Friends Place Richardson

March 2019

All meals served with Iced Tea, Lemonade OR Water and Fresh Baked Bread unless otherwise indicated.
For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free dessert is offered. For no added salt diets-Table salt is not available.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Tenders Baked Potato Salad Broccoli Garden Salad Strawberry Shortcake
4 Swiss Chicken Rice Pilaf Peas Cole Slaw Pound Cake with toppings	**5** **MARDI GRAS** Chicken Gumbo Carrot Cascade Beets Corn Bread Garden Salad King Cake	**6** Baked Fish w/ tartrt sauce Au Gratin Potatoes Squash Capri Caesar Salad Orange Fluff	**7** Cheese Burger Roasted Potatoes Garden Vegetables Green Salad Ambrosia	**8** Grilled Cheese Sandwich Tomato Basil Soup Baked Chips Spinach Salad Carrot Cake
11 Cabbage Roll Mashed Potatoes Italian Flat Cut Beans Caesar Salad Apple Cobbler	**12** Parmesan Crusted Fish Roasted Sweet Potatoes Scandinavian Vegetables Cole Slaw Lemon Jell-O Cake	**13** Baked Ham w/ Pineapple Macaroni & Cheese Broccoli Garden Salad Brownies	**14** BBQ Chicken Twice Baked Potatoes Squash Capri Garden Salad Fresh Baked Cookie	**15** **St. Patrick's Day** Irish Baked Salmon Boiled Potatoes Peas & Carrots Irish Soda Bread Shamrock Salad Pistachio Fluff
18 Chicken Quesadilla Mexican Rice Corn Soufflé Garden Salad w/ Avocado So papilla cheesecake	**19** Beef & Macaroni Beets Corn Bread Spinach Salad Chocolate Cake with Cream Cheese Frosting	**20** **Taste of Ireland** Bangers and Mash Cabbage Caesar Salad Eve's Pudding	**21** Salisbury Steak Scalloped Potatoes Peas Garden Salad Banana Pudding	**22** Vegetable Lasagna Italian Flat Beans Garlic Bread Coleslaw Pineapple Upside down cake
25 Meatloaf Au Gratin Potatoes Garden Vegetables Spinach Salad Chocolate Pudding	**26** Garlic Herbed Chicken Macaroni & Cheese Squash Capri Garden Salad Strawberry Cake	**27** Stuffed Bell Peppers Corn Cascade Carrots Garden Salad Cheese Cake with Cherry Topping	**28** Chicken Parmesan With Spaghetti Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie	**29** Baked Fish Rice Pilaf Scandinavian Vegetables Spinach Salad Apple Cobbler

Menus approved by: _____ Date:_____