



## August 2018 Friends Place Caregiver's News

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1960 Nantucket Drive  
Richardson, TX 75080

For info & pix 'like' us on Facebook!  
[www.friendsplaceads.com](http://www.friendsplaceads.com)

*Please note, we will be closed Monday, September 3 for Labor Day.*

### Second Half of 2018 at Friends Place. ..Finishing Strong!

*With such a lively first half of the year, what might the rest of 2018 bring?  
We have PLENTY of excitement, opportunity, & laughter in store!*

- Aloha! Pull out those grass skirts, coconut tops and floral leis for **Staycation Hawaii!** Throw in some cool hula, Elvis, Graceland, and a Sock Hop, add a dash of 'Nothin But a Hound Dog' during the Dog Days of Summer, and we'll be "All Shook Up" this August!
- Our much-anticipated **Friends Fall Festival**, held in conjunction with the first week of the State Fair of Texas, is action packed with guests performers, country music, fair foods, cake walks and our own midway games. One time, a visiting chicken laid an egg, which started some interesting discussions! SO. MUCH. FUN.
- The Alzheimer's Association's annual **Walk to End Alzheimer's** will be held Saturday, October 13 in downtown Dallas. Friends Place has a wonderful team made up of current & past families, their friends, loved ones, and our fabulous staff. **PLEASE JOIN US!** Be a team member, even if you are unable to walk! Just sign up then ask for people to donate to the FP team in your name. For more info, email our captain, staff member Malissa Cestari, at [fpalzwalk@gmail.com](mailto:fpalzwalk@gmail.com), or call 972-437-2940.
- November brings a very special event when we honor those who have served in the military during our **Veterans Day Salute**. This is a classy, personalized, heartfelt ceremony, one which we are proud to be able to sponsor for our veterans and their families.
- Our savory, sweet, and oh-so-delicious traditional **Thanksgiving Luncheon**, held every year the day before the "real" day, is quite a treat. This event is a true favorite of the staff, were we pause to focus on our blessings, opportunities, families, and friends.
- Closing out the year is our month-long celebration of holiday fun and traditions from around the world. We love to celebrate the special season with you and yours!

*Plan ahead for end of year closures: Thanksgiving break, Thurs/Friday, Nov 22/23. Holiday break weeklong closure starting Monday, December 24, reopening Wednesday, January 2, 2019.*

### Happy August Birthdays!

- |    |                       |
|----|-----------------------|
| 1  | Carl Neel             |
| 3  | Cindy Blankenship     |
| 15 | Kathleen Crowe        |
| 16 | Larry Browndyke       |
| 17 | Leanne Yarrow (staff) |
| 22 | Jane McManus          |
| 23 | Nita Pogue            |
| 25 | Francis Knapp         |
| 27 | Willie Duck           |



### Warm Welcomes to...

Cindy Blankenship  
Jane McManus  
Peter Fries  
Terry Case  
James Brey  
Patty Mustin  
Geneva Biggers  
Nancy Darley  
Frank Lynch  
Joan Roebuck

## Caregiver's Support Groups Offered

- Meetings are open to the public, please let anyone know who might benefit
- Loved ones can attend activities free of charge during meetings. Call 972-437-2940 to reserve.

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### Alzheimer Association's Caregiver Support Group Meeting

Discussion groups 2nd Thursday of the month  
Speaker meetings 4th Thursday

**August 9 & 23 2:00-3:30 pm**

**Danny Mack of the Alzheimer's Association**

### *Stress Management*

Call Jackie or Jane for more info 972-437-2940

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### Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

**August 1 5:00-6:30 pm**

Light dinner provided

**Check email/call Jane for more info 972-437-2940**

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### Men-Only Support Group

1st and 3rd Thursday of each month

**August 2 & 16 2:00-3:30 pm**

This specialized group addresses unique concerns of men in the caregiver role

Call George Davis for more info 972-900-9774

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### Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month

**August 28 2:00-3:30 pm**

Call Jackie for more info 972-437-2940

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### Wives-Only Support Group

1st and 3rd Tuesdays of the month

**August 7 & 21 2:00-3:30 pm**

Addressing the challenges for caregiver wives

Call Jackie for more info 972-437-2940



## August Calendar

Th	2	Midweek Devotional	11:15 am
		Heart of Texas Therapy Dogs	11:45 am
		Thirsty Thursday Happy Hour	4:00 pm
M	6	Mocktail Monday Happy Hour	4:00 pm
F	10	Heart of Texas Therapy Dogs	11:45 am
		Entertainer Tony Macaroni	1:45pm
W	15	We're holding a Sock Hop with fun entertainer, Tara!	1:45 pm
Th	16	Midweek Devotionals	11:15 am
		Thirsty Thursday Happy Hour	4:00 pm
	20-24	Aloha to Staycation Hawaii Week!	
M	20	Mocktail Monday Happy Hour	4:00 pm
Th	23	Hawaiian Hula Dancer	1:45pm
W	29	Texas Winds "Hootenanny!"	11:00 am
Th	30	August Birthday Party with the Fabulous Entertainer Norris Perry	1:45 pm
W/F		Volunteer Service Project: Making	
M-F		Pillows & Quilts for hospitals	Held @ various times throughout the week
		Arts, Gardening, Crafts, Singfit Music, Book Club, & Spanish Made Simple	

## Volunteer Cindy Cramer



We want to recognize weekly volunteer *Cindy Cramer* for over **FIVE YEARS** of devoted

service to our Sewing Circle. Her welcoming smile, helpful nature, and gentle words of encouragement provide positive support for the members who participate. Staff person Laura Hatfield finds her assistance invaluable. "Cindy is simply awesome! We look forward to seeing her every week. Her sewing skills and compassion for others really shines through. We have great conversations and good laughs as a service group. With her assistance, we are able to complete many pillows and do quilts and other projects to donate to hospitals." Thank you, Cindy! We are all so grateful for your kind heart and loyal dedication.