



## Friends Staff

Jane Kovacs

Jackie Coalter

Claire Iwuoha

Trudy Hardy

Malissa Cestari

Leanne Yarrow

Lisa Bonner

Christopher Laudon

Mary Dennison

Jane Tucker

Sandy Kniffen

Danielle Yarde

Laura Hatfield

Andrea Bara

Heather Brackett

Bill Ferguson

Brittany Graves

Gayle Rumbeck

## We're making it a Marvelous March!

M	4	Mocktail Monday	4:00 pm
T	5	Celebrating Mardi Gras!	All day
W	6	Sing & Dance with Entertainer Tommy Ray	1:45 pm
Th	7	Midweek Devotionals Heart of Texas Therapy Dogs	11:15 am 11:45 am
F	8	Heart of Texas Therapy Dogs	11:45 am
T	12	Performer Norris Perry sings	1:45 pm
Th	14	Texas Winds: Paul Deemer Thirsty Thursday	11:00 am 4:00 pm
M	18	Mocktail Monday	4:00 pm
W	20	Staycation Day: Let's visit Ireland! Class Act Tap Dancers	1:45 pm
Th	21	Midweek Devotionals	11:15 am
Th	28	MLB Opening Day-Wear your favorite team's gear! Birthday Party with Tony Macaroni	1:45 pm

## Kindness Action Ninja's "Treats for Troops"

We are proud to partner during March with the Richardson Chapter of Altrusa International in collecting contributions for care packages in their Kindness Action Ninja "Treats for Troops" program. These will go to deployed military troops who don't often receive mail from home.

We are specifically collecting: chips in canisters such as Pringles, 6 & 8 multi-packs of small cereal boxes (like Cheerios, Trix, etc.), individual packets of hot sauce, mustard, relish, and ketchup, Slim Jim's or similar individually-packaged beef, non-perishable beef jerky, or beef summer sausage (NO PORK-make sure the meat is labeled USDA Beef), toothbrush, toothpaste, dental floss/picks, cotton swabs, batteries (AA & D, NO LITHIUM), crosswords/word searches & paperback books. Items may be dropped off in the collection box in the foyer.

For tax-deductible monetary donations, checks may be made payable to Altrusa International of Richardson Foundation, Attn: KAN project. Checks may be dropped off in our front office and will be delivered to Altrusa at the end of the month.

## Caregiver's Support Groups

Open to the public. Care usually available at no charge with reservation. For more information call 972-437-2940.

### Lewy Body/Frontotemporal Dementia Caregiver's Support Group meets 1<sup>st</sup> Monday/month

March 4 4:00-5:30 pm

### Wives' Support Group meets 1<sup>st</sup> & 3<sup>rd</sup> Tuesday/month

March 5 & 19 2:00-3:30 pm

### Men as Caregivers Support Group 1<sup>st</sup> & 3<sup>rd</sup> Thursdays/month

March 7 & 21 2:00-3:30 pm

### Alzheimer's Association's Caregiver's Support Discussion group, 2<sup>nd</sup> Thursday/month

March 14 2:00-3:30 pm

### Guest speaker, 4<sup>th</sup> Thursday/month

Geriatric Social Worker Patricia Dickson, Ph.D., LCSW

"What to Do When You Need Help"

March 28 2:00-3:30 pm

### Caregiver's Coffee Chat, 2<sup>nd</sup> Monday/month

March 11 9:30-10:30 am

Drop off your loved one at Friends Place & join us!

Love U A-Latte, 541 W. Campbell Ste 125

## Happy Birthday!

Gina Good	5
Terry Pickard	6
Paul Creason	9
Jane Kovacs (staff)	19
John Day	23
Geneva Biggers, Betty Richards	28
Claire Iwuoha (staff)	29
Gary Williams	30
Fred Roebuck	31

We're wishing you the very best!

## We warmly welcome you!

Jackie Gibbs	Norma Phillips
Christene Ross	Felix Jimenez
Tony Mitchell	K. Moore
Ray Walker	Jim Lawrence
Bill Norris	

## Celebrating LOVE: Valentine's Day, 2019!

♥ What a divine day, and making it even more so, our special neighbor, **PAM PURDOM**, started it off by hand delivering flowers to arriving members & their families. This lovely lady helped get chocolate and dip those delicious chocolate covered strawberries served that evening, too. Thank you, Pam for having such a kind heart for others!

**THANK YOU** to the many without whom this wonderful Valentine's Gala evening would not have been possible. ♥ Thanks to **ATRIA, MONTICELLO, OXFORD GLEN, and HARBOR CHASE MEMORY CARE CENTERS, & PAUL MARKOWITZ of SENIOR LIVING SPECIALISTS** for the generous food donations and the lovely, fun balloon bouquets.

♥ We so appreciate our family volunteers, **MARSHALL KOVACS** as photographer and **JANE PETERSON's** many dedicated hours of decorating expertise!

♥ **DOC GIBBS**, no one tickles the ivories quite like you! So glad you and your lovely bride could be here.

♥ The photo booth, draped ceiling, florals, candles, & lighting all created such a beautiful setting. Thanks to **DANIELLE** for her technical know-how, to **JANE T, MALISSA, JACKIE, & LEANNE** for food coordinating, supplies, decorations, and after-hours preparations. **CHRIS**, you make a great 'bartender'! **SANDY, ANDREA, BILL**--we couldn't have done it without you! You are amazing! Much gratitude to all who stayed to clean up after & helped tear down the next day. And of course, a *big* round of applause to our fearless leader, the divine **JANE KOVACS**, for the love, the valet parking and *most* of all, for spearheading this very heartfelt, delightful event.

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