



FRIENDS PLACE CAREGIVER'S NEWSPAGE JUNE 2017

1960 Nantucket, Richardson, TX 75080 Phone 972-437-2940 Fax 972-437-2953 www.friendsplaceads.com

JUNE ENTERTAINMENT

Friday, June 2 11:00 am
Texas Winds Musical Morning
Wednesday, June 7 1:45 pm
Dance Party with Marty Ruiz

Tuesday, June 13 1:45 pm
Norris Perry sings your favorites

Friday, June 16 1:45 pm
Performer Larry Johnson

Wednesday, June 21 1:45 pm
Crooner Toney Walsh

JUNE SPECIAL EVENTS

Friday, June 16 10:00 am
Father's Day Classic Car Show

Monday, June 19 1:45 pm
Brad Ackland's tour of Australia

Wednesday, June 21
Longest Day Bake & Take Sale

EDUCATIONAL PROGRAM

for

**ALZHEIMER'S/DEMENTIA
CAREGIVERS**

*Speaker and discussion
each 4th Thursday of the month*

Thursday, June 22

2:00-3:30 pm

Steve Roland

Chaplain & Community Outreach
Liaison for Silverado Hospice

"Dealing with Guilt & Caregiving"

Caregiver's Resource Room

- Meetings are open to the public
- Please call for reservations
- Care & activities provided free of charge for attendees' loved ones

ONGOING PROGRAMS

Mocktail Monday, June 5 & 19

Thirsty Thursday, June 1, 15, & 29

Spanish Made Simple
Mondays at 11:15 am

Book Club Tuesdays at 11:15 am

SingFit Music, Trivia, Movement
M, W, Th at 11:15 am

Devotionals

Thursday, June 8 11:15 am

Wednesday, June 14 1:30 pm

Thursday, June 22 11:15 am

Staycation Week

Starts 3rd Monday monthly

Heart of Texas Therapy Dogs
1st/3rd Friday, 2nd/4th Thursday
June 1, 9, 15, 23

Art Appreciation on W/Th

Hospital Pillows Service Project

In observance of the Alzheimer's Association's "Longest Day," Friends Place is sponsoring a second annual

BAKE & TAKE SALE

WEDNESDAY, JUNE 21, 2017

You are invited to help support our efforts. **BAKE...**a batch of cookies, a tray of brownies, some yummy cupcakes, a casserole, jellies or any other homemade treat. Drop them off and we'll bundle for sale, or bring your homemade goods wrapped, ready to sell. Please let us know if you will be able to bake for us.

TAKE...Purchase something yummy to enjoy here with other families in our "Friends Cafe." Hot coffee and

beverages will be available. Or **TAKE** treats to show your appreciation to your friends, extended family, co-workers, helpful neighbors, supportive clergy, your local fire and police departments, your barber or nail technician...or **TAKE** something special home for an after dinner treat tonight.

THE LONGEST DAY, a sunrise-to-sunset event held annually on the summer solstice, symbolizes the challenging journey of those living with the disease, as well as that of their care partners. Join us as we commemorate the day as a kick-off to the 2017 Dallas Walk to End Alzheimer's. What a tasteful way to make a difference for others!

Caregiver's Support Groups Offered

- Meetings are open to the public.
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940.
- Please let anyone know who might benefit from these programs.

Alzheimer Association's Caregiver Support Group Meeting

2nd Thursday of each month

Thursday, June 8th 2:00-3:30 pm

Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

Thursday, June 7th 5:00-7:00 pm

Light supper provided

Thank you to Stonebridge for providing last month's supper!

Men-Only Support Group

1st and 3rd Thursday of each month

June 1st & 15th 2:00-3:30 pm

This specialized group addresses unique concerns of men in the caregiver role.

Please call George Davis for more information.

972-900-9774

Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday of each month

Tuesday, June 27th 4:00-5:30 pm

Wives-Only Support Group

1st and 3rd Tuesdays of the month

June 6th & 20th 2:00-3:30 pm

Addressing the distinct challenges and issues caregiver wives face as relationships evolve.

With Sincere Appreciation

THANK YOU to the local **Altrusa volunteer crew and Plano's Heritage Farmstead** for lending a helping hand during our annual Mother's Day Tea. Thanks also to our wonderful **Friends Place Staff** for going above & beyond the call of duty in making this special event so lovely.

We are so happy to recognize such generous, thoughtful **Friends Place members Tempia Culton & Francis Knapp**, who are so great to volunteer in so many ways. These ladies make pillows to donate to hospitals for post-surgical patients and help out setting up the dining room.

Welcome to New Friends Place Members

Lawrence Watson

Carolyn Manuel



Happy June Birthdays!

5th Selma Hirschberg

6th Netti Jo James

8th Harold Abbey

11th Penny Calvin

12th Bill Ferguson (staff)

14th Isla Creighton

JUNE STAYCATION TO AUSTRALIA!

Kangaroos and crocodiles and koala bears...oh my! This month we travel to the land down under to celebrate and investigate the land of diverse peoples, animals, landforms & light. This is sure to be a pleasurable journey, as we have some wildly unique animals to explore, delicious regional dining to dig into, awesome slides of Aussie art from prehistoric to modern times to enjoy, and a discussion presentation from Aussie Brad Ackland. If you have visited this fascinating land, please feel free to share your experiences, pictures, and souvenirs with us!