

Monday

Tuesday

Wednesday

Thursday

Friday



Friends Place Richardson MARCH 2017

All meals served with Iced Tea, Lemonade or Water
and Hot Bread unless otherwise indicated.
For NCS diets-1/2 portion regular or sugar free dessert is offered

"Ash Wednesday" **1**
Baked Fish
Rice Pilaf
California Vegetables
Butternut Squash Soup
Chocolate Cake

2 Salisbury Steak
Mashed Potatoes
Corn
Spinach Salad
Banana Pudding

3 Tomato Basil Soup
Grilled Cheese Sandwich
Broccoli Salad
Green Salad
Brownies

Steak Fingers w/ White **6**
Country Gravy
Seasoned Fries
Green Beans
Spinach Salad
Cheese Cake

7 Teriyaki Chicken
Over Rice
Eggrolls
Snow Peas
Green Salad
Apple Cobbler

8 Beef Lasagna
Squash & Zucchini
Garlic Bread
Caesar Salad
Ginger Bread

9 Chicken & Waffles
Peas & Carrots
Cole Slaw
Fresh Baked Cookie

10 Eggplant Rollatini
Pasta w/ Marinara Sauce
Cascade Blend
Vegetables
Minestrone Soup
Carrot Cake

Smothered Chicken **13**
Over Rice
Peas & Carrots
Cole Slaw
Bread Pudding

14 Stuffed Bell Peppers
Corn
Beets
Caesar Salad
Ambrosia

15 Pineapple Chicken
Roasted Potatoes
Snow Peas
Green Salad
Chocolate Pudding

16 Meatloaf
Mashed Sweet Potato
Green Beans
Broccoli Cheese Soup
Pineapple Upside Down
Cake

17 **St. Patrick's Day**
Baked Fish
Au gratin Potatoes
Cabbage
Irish Soda Bread
Shamrock Salad
Pistachio Fluff

Bangers & Mash **20**
Green Beans
Colcannon Soup
Irish Apple Cake

21 Corned Beef
Boiled Carrots & Potatoes
Cabbage
Spinach Salad
Strawberry Shortcake

22 Shepherd's Pie
Corn Bread
Apple Sauce
Cole Slaw
Guinness Cake

23 Stuffed Cabbage Rolls
Corn
Carrots
Green Salad
Fresh Baked Cookie

24 Irish Roasted Salmon
Colcannon
Peas
Caesar Salad
Irish Barm Brack

Baked Ham **27**
Macaroni & Cheese
Beets
Green Salad
Pound Cake with Topping

28 Cheese Burger
Seasoned Fries
Pea Salad
Vegetable Soup
Yogurt Parfait

29 Pork Rib Pattie
Mashed Potatoes
Broccoli
Spinach Salad
Fresh Baked Cookie

30 Spinach Topped Chicken
Rice Pilaf
Zucchini Squash
Caesar Salad
Brownies

31 Breaded Catfish
Roasted Potatoes
Brussels Sprouts
Cole Slaw
Apple Cobbler

Menu Approved By: _____ Date: _____