



## FRIENDS PLACE CAREGIVER'S NEWSPAGE

### OCTOBER 2017

1960 Nantucket, Richardson, TX 75080

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[www.friendsplaceads.com](http://www.friendsplaceads.com)

#### OCTOBER ENTERTAINMENT

Wednesday, Oct. 4 at 1:45 pm  
**Party with Marty Ruiz**

Wednesday, Oct. 11 1:45 pm  
**Brad Ackland sings your favs**

Thursday, Oct. 19 1:45 pm  
**Crooner Toney Walsh sings**

Monday, Oct. 23 1:45 pm  
**Norris Perry sings your favorites**

Tuesday, Oct. 31 1:45 pm  
**Birthday Party & Halloween  
Celebration with Big Daddy  
Larry Johnson...come dressed for  
a day of fun in your costume!**

#### EDUCATIONAL PROGRAM for ALZHEIMER'S/DEMENTIA CAREGIVERS

*Speaker and discussion each  
4th Thursday of the month*

**Thursday, October 26**

**2:00-3:30 pm**

**Pam Johnson  
Founder of Friends Place  
FACTS, FIBS & HALLUCINATIONS**

#### Caregiver's Resource Room

- Meetings are open to the public
- Please call for reservations
- Care & activities provided free of charge for attendees' loved ones

#### ONGOING PROGRAMS

**Mocktail Monday**, Oct. 9 & 23  
2nd/4th Mondays of the month

**Thirsty Thursday**, Oct. 5 & 19  
1st/3rd Thursdays of the month

**Spanish Made Simple**  
Mondays at 11:15 am

**Book Club** Tuesdays at 11:15 am

**SingFit** Music, Trivia, Movement  
M, W, Th at 11:15 am

**Midweek Devotionals**  
Thursday, Oct. 12 11:15 am  
Thursday, Oct. 19 11:15 am  
Thursday, Oct. 26 11:15 am

**Staycation Week**  
Starts 3rd Monday monthly  
**Heart of Texas Therapy Dogs**  
1st/3rd Thursday, 2nd/4th Friday  
October 5, 13, 19, 27

**Art Appreciation** on W/Th  
**Hospital Pillows** Service Project

#### MAKING A DIFFERENCE IN SO MANY WAYS!

About that temporary change in the foyer...our Friends Fall Fair photo booth is back by popular demand! Come in ready to say, "Cheese!" Photos will be printed & sent home. Also, don't miss our Friends Place Exhibit Hall, just like the one at the State Fair of Texas! Quilts, collections, painting, woodwork...anything you might show or view will be here. Stop by the office for more information, and drop by the living room and check it out! We look forward to a fantastic week of Fair Fun!

Join our team for the Dallas Chapter of the Alzheimer's Association's *Walk to End Alzheimer's* on Saturday, Oct. 7. Register on their website, or see Malissa for more information. If you would like to be a part of our team but are unable to walk with us, we are accepting donations in the front office.

It's almost time for Oktoberfest! It's a fun and easy night out, one you will enjoy! Invite your friends & family to join us on Friday, October 27 between 5:00 & 7:00 pm for brats & all the fixins. The fabulous entertainer accordionist Matt Tolentino will perform! Tickets available in front office, suggested donation \$10. Proceeds go to Dallas Area Parkinson's Association.

Friends Place is partnering with Cariloop for a Caregiver Symposium on Friday, Nov. 3. Several distinguished doctors from DFW, Friends Place founder Pam Johnson, and internationally renowned physician/author Dr. Anne Lipton will present the latest information in this truly encouraging and educational experience. Look for more information in the foyer.

## Caregiver's Support Groups Offered

- Meetings are open to the public.
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940.
- Please let anyone know who might benefit from these programs.

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### Alzheimer Association's Caregiver Support Group Meeting

2nd Thursday of each month

**Oct. 12 2:00-3:30 pm**

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

**Oct. 4 5:00-7:00 pm**

Light supper provided

Thank you to Hope Self of Accapella Home Care  
for providing last month's supper!

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### Men-Only Support Group

1st and 3rd Thursday of each month

**Oct. 5 & 19 2:00-3:30 pm**

This specialized group addresses unique  
concerns of men in the caregiver role.

Please call George Davis for more information.

972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday of each month

**Oct. 24 2:00-3:30 pm**

**\*\*Please note the time change!\*\***

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

**Oct. 3 & 17 2:00-3:30 pm**

Addressing the distinct challenges and issues  
caregiver wives face as relationships evolve.

## Welcome New Members!

Chris Knox

Fran Kawamura

Brittany Graves (staff)

Jim Fox

Linda Javins

Eleanor Drake

## Happy October Birthdays!

1	Betty Archer
1	Danielle Yarde (staff)
1	Brittany Graves (staff)
11	Dee Gleber
18	Joyce Lucido
18	Andrea Bara (staff)
18	Chris Knox
25	Tom Ball
27	Mark Taylor
28	Daisy Watts
28	Johnnie Luna
31	Linda Novak

## October Volunteer of the Month

A big shout out & a huge dose of gratitude to Friends Place Volunteer of the Month Lawrence Watson. We so appreciate his assistance with the dominoes groups and on specific projects such as taking on the long-overdue update of the songbooks. He's terrific!

## Staycation Germany!

Bratwurst, sauerkraut, beer, potato salad, (hot, of course), lively accordion music, and lots & lots of fun. Join us for October's exciting staycation as we journey through the beautiful countryside, small villages, and cosmopolitan cities in Germany. Join us as we explore this country's history and it's joyous, celebratory, and hopeful peoples. We will culminate our celebration with OKTOBERFEST, which we will be celebrating on Friday, October 27 with our members, friends, and family. Fantastic, yummy fun for a good cause!