



## March 2018 Friendsplace Caregiver's NewsPage



Phone 972-437-2940

Fax 972-437-2953

1960 Nantucket Drive

Richardson, TX 75080

For info & pix 'like' us on Facebook!

[www.friendsplaceads.com](http://www.friendsplaceads.com)

**INCLEMENT WEATHER DAYS:** We follow the same schedule as the Richardson Independent School District.

### MARCH ENTERTAINMENT

Th	1	11:15am	Midweek Devotionals
		11:45am	Heart of Texas Therapy Dogs
W	7	11:00am	Texas Winds: Viola & Guitar
		1:45pm	Entertainer Tommy Ray
Th	8	4:00pm	Thirsty Thursday Happy Hour
F	9	11:45am	Heart of Texas Therapy Dogs
M	12	1:45pm	Crooner Toney Walsh sings
		4:00 pm	Mocktail Monday Happy Hour
Th	15	11:15am	Midweek Devotionals
F	16	1:45pm	St. Patty's Day/Tunes with Tara
T	20	11:15am	Cloghopper Tap Dancers
Th	22	1:45pm	Marty Ruiz performs
M	26	4:00pm	Mocktail Monday Happy Hour
W	28	1:45pm	Bday party w/ Larry Johnson

We are so happy to announce that this February, we enjoyed the inaugural kick-off of our

### FRIENDS PLACE SPEAKER SERIES

We welcomed the **Dallas Police Department's Senior Corporal Officer Ruthie Lambert** and her patrol partner of two years

### Police Officer Omari Artist

Part of DPD's finest, they filled us in on the many hats required to successfully do their jobs, and the joys, challenges, & meaningful difference that keeps them going.

So interesting! We so appreciate them!



### ALZHEIMER'S/DEMENTIA CAREGIVERS EDUCATIONAL PROGRAM

We are very excited to welcome

### Elderlaw Attorney Susan Barnett

Haiman Hogue Law Firm

### *Seven Documents Every Adult Should Have*

Thursday, March 22 2:00-3:30 pm

**Meetings are open to the public**

Caregiver's Resource Room

**Mark your calendar for our upcoming speakers!**

APRIL: Care Manager Angela Thomas  
Caring With Grace

MAY: Steve Roland  
Guilt and Caring

**Care is provided for free, with reservations.**

**Please call 972-437-2940**

### *Employee Appreciation Day*

The first Friday in March is nationally designated as a day to recognize business employees. Here at Friends Place, we are blessed with more than just employees. We're part of a close-knit family which includes you, your family, and most especially, your loved one.

Our employees' dedication, upbeat energy, love, enthusiasm, & willingness to learn and adapt for each individual have proven paramount to the outstanding, caring, person-centered service our members are privy to. It is truly an honor to work alongside them.

Please join me in extending a grateful, heartfelt hand of appreciation to each of our terrific staff members here. They are amazing, and definitely go above and beyond for each and every one of us!



**Caption describing picture or graphic.**

## Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful

to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find “filler” articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you’re finished writing your newsletter, convert it to a Web site and post it.

## Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your

customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice

column, a book review, a letter from the president, or an editorial. You can also profile new employees or top customers or vendors.

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*“To catch the reader's attention, place an interesting sentence or quote from the story here.”*

## Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you’re trying to convey. Avoid selecting images that appear to

be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the

article. Be sure to place the caption of the image near the image.



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## Caregiver's Support Groups Offered

- Meetings are open to the public
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940
- Please let anyone know who might benefit from these programs

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### Alzheimer Association's Caregiver Support Group Meeting

2nd & 4th Thursday of each month

**March 8 & 22 2:00-3:30 pm**

Discussion groups second Thursday of the month, speaker meetings fourth Thursday  
Call Jackie or Jane for more info 972-437-2940

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

**March 7 5:00-6:30 pm**

Thank you to Arden Courts for providing the light dinner for the last meeting!  
Call Jane for more info 972-437-2940

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### Men-Only Support Group

1st and 3rd Thursday of each month

**March 1 & 15 2:00-3:30 pm**

This specialized group addresses unique concerns of men in the caregiver role.  
Call George Davis for more info 972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month

**March 27 2:00-3:30 pm**

Call Jackie for more info 972-437-2940

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

**March 6 & 20 2:00-3:30 pm**

Addressing the challenges caregiver wives face  
Call Jackie for more info 972-437-2940

## Happy March Birthdays!



5	Gina Good
7	Teresa Bejar
9	Paul Creason
10	Stu Johnson
15	David Rose
19	Jane Kovacs (staff)
23	Bob Camplen
25	Linda McCormick
29	Claire Iwuoha (staff)

## Welcome new Friends Place Members

Amy Osler Bill Sarver Vernon Couch



Gene Stucker Teresa Bejar



Fred Smitham David Blair



Thanh Cung Judith Kimbriel



## An Old Irish Blessing

May love and laughter light your days,

And warm your heart and home.

May good and faithful friends be yours,

Wherever you may roam.

May peace and plenty bless your world

With joy that long endures.

May all life's passing seasons

Bring the best to you and yours.

