



Stay Cool This Stimmer!

Friends News

1232 W. Beltline, Desoto, Tx 75115

(972)274-2484

Fax (972)274-0002

www.friendsplaceads.com

Awesome August Happenings

Musical Magic

Fri. Aug. 4	Ben Myers	2pm
Mon Aug 7	Brandon Perry	2pm

August Bday Celebration

Tue Aug 22 Texas Winds Presents 11:00 am

String Quartet

Fri Aug 25 Desoto Steppers 2 pm

Every

Thursday Music with David Loving 12:00 pm

Special Events

Tue Aug 8 Art Lessons with Burl 10:00 am
Thu Aug 17 Cassidy, The Therapy Dog 10:45 am

Week of Aug Hawaii Week!

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Health Happenings

Fri Aug 11 Hand Massages 2:30 pm Mon Aug 28 Yoga with Charla 1:45 pm Fri Aug 25 Hand Massages 2:30 pm

Support Group at Friends Place

Alzheimer's Caregiver Support Group

Meets 2nd and 4th Tuesdays of the month

Date: Tuesday, August 8th
Time: 2:00 p.m. General Discussion

Date: Tuesday, August 22 Time: 2:00 p.m. Speaker: Jae Carter

Topic: A Caregiver's Guide to relieving the stress and tools to help you set healthy boundaries.

Activities for your loved one at no charge with advanced notice.

Call 972.274.2484

<u>Food Drive</u> Christmas in July at Friends Place

A BIG TEXAS THANK YOU to all our members for the donations to our Christmas in July Food Drive.
With all our donations, we were able to supply much needed food for the summer months
In our area.

For Caregivers "Better Pack An Umbrella"

There's a chance of "Guilt Storms" and "Worry Downpours"

Special Presentation on
Tuesday August 22 at 2pm.
Come hear Jae Carter, PhD. Her presentation will
help you gain clarity, learn new techniques to
reduce guilt and worry, and find new motivation
for caregiving



Birthday Wishes to:

Catherine Primm – August 1
Floyd Whatley – August 2
Bill Acosta- August 5
Clenthel Irving – August 7
Ethel Kelly – August 14
Eula Zachery – August 16
Johnnie Seastrunck – August 17
James Randall – August 23
Thomas McIntosh- August 25
Jimmy Chancey – August 28
Scott Hartless – August 29

Friends Place Team Members:

Marylynne Henry - August 8

Other Support Groups in the Area

Date: Saturday, August 19th

Time: 11:00 a.m.

Location: New Life in Christ Lutheran Church

311 S. Cockrell Hill Rd. Duncanville, TX. 75116

Date: Wednesday, August 9th

Time: 6:30 p.m.

Location: Hillcrest Baptist Church

255 W. Pleasant Run Rd

Cedar Hill, Tx.

Questions: 214-718-1286

Parkinson's Support Group

Date: Monday, August 28th

Time: 6:00 pm

Topic: 15 Disciplines for Persons with Parkinson's'

Disease

Speaker: John Call, Parkinson's Group Member Location: Trinity United Methodist Church

1302 South Clark Road Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at calljw@sbcglobal.net

Welcome David Loving to Friends Place.



Many thanks to David Loving for giving of his time and talent to our members each Thursday at 12:00 noon. His love for music is our gain as he plays the piano and sings some great songs.

Schools are Almost in Session

With school starting in only a few short weeks, please be patient as our Transportation Crew adapt to the added traffic in the mornings.

Questions: 972.274.2484

