crisps / Humble Pie Word Search /Give me a hand</p> <p>11:30 Exercise / Sing</p> <p>1:45 Who am I ? (p) African American History Month/ 501 Must See Movies/ Checkers</p> <p>2:30 Family Feud/You be the Judge / Red Barber Play by Play</p> <p>3:00 Bingo / Category Hangman</p> <p>4:15 Movie and Popcorn/Mr. Ed</p>
<p>President's Day/Birthday Celebration 20</p> <p>10:00 Guess the President's Middle Name / What's in the Bag /Clothespin Challenge</p> <p>10:45 Presidential Pets / Searching for Commander in Chief /President Mining</p> <p>11:30 Exercise / Sing</p> <p>2:00 Gaitlan Entertainment February Birthday Celebration/ Enrichment Activity</p> <p>2:30 Enrichment Activity</p> <p>3:00 Bingo / Presidential Trivia</p> <p>4:15 Golfing</p> <p>4:45 Choices</p> <p>5:15 Family Feud</p>	<p>Telephone Book Day 21</p> <p>10:00 Art Appreciation / Finish the phrase /Mind Trap</p> <p>10:45 Name 5 / Art Appreciation /Me and My Shadow</p> <p>11:30 Exercise / Sing</p> <p>1:45 Sing Fit/ Jenga/ Puzzles and Pondering</p> <p>2:30 Mental Math/My two cent game / David Bowie Lyrics Trivia</p> <p>3:00 Bingo / State the facts</p> <p>4:15 Noodle Loom</p> <p>4:45 Light and Lively</p> <p>5:15 1930's discussion</p>	<p>Happy Birthday Drew Barrymore 22</p> <p>10:00 Word Pictures / Checkers /Sing Fit</p> <p>10:45 Can you see the big picture / Compound Word Challenge /ET the extra</p> <p>11:30 Exercise / Sing</p> <p>1:45 Left Right Center/ Spiritual Study/ Guess the Pig's</p> <p>2:30 Panoramic Portland (p)/Heads Up / What's in the bag?</p> <p>3:00 Bingo / Take Bus Ride</p> <p>4:15 Ring Toss</p> <p>4:45 Wheel of Fortune</p> <p>5:15 501 Most Watched Movies</p>	<p>Dog Biscuit Day 23</p> <p>10:00 Romance in Romania / Dog Biscuit Community Outreach Project /Food and Drink Trivia</p> <p>10:45 Word Teasers / Making of Dog Biscuits Community Outreach /Logical Math</p> <p>11:30 Exercise / Sing</p> <p>2:00 Zeta's Sorority/ Enrichment Activity/</p> <p>2:30 /Enrichment Activity /</p> <p>3:00 Bingo / Poetry</p> <p>4:15 Meditation</p> <p>4:45 Apples to Apples</p> <p>5:15 Adult Creativity</p>	<p>Once upon a time Day 24</p> <p>10:00 Film Categories / Pillow Outreach Project /Animal Trivia</p> <p>10:45 Name that Job / Pillow Outreach Project /Ungame</p> <p>11:30 Exercise / Sing</p> <p>2:00 Desoto Line Dancers/ Enrichment Activity/</p> <p>2:30 Name that Job/The Book Club, The Grimm Brothers / Mixed up fairy Tales</p> <p>3:00 Bingo / Name all 50 states</p> <p>4:15 Hula Hoop</p> <p>4:45 Speedy Recall</p> <p>5:15 Qwirkle</p>
<p>Singer Marian Anderson Day 27</p> <p>10:00 Eight ways 1968 made history / All around the USA /Old TV shows word search 4</p> <p>10:45 Best Remembered Poems / Heads up /Sing Fit</p> <p>11:30 Exercise / Sing</p> <p>1:45 Word Power/ Crazy 8'S/ Candy Trivia</p> <p>2:30 Sing Fit/Fun Facts about Marian Anderson / Jeopardy</p> <p>3:00 Bingo / Photographic Memory</p> <p>4:15 Bowling</p> <p>4:45 Jeopardy</p> <p>5:15 Riddles</p>	<p>Mardi Gras 2017 28</p> <p>10:00 Mixed up Mardi Gras / Mardi Gras Duct Tape Necklace /Mardi Gras Mask Relief Art</p> <p>10:45 Concentration Puzzles / Mardi Gras Duct Tape Necklace /Let the good times roll</p> <p>11:30 Exercise / Sing</p> <p>1:45 Fat Tuesday Beignets and New Orleans Jazz/ Mardi Gras Crossword/ That's it Game</p> <p>2:30 Word Teasers/Mardi Gras Word Search / Penny Pitching Challenge</p> <p>3:00 Bingo / Spelling Mardi Gras</p> <p>4:15 Light and Lively dancing</p> <p>4:45 The Grocery Game</p> <p>5:15 Family Feud</p>	<div data-bbox="1129 1312 1732 1388" data-label="Text"> <h1>FEBRUARY 2017</h1> </div> <div data-bbox="1732 1242 1942 1469" data-label="Image"> </div>		

7:30 – 9:15 Continental Breakfast / Coffee 9:15 – 10:00 Morning Paper / News / Views / Chit / Chat
Water & Juice 11:15 a.m. Lunch 12:30 p.m. Afternoon Snack 3:30 p.m.

Monday

Tuesday

Wednesday

Thursday

Friday



February 2017
Friends Place Adult Day Services
Lunch Menu

All meals served with Hot Bread, Iced Tea/Water unless
Otherwise noted. For NAS NCS diets- ½ desserts
Or sugar free pudding offered.

Baked Fish Filet w/Tartar
Sauce
Hush Puppies
Scandinavian Vegetables
Green Salad
Sugar Cookies

BBQ Beef Sandwiches
Steak Fries
Ranch Style Beans
Coleslaw Salad
Chocolate Pudding

Chicken Pasta Parmesan
Italian Vegetables
Garlic Bread
Green Salad
Neapolitan Ice Cream

Salisbury Steak
Mashed Potatoes
Mixed Vegetables
Cucumber Salad
Chocolate Chip Cookies

Chicken Tenders
Baked Chips
Peas & Carrots
Mixed Green Salad
Sherbet

Beef Tips w/Gravy
Over Noodles
Green Beans
Green Salad
Brownies

Chicken Pot Pie
Baked Sweet Potato
Texas Toast
Coleslaw Salad
Peach Cobbler

Taco Salad
Spanish Rice
Ranchero Beans
Cucumber Salad
Banana Pudding

BBQ Chicken
Twice Baked Potatoes
Baked Beans
Green Salad
Neapolitan Ice Cream

Beef Chili
Cornbread
Pea Salad
Coleslaw Salad
Apple Cobbler

Chicken Alfredo
Italian Vegetables
Garlic Bread
Cucumber Salad
Yellow Cake w/Icing

Smothered Steak
Rice
Mixed Vegetables
Green Salad
Brownies

Vegetable Soup
Pasta Salad
Tuna Salad Sandwiches
Green Salad
Peanut Butter Cookies

Stuffed Bell Peppers
Corn
Baked Carrots
Mixed Green Salad
Ambrosia

Chicken Tetrazzini
Scandinavian Vegetables
Texas Toast
Coleslaw Salad
Peanut Butter Cookies

Cheeseburgers on Wheat
Bun
Steak Fries
Green Beans
Green Salad
Vanilla Ice Cream

Smothered Chicken
Mashed Potatoes
Scandinavian Vegetables
Cucumber Salad
Chocolate Chip Cookies

Roasted Turkey
Broccoli & Rice Casserole
Beets
Green Salad
Bread Pudding

Meatloaf
Twice Baked Potatoes
Mixed Vegetables
Mixed Green Salad
Brownies

Sausage Gumbo
Rice and Cornbread
Green Beans
Green Salad
Beingets

FEBRUARY 2017

Friends Place Adult Day Services Lunch Menu

