

February 2017



# Friends News



1232 W. Beltline, Desoto, Tx 75115

(972)274-2484

Fax (972)274-0002

[www.friendsplaceads.com](http://www.friendsplaceads.com)

## February Happenings!

Fri Feb 3	Texas Winds, Sentimental Journey	2 pm
Mon Feb 6	Cockrell Hill Elementary Students Visit	11 am
Thurs Feb 9	Marty Allen Nelson Entertains	2 pm
Tue Feb 14	Painting Lessons with Burl Valentine Sweetheart Social	10:30 a 2 pm
Thur Feb 16	Carol Lee Storyteller	2 pm
Mon Feb 20	February Birthday Celebration with James Gaitlan	
Thur Feb 23	Zeta Sorority	2 pm
Fri Feb 24	DeSoto Line Dancers	2 pm
Tue Feb 28	Fat Tuesday – Beignets and Jazz	1:30 pm

## Support Group at Friends Place

### **Alzheimer's Support Groups**

2nd and 4th Tuesdays of the month

Date: Tuesday, February 14th

Time: 2:00 p.m. General Discussion

Date: Tuesday, February 28th

Time: 2:00 p.m. Cathy Judd, PA-C,  
DFAAPA, UTSW Dept. of Psychiatry,  
Psychoneuroendocrinology Research Unit  
and Parkland Health & UTSW Hospital  
System

Topic: Drugs and Pain in Elderly

Activities and supervision for your loved one  
at no charge with advanced notice.

Call 972.274.2484

## Super Bowl Friday

Come ready to pick your winner for the Super Bowl LI Friday, Feb. 3<sup>rd</sup>.

Then we will check out the scores and stats on our Post Super Bowl Monday. Some will cheer and some will not- but all will have fun!

## SingFit Comes to Friends Place

SingFit is a robust singing-based health and fitness program designed for seniors.

It digitizes a music therapy that makes spontaneous, no-lyric-sheet singing simple and fun to do! It will be offered several times during the week, so check your calendar.



## Homemade Dog Treats

### Now Available at Friends Place

Our first 2017 Outreach Project will be an ongoing project for the Tri-City Animal Shelter located in Cedar Hill. We will bake tasty dog treats twice a month. The bulk of the treats will be given to the animals at the center. The remainder will be packaged here and available for a donation.

Questions: Call Suzy at 972-274-2484.



**Birthday Wishes to:**

**Mae Mae Rogers – Feb 2**

**Lloyd Clemmons – Feb 6**

**Jacob Jackson – Feb 21**



**Art Classes Offered**

Burl Sloan, Professional Artist and Teacher, will be at Friends Place offering Art Classes at no charge beginning February 14<sup>th</sup> at 10:30 a.m. This is a wonderful activity for our members. Please reserve your loved one's place by calling the center. If well received, this will be offered each month to our members.

**Other Support Groups in the Area**

**Date: Saturday, February 18<sup>th</sup>**

Time: 11:00 a.m.

Location: New Life in Christ Lutheran Church  
311 S. Cockrell Hill Rd.  
Duncanville, TX. 75116

**Date: Wednesday, February 15<sup>th</sup>**

Time: 6:30 p.m.

Location: Hillcrest Baptist Church  
255 W. Pleasant Run Rd  
Cedar Hill, Tx.  
Questions: 214-718-1286

**Parkinson's Support Group**

**Date: February 27**

Time: 6:00 pm

Topic: Mind Strengthening

Speaker: Marylynne Henry

Location: Trinity United Methodist Church  
1302 South Clark Road  
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at [calljw@sbcglobal.net](mailto:calljw@sbcglobal.net)

**Save the Dates/Coming Attractions**



**March Madness**

**March 14-April 13**



**Happy St. Patrick's Day !**

**March-17<sup>th</sup>-All Things Green**

**Boot Scootin'  
March Spring Fling**

**Come learn to Square Dance,  
Line Dance and Two Step!  
Details to Follow, so dust off  
those boots and get ready for a  
Bootiful Time!!!**