



## FRIENDS PLACE CAREGIVER'S NEWSPAGE

### MARCH 2017

1960 Nantucket, Richardson, TX 75080 Phone 972-437-2940 Fax 972-437-2953 www.friendsplaceads.com



#### OUR MARVELOUS MARCH EVENTS



|    |    |              |                                    |
|----|----|--------------|------------------------------------|
| Th | 2  | 11:45 am     | Heart of Texas Therapy Dogs        |
| W  | 8  | 1:45 pm      | Dance Party with Marty Ruiz        |
| Th | 9  | 11:00 am     | Midweek Devotionals                |
| F  | 10 | 11:45 am     | Heart of Texas Therapy Dogs        |
| M  | 13 | 1:45 pm      | 'Big Daddy' Larry Johnson performs |
| Th | 16 | 11:45 am     | Heart of Texas Therapy Dogs        |
| F  | 17 | 1:45 pm      | 'Class Act' Tap Dancers            |
| W  | 22 | 2:15 pm      | Ladies' Green Tea Party            |
| Th | 23 | 11:00 am     | Midweek Devotionals                |
| Th | 23 | 1:45 pm      | Norris Perry sings your favorites  |
| F  | 24 | 11:45 am     | Heart of Texas Therapy Dogs        |
| F  | 24 | 5:00-7:00 pm | Texas Winds Benefit Supper         |
| W  | 29 | 1:45 pm      | Birthday Party with Toney Walsh    |



#### DEMENTIA EDUCATION *for* FAMILY CAREGIVERS

*Speaker and discussion each 4th Thursday of the month*

*This month, welcoming*

**Angela Thomas**

**MSN, RN, CMC**

A Care Manager and Consultant for Caring With Grace

#### ***Understanding and Responding to Dementia-Related Behaviors***

A presentation made on behalf of the  
Greater Dallas Chapter of the Alzheimer's Association

**Thursday, March 23 2:00-3:30 pm**

**Caregiver's Resource Room**

Meetings are open to the public.

Care & activities provided free of charge for attendees.

Please call for reservations.



#### HOT CAKES & HOT JAZZ

**Friday, March 24 5:00-7:00 pm**

Friends Place of Richardson Benefit Fundraiser for

#### **Texas Winds Musical Outreach**

These professional musicians donate their time and talents to bring marvelous music to those who would otherwise not have the opportunity to experience it.

\$10.00 suggested donation

Dine-in or Take-out



# Do you know about our...

## Caregiver's Support Groups

Meetings are open to anyone in the community and loved ones can attend activities free of charge during the meeting, **with reservations**.

**Please call 972-437-2940**

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### Alzheimer Association's Caregiver Support Group Meetings

2nd Thursday of each month

**Thursday, March 9th 2:00-3:30 pm**

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

**Wednesday, March 1st 5:00-7:00 pm**

Light supper provided

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### Men-Only Support Group

1st and 3rd Thursday of each month

**March 2nd & 16th 2:00-3:30 pm**

This specialized group addresses unique concerns of men in the caregiver role.

Please call George Davis for more information.

972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday of each month

**Monday, March 27th 4:00-5:30 pm**

Please join us for this important first meeting.

Please call Jane Kovacs for more information.

972-437-2940

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

**March 7th & 21st 2:15-3:45 pm**

Addressing the distinct challenges and issues caregiver wives face as relationships evolve.



## STAYCATION : IRELAND !



Join us as we enjoy traveling to the beautiful Emerald Isle. Experience the arts, customs, food, music, and fun with us! If you've had the luck o' the Irish, and have traveled to, lived in, or somehow else experienced this exciting country, we invite you to bring in any items you might have from there-photographs, souvenirs, etc. These can be displayed in the living room cabinet for the marvelous month of March. We very much encourage you to share your experiences with us, too!

What a TERRIFIC time we had on Staycation Africa! We would like to thank Friends Place staff members Claire Iwuoha for showcasing the culture and lovely traditions of her native country, Nigeria. Claire showed us many gorgeous articles of clothing, and involved our members as models. Malissa Cestari went above and beyond with planning and preparations for the delicious Moroccan Chicken dish. We are truly blessed here at Friends Place to have such dedicated, involved staff members. THANK YOU!!!

## Personalized Caregiver Notebook Workshop

An up-to-date "Caregiver Notebook" is useful on a daily basis, but is a lifesaver should there be any type of unexpected emergency.

Our two caregiver notebook workshops have been so popular that classes filled up and closed quickly. We will be scheduling another in May, then again on a quarterly basis.

There will be more details, coming soon! If you have questions, or would like more information, feel free to contact Jane Kovacs by phone at 972-437-2940, or email her at [janekovacs@friendsplaceads.com](mailto:janekovacs@friendsplaceads.com).