

Monday	Tuesday	Wednesday	Thursday	Friday
Loaded Baked Potato With Turkey Chili Carrot Cascade Corn Bread Green Salad Gingerbread	1 Meatloaf Au gratin Potatoes Squash Capri Spinach Salad Peach Cobbler	3 BBQ Chicken Macaroni & Cheese Peas Cole Slaw Strawberry Shortcake	4 Big Tex Burgers Texas Tator Twisters Corn off the Cob Green Salad Blue Ribbon Apple Pie	5 State Fair Turkey Mashed Potatoes Broccoli Florets Caesar Salad Lemon Jell-O Cake
Beef Lasagna Italian Flat Beans Garlic Bread Caesar Salad Carrot Cake w/ Icing	8 Chicken Tenders w/ Honey Mustard Roasted Potatoes Broccoli Normandy Green Salad Brownies	9 Green Pepper Steak over Rice Eggroll Oriental Blend Vegetables Cup of Soup Orange Fluff	10 Parmesan Crusted Chicken Macaroni & Cheese Peas & Carrots Cole Slaw Fresh Baked Cookie	11 Pork Rib Patty Baked Beans Pasta Salad Spinach Salad Pineapple Upside down Cake
Cheddar Herb Chicken Twice Baked Potatoes Spinach Cole Slaw Tapioca	15 Baked Ham Au Gratin Potatoes Peas Caesar Salad So papilla Cheese Cake	16 Steak Fingers Mashed Potatoes & Gravy Squash Capri Spring Mix Salad Banana Pudding	17 Chicken Quesadilla Ranchero Beans Spanish Rice Cup of Tortilla Soup Brownies	18 Baked Fish Macaroni & Cheese Green Beans Cole Slaw Sherbet
Bratwurst over Sauerkraut Spätzle with Gravy Red Cabbage Spinach Salad Apple Cobbler	22 Cabbage Rolls Mashed Potatoes Carrot Cascade Caesar Salad Pound Cake w/ Toppings	23 Swiss Chicken Rice Pilaf Broccoli Coleslaw Black Forest Cake	24 Salisbury Steak Au gratin Potatoes Peas Spring Mix Salad Fresh Baked Cookie	25 Stuffed Green Pepper Corn Scandinavian Vegetables Green Salad Pumpkin Dessert
Shepherd's Pie Beets Corn Bread Caesar Salad Ambrosia	29 Baked Fish Rice Pilaf Spinach Green Salad Lemon Cake	30 "Halloween" Ghoulish Goulash Pumpkin Carrots Vampire Garlic Bread Swampy Spinach Salad Dirt w/Worms	31	

Friends Place Richardson
OCTOBER 2018

All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets-Table salt is not available

Menus approved by: _____ Date: _____