

Monday

Tuesday

Wednesday

Thursday

Friday



February 2017
Friends Place Adult Day Services
Lunch Menu

All meals served with Hot Bread, Iced Tea/Water unless
Otherwise noted. For NAS NCS diets- ½ desserts
Or sugar free pudding offered.

<div><div>February 2017 Friends Place Adult Day Services Lunch Menu</div><div>All meals served with Hot Bread, Iced Tea/Water unless Otherwise noted. For NAS NCS diets- ½ desserts Or sugar free pudding offered.</div></div>		BakedFish Filet w/Tartar1 Sauce Hush Puppies Scandinavian Vegetables Green Salad Sugar Cookies		BBQ Beef Sandwiches 2 Steak Fries Ranch Style Beans Coleslaw Salad Chocolate Pudding		Chicken Pasta Parmesea3 Italian Vegetables Garlic Bread Green Salad Neapolitan Ice Cream			
Salisbury Steak 6 Mashed Potatoes Mixed Vegetables Cucumber Salad Chocolate Chip Cookies		Chicken Tenders 7 Baked Chips Peas & Carrots Mixed Green Salad Sherbet		Beef Tips w/Gravy 8 Over Noodles Green Beans Green Salad Brownies		Chicken Pot Pie 9 Baked Sweet Potato Texas Toast Coleslaw Salad Peach Cobbler		Taco Salad 10 Spanish Rice Ranchero Beans Cucumber Salad Banana Pudding	
BBQ Chicken 13 Twice Baked Potatoes Baked Beans Green Salad Neapolitan Ice Cream		Beef Chili 14 Cornbread Pea Salad Coleslaw Salad Apple Cobbler		Chicken Alfredo 15 Italian Vegetables Garlic Bread Cucumber Salad Yellow Cake w/Icing		Smothered Steak 16 Rice Mixed Vegetables Green Salad Brownies		Vegetable Soup 17 Pasta Salad Tuna Salad Sandwiches Green Salad Peanut Butter Cookies	
Stuffed Bell Peppers 20 Corn Baked Carrots Mixed Green Salad Ambrosia		Chicken Tettrazinni 21 Scandinavian Vegetables Texas Toast Coleslaw Salad Peanut Butter Cookies		Cheeseburgers on Whe22 Bun Steak Fries Green Beans Green Salad Vanilla Ice Cream		Smothered Chicken 23 Mashed Potatoes Scandinavian Vegetables Cucumber Salad Chocolate Chip Cookies		Roasted Turkey 24 Broccoli & Rice Casserole Beets Green Salad Bread Pudding	
Meatloaf 27 Twice Baked Potatoes Mixed Vegetables Mixed Green Salad Brownies		Sausage Gumbo 28 Rice and Cornbread Green Beans Green Salad Beingets		<div><div><div>FEBRUARY 2017</div><div>Friends Place Adult Day Services Lunch Menu</div></div><div></div></div>					

Approved by: Julie Pann, RD

January 25, 2017