



FRIENDS PLACE
CAREGIVER'S NEWSPAGE
FEBRUARY 2017

1960 Nantucket, Richardson, TX 75080 Phone 972-437-2940 Fax 972-437-2953 www.friendsplaceads.com

We hope you like our new look!

FABULOUS FEBRUARY

F	1	1:45 pm	'By Request' songs by Sherrill Douglas
Th	2	11:45 am	Heart of Texas Therapy Dogs
F	3	all day	Super bowl! Wear fav team attire!
M	6	2:00 pm	Gospel songs with Jim Gatlin
W	8	1:45 pm	Aussie performer Brad Ackland
F	10	11:45 am	Heart of Texas Therapy Dogs
T	14	2:00 pm	Sweetheart of a Valentine Social
Th	16	11:45 am	Heart of Texas Therapy Dogs
F	24	11:45 am	Heart of Texas Therapy Dogs
F	24	1:45 pm	Norris Perry performs your favs
M	27	1:45 pm	Bday Party w/Toney Walsh

EDUCATION PROGRAM FOR CAREGIVERS

Speaker and discussion each 4th Thursday of the month

This Month's Feature Presentation:

"EVERYTHING YOU NEED TO KNOW ABOUT..."

Redefining Safety for the Person with Dementia
with
Lori Nesler, CSA

Owner, Comfort Keepers In-Home Care

Thursday, February 23rd 2:00-3:30 pm

Located in our Resource Room

Meetings are open to the public.

Care & activities provided free of charge for attendees.



Families and friends! You are cordially invited to our



VALENTINE'S DAY SWEETHEART SOCIAL
TUESDAY, FEBRUARY 14TH 2:00 PM

For your listening and dancing pleasure, fabulous music & entertainment by the multitalented **Doc Gibbs** who has worked with such notables as Percy Sledge, Charlie Pride, & the Drifters.



Save the date !
HOT CAKES & HOT JAZZ
FRIDAY, MARCH 24TH 5:00-7:00 PM
FRIENDS PLACE OF RICHARDSON



Benefit fundraiser for

TEXAS WINDS MUSICAL OUTREACH

Professional musicians who donate their time to
bring marvelous music to those who would otherwise not have the opportunity to experience it.

\$10.00 suggested donation

DID YOU KNOW...

- We are so proud to announce Friends Place is now a certified **SINGFIT** Prime Community. This interactive music, trivia, and movement program is backed by Harvard studies. It increases good feelings and wellness, as well as being a whole lot of fun. Offered three days weekly, it's led by certified facilitators Mary Dennison & Claire Iwuhoa.
- Twice monthly **DEVOTIONALS** are starting soon! What a meaningful way to relax and rejuvenate the body, mind, and soul. Much appreciation to the Reverend Tracy Adams, dad of Friends Place staff member Danielle Yarde, who has so graciously volunteered his time to facilitate this new venture. Held the second and fourth Thursdays of the month, this falls on the 9th and the 23rd during February.
- Our new **STAYCATION** week features a different country, each and every month. Bringing oh-so-interesting locations to Friends Place is truly a joy! Many thanks to Julie Pan, who so graciously shared beautiful items native to her home country, as well as her family's Chinese traditions. This month, we are off to 'visit' **AFRICA**. If you would like to contribute any photos, artifacts, or information you may have about the continent, we most certainly appreciate your help (each month). We showcase these in the beautiful cabinet, located in the living room. Be sure to take some time to stop by and check it out.
- **MOCKTAIL MONDAY** is a huge success! The 4:00 pm social hour includes visiting with friends, sipping non-alcoholic beverages, noshing on 'delish' snacks, enjoying great music, and some highly entertaining games of dominos, cards, and poker. This popular weekly gathering is so 'in demand' that it is being extended this February.

MUCH GRATITUDE!

We want to thank the families who took a few minutes to fill out and return the recent Family Evaluation Survey. If you have not completed one yet, there is still time to do so. Please drop it off in the front office. We do greatly appreciate your input and comments. Your responses help us gear our programs and services to better serve the needs of the Friends Place members and families.

TRANSPORTATION QUESTIONS? WE CAN HELP!

One of the most frequent needs mentioned is looking for transportation to and from Friends Place. Fortunately, there are now many options now available for seniors, including: The Richardson Senior Center, Bubbl and DART. Please, don't hesitate to contact Jackie or Jane for more information. 972-437-2940