

Monday

Tuesday

Wednesday

Thursday

Friday



Fun Staycation to Africa Feb 20th-24th

10:30 Bean Bag Toss-Hollywood Flashbacks-Brain Bats-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-SingFit
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 American Trivia
1:45 Sherrill Douglas Entertains/Extra Activity
2:45 BINGO-Riddles in a Jar-Memory Boards-Extra Activity
3:30 Ultimate Senior Trivia-Active Group-Banana Gram-Extra Activity
4:00 Light & Lively Exercise-Extra Activity
4:30 Wheel of Fortune-I Spy-Dominos/Cards
5:00 Scruples-Dominos/Cards Cont.-Extra Activity
5:30 Wiz Quiz

Ground Hog Day
10:30 Bowling-Complete The Phrase-Patches Word Quilt-Enrichment Activity-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Heart of Texas Therapy Dogs/Trivia
1:45 BINGO-Compound Word Challenge-Sequence-Active Group/Cards-Extra Activity
2:30 It's a Guy Thing/Cowboy Movies-Girl Talk/Movies-Word Mining-Enrichment Activity-Extra Activity
3:00 Four Season of Trivia-Bunco-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Thirsty Thursday/Music-Wheel of Fortune-Dominos
4:30 Mind Joggers-Cards/Dominos-Extra Activity
5:00 Reminisce Cards-Cards/Dominos Cont.
5:30 Chicken Soup for the Soul

National Carrot Cake Day
Super Bowl Wear Your Favorite Team Shirt
10:30 Football Toss-Mixed Up Books-American Trivia-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-Trivia Challenge for Seniors-Farkle-Active Group-Extra Activity
2:30 Super Bowl Trivia-I Have Who Has?-Art Appreciation-Enrichment Activity-Pillow Project-Extra Activity
3:00 Silly Sentences-Mind Trap-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-Banga-Dominos
4:30 Music Trivia-Dominos Continued
5:00-6:00 Movie & Popcorn

10:30 Golf-How Many Can You Name-Whale Category Puzzle-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-SingFit
11:45 Music/Songs & Trivia-Enrichment Activity
1:30 Fun February Trivia
1:45 Brad Ackland Entertains/Trivia
2:45 BINGO-20 Questions-Spill & Spell-Extra Activity
3:30 States and Capitals-Pokeemo-Mixed Up Animals-Active Group-Extra Activity
4:00 Light & Lively Exercise-Extra Activity
4:30 Wheel of Fortune-Table Topics-Dominos/Cards
5:00 Make 'Em Smile-Extra Activity
5:30 Clue Trivia

10:30 Bowling-Wiz Quiz-Movie Mash Up-Enrichment Activity-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Devotional**
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-Common Endings-Think Fast-Sorting Buttons-Active Group-Extra Activity
2:30 It's a Guy Thing/Football-Girl Talk/Swap Ideas-Team Jeopardy-Extra Activity
3:00 TEAM Spelling Bee-Uno-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Thirsty Thursday/Music-Wheel of Fortune-Dominos
4:30 Healthy Living-Cards Continued-Extra Activity
5:00 Music Trivia-Extra Activity
5:30 Who Am I?

10:30 Ring Toss-Silly Sentences-Common Ending-Enrichment Activity-Sorting/Matching-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Heart of Texas Therapy Dogs/Trivia
1:45 BINGO-American Heroes & Legends-Sorting Buttons-Active Group-Extra Activity
2:30 It's a Guy Thing/Work Force-Clue Trivia-Wacky Wordies-Enrichment Activity-Extra Activity
3:00 Oddies-Bunco-Extra Activity
3:30 Light & Lively-Extra Activity
4:00 Wheel of Fortune-Finishing Lyrics-Dominos/Cards-Extra Activity
4:30 Shut the Box-Dominos-Extra Activity
5:00-6:00 Movie & Popcorn

10:30 Parachute Madness-Hollywood Flashbacks-Word Tag-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-SingFit
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-One Hit Wonders-Everyday Life Photos-Active Group-Short Stories-Extra Activity
2:30 It's a Guy Thing/Cars-Girl Talk-Art Appreciation-Enrichment Activity-Pillow Project-Extra Activity
3:00 Ultimate Senior Trivia-Memory Street-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-I Spy-Dominos/Cards
4:30 Scruples-Dominos/Cards Cont.-Extra Activity
5:00 Wacky Wordies-Extra Activity
5:30 Wiz Quiz

10:30 Basketball-Cliché Scramble-Patches Word Quilt-Enrichment Activity-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Heart of Texas Therapy Dogs/Trivia
1:45 BINGO-Word Pairs-Idioms-Active Group-Extra Activity
2:30 It's a Guy Thing/Baseball Trivia-Girl Talk/Pennmanship-Word Mining-Enrichment Activity-Memories in the Making
3:00 Team Hangman-Bunco-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Thirsty Thursday/Music-Wheel of Fortune-Dominos
4:30 Reminisce Cards-Cards/Dominos Cont.
5:00 Song Burst-Extra Activity
5:30 Life Stories

10:30 Noodle Ball-Phrases and Proverbs-Story Building-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-Trivia Challenge for Seniors-Riddles in a Jar-Active Group-Memories in the Making
2:30 Scattergories-I Have Who Has?-What Year Was It?-Enrichment Activity-Pillow Project-Extra Activity
3:00 Team Spelling Bee-Reminisce Cards-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-Blurr-Dominos
4:30 Music Trivia-Dominos Continued
5:00-6:00 Movie & Popcorn

10:30 Noodle Ball-African Animals A to Z-Story Building-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-SingFit
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-Fractured Pairs-Sequence-Active Group-Extra Activity
2:30 It's a Guy Thing/Football Trivia-Girl Talk/Swap Ideas-Scrambled African Continents-Pillow Project
3:00 Team Trivial Pursuit-Shut the Box-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-Spill & Spell-Dominos/Cards
4:30 Healthy Living-Cards Continued-Extra Activity
5:00 Common Factor-Extra Activity
5:30 Chicken Soup for the Soul

10:30 Parachute Madness-Shake Lose a Memory-Word Boggle-Enrichment Activity-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity-**Devotional**
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-The Common Factor-Shut the Box-Active Group-Extra Activity
2:30 Fractured States-Girl Talk/Fashion-Team Name Ten-Extra Activity
3:00 Compound Word Challenge-Clichés-Extra Activity
3:30 Light & Lively Exercise-Extra Activity
4:00 Thirsty Thursday/Music-Wheel of Fortune-Dominos
4:30 Reminisce Cards-Cards Continued-Extra Activity
5:00 Brain Quest-Cards/Dominos
5:30 Poems/Short Stories

French Fry Friday
10:30 Tic Tac Toe-Who/What & Where?-Film Category Puzzle-Enrichment Activity-Pillow Project-Extra Activity
11:10 Sit and Be Fit-Enrichment Activity
11:45 Heart of Texas Therapy Dogs/Trivia
1:30 Name Ten
1:45 Norris Perry Entertains/Trivia
2:45 BINGO-American Legends & Heros-Sorting/Matching-Extra Activity
3:30 Academy Award Winners-Yahtzee-Active Group-Extra Activity
4:00 Light & Lively Exercise-Extra Activity
4:30 Wheel of Fortune-Finish Line-Dominos/Cards
5:00 Compound Words-Cards Continued-Extra Activity
5:00-6:00 Movie & Popcorn

10:30 Coin & Bead Toss-How Many Can You Name-Fat Tuesday Mining-Enrichment Activity-Crafting
11:10 Sit and Be Fit-SingFit-**Book Club**
11:45 Music/Songs & Trivia-Enrichment Activity
1:45 BINGO-Spelling Mardi Gras-Active Group-Extra Activity
2:30 It's a Guy Thing-Girl Talk/New Orleans-Strengthen Your Mind Series-Enrichment Activity-SingFit
3:00 Mixed Up Mardi Gras-Twin Mardi Gras Masks
3:30 Light & Lively Exercise-Extra Activity
4:00 Wheel of Fortune-Table Topics-Dominos/Cards
4:30 Complete The Phrase-Extra Activity
5:00 Make 'Em Smile-Extra Activity
5:30 Clue Trivia

Richardson Location FEBRUARY 2017

Breakfast & Morning Snacks Served until 10:00 a.m.
Water & Juice 11:00 a.m. Lunch 12:30 p.m.
Afternoon Snack 3:00 p.m.



Daily 9:00 -10:15 Coffee, Chit Chat, News & Views