



FRIENDS PLACE CAREGIVER'S NEWSPAGE

JANUARY 2018

Phone 972-437-2940

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1960 Nantucket Drive

Richardson, TX 75080

For info & pix 'like' us on Facebook!

www.friendsplaceads.com

INCLEMENT WEATHER DAYS: We follow the same schedule as the Richardson Independent School District.

JANUARY ENTERTAINMENT

Th	4	11:45am	Heart of Texas Therapy Dogs
F	5	1:45pm	Big Daddy Larry Johnson sings
T	9	11:00am	Texas Winds Sentimental Journey
T	16	1:45pm	Experience the Drum
Th	18	11:45am	Heart of Texas Therapy Dogs
F	19	1:30pm	Entertainer Marty Ruiz
M	22	1:45pm	Norris Perry performs
W	31	1:45pm	Crooner Toney Walsh

ALZHEIMER'S/DEMENTIA CAREGIVERS EDUCATIONAL PROGRAM

*Speaker and discussion each
4th Thursday of the month*

2:00-3:30 pm

Caregiver's Resource Room

- Meetings are open to the public
- Please call for reservations
- Care & activities provided free of charge for attendees' loved ones

1/25 Dr. Jack Bodie, DDS

*Understanding the issues & importance
of maintaining dental & oral health

2/22 Paul Chafetz, Ph.D.

*Geriatric Psychologist: Concerns about
abilities, emotions, & behaviors

***Author discussion and book signing!**

*Author of new release:

Loving Hard-to-Love Parents

ONGOING PROGRAMS

Mocktail Monday, 4:00 pm

2nd/4th Mondays of the month
Jan. 8 & 22

Thirsty Thursday, 4:00 pm

1st/3rd Thursdays of the month
Jan. 4 & 18

Spanish Made Simple

Mondays at 11:15 am

Book Club Tuesdays at 11:15 am

SingFit Music, Trivia, Movement
Wednesday & Thursday at 11:15 am

Midweek Devotionals, 11:15 am
1st/3rd Thursday, Jan. 4 & 18

Staycation Week

Week of Third Monday of month

Art Appreciation on W/Th

Hospital Pillows Service Project
W/F

FAMILY & FRIENDS PLACE CONNECTIONS

Families are spread far and wide these days, and are always looking for ways to stay connected and close. Do you and your extended family and friends ask about what Mom/Dad/Grandma/Grandpa is up to? We have easy to access solutions that truly help! Use technology to keep the family informed. Encourage everyone to check us out on Facebook (Be sure to 'Like' us, and pass the word!) and also on our website, www.friendsplaceads.com. Use these resources on a regular basis in several ways:

- For up-to-the-minute information, of course! You will find the latest updates, events, blogs, photographs, calendar, menu, and helpful links.
- As a springboard to interesting activities to do together. Look for posted brain games, story starters, jokes, and other activities to share when you are at home.
- And, for conversation starters, where people can find a common subject to mention and extend. (Examples: "What a great photo of you at the Thanksgiving luncheon! I always loved it when we made pies together..." OR "We always loved caroling together! Let's sing some songs...") Please understand, it isn't a 'quiz' to see if they remember daily activities...this is a way to help connect, especially when you don't see loved ones daily.

Caregiver's Support Groups Offered

- Meetings are open to the public.
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940.
- Please let anyone know who might benefit from these programs.

Alzheimer Association's Caregiver Support Group Meeting

2nd Thursday of each month

Jan. 11 2:00-3:30 pm

Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

Jan. 3 5:00-6:30 pm

Thank you to Robin Fair for hosting the fabulous holiday party!

Men-Only Support Group

1st and 3rd Thursday of each month

Jan. 4 & 18 2:00-3:30 pm

This specialized group addresses unique concerns of men in the caregiver role. Please call **George Davis** for more information.
972-900-9774

Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month

Jan. 23 2:00-3:30 pm

Wives-Only Support Group

1st and 3rd Tuesdays of the month

Jan. 2 & 16 2:00-3:30 pm

Addressing the distinct challenges and issues caregiver wives face as relationships evolve.

Caregiver Corner

Don't miss the Friends Place 2018 Caregiver Support Group Speaker Series! Top-notch, well-respected, esteemed presenters will speak on issues and give important information that is pertinent, helpful, and can make a genuine, positive difference in day-to-day life for you and your loved ones. Meetings are held on the fourth Thursday of the month from 2:00-3:30 pm. Care is provided for free, with reservations. Please call 972-437-2940. Please pass the word and help a friend who might benefit from this information.

Happy January Birthdays!

3	Ken Weatherwax
11	Malissa Cestari (staff)
12	O.L. Thompson
16	Alan Levine
23	Roger Holmes
30	Sandy Kniffen (staff)

Welcome to New Friends Place Members

John Leaf
Rick Houghland
Alan Levine
David Rose
Eda Martin

Valentine's Day Celebration

Wednesday, February 14th at 1:45 pm

Special Musical Entertainer

DOC GIBBS

*Book the date on your
February calendar!*

*Sweet treats &
refreshments*