



September 2018 Friends Place Caregiver's News

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1960 Nantucket Drive
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For info & pix 'like' us on Facebook!
www.friendsplaceads.com



The Dallas Chapter of the Alzheimer's Association's
Annual Walk to End Alzheimer's
Saturday, October 13



Walk with us, or be a part of our team even if you are unable to walk!

Meet at our table on the plaza at Dallas City Hall

Sign up as a team member, then ask family and friends to donate in your name.
Donations accepted online or in front office.

For more info, please email Captain Malissa Cestari at:
fpalzwalk@gmail.com, or phone her here at 972-437-2940.

Gearing Up for an Active Fall!

It's the busiest, most fulfilling time of year, and we need your help!

October 1-5: It's our **Friends Fall Festival** And, we have our own **Exhibition Hall**, just like at the State Fair of Texas. YOU are invited to bring in your paintings, wood carvings, needlework, crafts, sample from a collection, or anything you'd like to display. This is always a blue ribbon fan favorite part of the week. See form in foyer for more information and let us know what you'll bring!

November 9: Salute to our Military Veterans...What an honor! This year's ceremony will most certainly be spectacular, with personal recognition for each of our vets. Veteran's families, please see form in foyer for information on how you can assist us in the hard work and preparation for this incredible event. Be sure to mark the date on your calendar and juice your camera for the occasion!

CAREGIVER NOTEBOOK CLASS

Tuesday, October 23



11:00 am-2:00 pm

\$25.00 Lunch and supplies provided

Such an important tool for you & your loved one! This notebook is a lifesaver at your fingertips, so handy for everyday issues, and absolutely invaluable should unexpected situations or emergencies arise. Always have that peace of mind that you're well-prepared for continuity of care in the least interruptive way possible. See Jane Kovacs for more information.
972-437-2940 or janekovacs@friendsplaceads.com

Warm Welcomes!

Gay Bassett

John Day

Ray Huebner

Roberta Crawford

Virginia Lopez

Raford Cade

Lindy Hempling

Norman Revelman

Pat Milligan

Ann Chandonia

Julio Gomez

Alyce Dawson

Happy Birthdays!

2 Gay Bassett

4 Kris Parkash

5 Mike Tabor

6 Terry Case

6 Pam Johnson (staff)

10 Jackie Betterley

12 Grover Jones

14 Quincy Adams

21 Cora Robinson

27 Jim Brey

28 Laura Davis

29 Bob Boisseau

Caregiver's Support Groups Offered

- Meetings are open to the public, please let anyone know who might benefit
- Loved ones can attend activities free of charge during meetings.



Call 972-437-2940 for reservation.

Alzheimer Association's Caregiver Support Group Meeting

Discussion groups 2nd Thursday of the month

Speaker meetings 4th Thursday

September 13 & 27 2:00-3:30 pm

Jeryn Laengrich of Cariloop

Vital Conversations

Call Jackie or Jane for more info 972-437-2940



Lewy Body Dementia Caregiver Support Group

1st Wednesday of each month

September 5 5:00-6:30 pm

Light dinner provided

Check email/call Jane for more info 972-437-2940

Men-Only Support Group

1st and 3rd Thursday of each month

September 6 & 20 2:00-3:30 pm

This specialized group addresses unique concerns of men in the caregiver role

Call George Davis for more info 972-900-9774

Frontotemporal Dementia (FTD) Caregivers Support Group

4th Tuesday/month

September 25 2:00-3:30 pm

Call Jackie for more info 972-437-2940

Wives-Only Support Group

1st and 3rd Tuesdays of the month

September 4 & 18 2:00-3:30 pm

Addressing the challenges for caregiver wives

Call Jackie for more info 972-437-2940

September Calendar

T	4	Performer Tommy Ray sings	1:45 pm
Th	6	Texas Winds Brass Quintet	11:00 am
		Midweek Devotional	11:15 am
		Heart of Texas Therapy Dogs	11:45 am
		Thirsty Thursday Happy Hour	4:00 pm
M	10	Mocktail Monday Happy Hour	4:00 pm
Th	13	Interactive Entertainer Marty Ruiz	1:45 pm
F	14	Heart of Texas Therapy Dogs	11:45 am
M	17	Big Daddy Larry Johnson performs	1:45 pm
Th	20	Midweek Devotionals	11:15 am
		Thirsty Thursday Happy Hour	4:00 pm
	17-21	Staycation ————— Week!	
M	24	Mocktail Monday Happy Hour	4:00 pm
W	26	September Birthday Party with the Crooner Toney Walsh	1:45pm
W/F		Volunteer Service Project: Making Pillows & Quilts for hospitals	Held @ various times throughout the week
M-F		Arts, Gardening, Crafts, Singfit Music, Book Club, & Spanish Made Simple	

Friends Place Staff Takes Center Stage!

With Stomping Ground Comedy Theater in Downtown Dallas as the setting, the Richardson and DeSoto Friends Place Staff members recently came together to experience one of our most interesting-and ACTIVE-continuing education sessions to date. The "Improv for Caregivers" class rang with laughter and hilarity while serious teambuilding exercises and best practices for caregivers were explored. Our fabulous staff devotes hours of "after-hours" training each year to ensure that our members will enjoy a most wonderful day in the most up-to-date, caring way.



Vida, Trudy, and Jane T. check in at Stomping Grounds Comedy Club for our continuing education class.