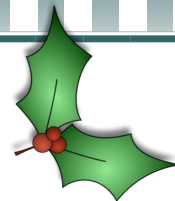


## FRIENDS PLACE CAREGIVER'S NEWSPAGE DECEMBER 2017



1960 Nantucket, Richardson, TX 75080  
www.friendsplaceads.com

Phone 972-437-2940 Fax 972-437-2953  
For information, photos, and events, 'Like us' on Facebook!

### DECEMBER ENTERTAINMENT

F	1	10:45am	Berkner High Christmas Choir
		1:30pm	Plano Sr. High Chamber Choir
M	4	1:45pm	Larry Johnson sings your favorites
W	6	11:00am	Texas Winds
Th	7	1:45pm	Entertainer Marty Ruiz performs
F	8	11:00am	Madame Poole Ballet Performance
M	11	3:30pm	Caroling w/local Brownie Troop
T	12	11:15am	Hanukkah Celebration
		1:45pm	Singer Norris Perry
M	18	11:00am	Class Act Tap Holiday Performance
W	20	1:45pm	Birthday Party w/Tony Walsh

### ALZHEIMER'S/DEMENTIA CAREGIVERS

#### EDUCATIONAL PROGRAM

*Speaker and discussion each  
4th Thursday of the month*

**2:00-3:30 pm**

#### Caregiver's Resource Room

- Meetings are open to the public
- Please call for reservations
- Care & activities provided free of charge for attendees' loved ones

#### 12/14 Holiday Social

Members of all groups welcome!

#### 1/26 Dr. Jack Bodie, DDS

\*Understanding the issues & importance of maintaining dental & oral health

#### 2/22 Paul Chafetz, Ph.D.

\*Geriatric Psychologist: Concerns about abilities, emotions, & behaviors

### ONGOING PROGRAMS

#### Mocktail Monday

None this month

#### Thirsty Thursday, Dec. 7 & 21

1st/3rd Thursdays of the month

#### Spanish Made Simple

Mondays at 11:15 am

**Book Club** Tuesdays at 11:15 am

**SingFit** Music, Trivia, Movement  
Wednesday & Thursday at 11:15 am

#### Midweek Devotionals

1st/3rd Thursday, Dec. 7 & 21  
at 11:15 am

#### Staycation Week

None this month

#### Heart of Texas Therapy Dogs

Thursday, Dec. 7 & Friday, Dec. 15

**Art Appreciation** on W/Th

**Hospital Pillows** Service Project

### IMPORTANT END OF THE YEAR HOUSEKEEPING

As we finish 2017, please take a few moments to check a few things off the list:

- **PLEASE UPDATE ANY CHANGES:** Any new home or cell phone numbers, email addresses, emergency contacts, etc. This is SO IMPORTANT in case of emergency!
- **INCLEMENT WEATHER DAYS:** We follow the Richardson Independent School District. If they aren't open, we aren't open. If they have a delayed start, we have a delayed start.
- Check the **LOST AND FOUND** for any items that might be yours. Any leftover items will be donated.
- Don't forget to **book** those holiday manicure/pedicures, shaves, and hair **appointments!**
- Pick up your holiday packet and **ENJOY TOGETHER!** It is filled with interesting, fun, and fabulous activities designed to warm your hearts and minds and keep you entertained over the winter break!
- Please know how grateful we are for **YOU!** Your devotion and dedication to learning, adapting, and meeting the changing needs of your loved one is uplifting and inspirational. We are honored that you have chosen us to travel alongside during your journey.

## Caregiver's Support Groups Offered

- Meetings are open to the public.
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940.
- Please let anyone know who might benefit from these programs.

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### Alzheimer Association's Caregiver Support Group Meeting

2nd Thursday of each month

Holiday Social for ALL support group members

Dec. 14 2:00-3:30 pm

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

Dec. 6 5:00-6:30 pm

Holiday Social off-site. Check your email  
for details and directions!

Thank you to Heritage Keepers for  
providing last month's supper!

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### Men-Only Support Group

1st and 3rd Thursday of each month

Dec. 7 & 21 2:00-3:30 pm

This specialized group addresses unique  
concerns of men in the caregiver role.  
Please call **George Davis** for more information.

972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month, No December meeting

2:00-3:30 pm

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

Dec. 5 & 19 2:00-3:30 pm

Addressing the distinct challenges and issues  
caregiver wives face as relationships evolve.

## Blessed, Blessed, Blessed!

A very heartfelt note of appreciation for the folks who give so generously of their time & talents throughout the year. To Cindy Cramer, Daniel Collins, the Jesuit boys, the lovely ladies of Altrusa, Mary Cooley, the university students, Chase Oak Church Lifegroups, Home Depot's outreach team, all support group meals donators...you mean more than you can know, and we thank you all!

And, y'all...how about this amazing Friends Place staff!?!? What a wonderful group of fun, interesting, smart, kind, generous, loving, caring people. We're truly blessed and appreciate the devotion and talents that each person brings every day. Thanks to each and every one!

## Happy, Happy, Happy December Birthdays!

2	Richard LeRoux
11	Larry Ferguson
12	Jim Fox
13	Mathew Liptoi
14	Richard Rose
19	Richard Mick
24	Clarke Shupp
26	Jo Ferguson
29	Laura Hatfield (staff)

## Welcome to New Friends Place Members

Helen Adams, Bob Zwanziger, Joe McCoy

*Season's greetings to you this year!*

*Peace to all, both far and near.*

*Prayers for your good health and cheer.*

*Wishing very rich blessings for you*

*and for those you hold dear.*

*To our wonderful friends and families,*

*We wish you a lovely, safe, peaceful, and*

*fulfilling holiday season & new year!*

*Happy, Happy Holidays!*

*With love from your Friends Place staff*