



## March 2018 Friendsplace Caregiver's NewsPage



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1960 Nantucket Drive

Richardson, TX 75080

For info & pix 'like' us on Facebook!

[www.friendsplaceads.com](http://www.friendsplaceads.com)

**INCLEMENT WEATHER DAYS:** We follow the same schedule as the Richardson Independent School District.

### MARCH ENTERTAINMENT

Th	1	11:15am	Midweek Devotionals
		11:45am	Heart of Texas Therapy Dogs
W	7	11:00am	Texas Winds: Viola & Guitar
Th	8	4:00pm	Thirsty Thursday Happy Hour
F	9	11:45am	Heart of Texas Therapy Dogs
M	12	1:45pm	Crooner Toney Walsh sings
		4:00 pm	Mocktail Monday Happy Hour
Th	15	11:15am	Midweek Devotionals
F	16	1:45pm	St. Patty's Day/Tunes with Tara
T	20	11:15am	Cloghopper Tap Dancers
Th	22	1:45pm	Marty Ruiz performs
		4:00pm	Thirsty Thursday Happy Hour
M	26	4:00pm	Mocktail Monday Happy Hour
W	28	1:45pm	Bday party w/ Larry Johnson

We are so happy to announce that this February, we enjoyed the inaugural kick-off of our

### FRIENDS PLACE SPEAKER SERIES

We welcomed the **Dallas Police Department's Senior Corporal Officer Ruthie Lambert** and her patrol partner of two years

### Police Officer Omari Artist

Part of DPD's finest, they filled us in on the many hats required to successfully do their jobs, and the joys, challenges, & meaningful difference that keeps them going.

So interesting! We so appreciate them!



### ALZHEIMER'S/DEMENTIA CAREGIVERS EDUCATIONAL PROGRAM

We are very excited to welcome

### Elderlaw Attorney Susan Barnett

Haiman Hogue Law Firm

### *Seven Documents Every Adult Should Have*

Thursday, March 22 2:00-3:30 pm

**Meetings are open to the public**

Caregiver's Resource Room

**Mark your calendar for our upcoming speakers!**

APRIL: Care Manager Angela Thomas  
Caring With Grace

MAY: Steve Roland  
Guilt and Caring

**Care is provided for free, with reservations.**

**Please call 972-437-2940**

### *Employee Appreciation Day*

The first Friday in March is nationally designated as a day to recognize business employees. Here at Friends Place, we are blessed with more than just employees. We're part of a close-knit family which includes you, your family, and most especially, your loved one.

Our employees' dedication, upbeat energy, love, enthusiasm, & willingness to learn and adapt for each individual have proven paramount to the outstanding, caring, person-centered service our members are privy to. It is truly an honor to work alongside them.

Please join me in extending a grateful, heartfelt hand of appreciation to each of our terrific staff members here. They are amazing, and definitely go above and beyond for each and every one of us!



## Caregiver's Support Groups Offered

- Meetings are open to the public
- Loved ones can attend activities free of charge during meetings, with reservations. Please call 972-437-2940
- Please let anyone know who might benefit from these programs

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### Alzheimer Association's Caregiver Support Group Meeting

2nd & 4th Thursday of each month

**March 8 & 22 2:00-3:30 pm**

Discussion groups second Thursday of the month, speaker meetings fourth Thursday  
Call Jackie or Jane for more info 972-437-2940

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

**March 7 5:00-6:30 pm**

Thank you to Arden Courts for providing the light dinner for the last meeting!  
Call Jane for more info 972-437-2940

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### Men-Only Support Group

1st and 3rd Thursday of each month

**March 1 & 15 2:00-3:30 pm**

This specialized group addresses unique concerns of men in the caregiver role.  
Call George Davis for more info 972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month

**March 27 2:00-3:30 pm**

Call Jackie for more info 972-437-2940

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

**March 6 & 20 2:00-3:30 pm**

Addressing the challenges caregiver wives face  
Call Jackie for more info 972-437-2940

## Happy March Birthdays!



5	Gina Good
7	Teresa Bejar
9	Paul Creason
10	Stu Johnson
15	David Rose
19	Jane Kovacs (staff)
23	Bob Camplen
25	Linda McCormick
29	Claire Iwuoha (staff)



## Welcome new Friends Place Members

Amy Osler Bill Sarver Vernon Couch



Gene Stucker Teresa Bejar



Fred Smitham David Blair



Thanh Cung Judith Kimbriel

## An Old Irish Blessing

May love and laughter light your days,  
And warm your heart and home.

May good and faithful friends be yours,  
Wherever you may roam.

May peace and plenty bless your world  
With joy that long endures.

May all life's passing seasons  
Bring the best to you and yours.

