



# Friends News



1232 W. Beltline, Desoto, Tx 75115

(972)274-2484

Fax (972)274-0002

www.friendsplaceads.com

## May Happenings

### Musical Magic

|            |                 |       |
|------------|-----------------|-------|
| Mon May 13 | Golden Voices   | 10am  |
| Tue May 14 | Senior Prom     | 2 pm  |
|            | Memories        |       |
|            | With Ben Myers  |       |
| Wed May 22 | John Goodwin    | 2 pm  |
| Tue May 28 | Norris Perry    | 11:30 |
| Fri May 24 | Desoto Steppers | 2 pm  |

### Special Events

|            |                       |          |
|------------|-----------------------|----------|
| Fri May 3  | Cinco De Mayo         | 10 am    |
|            | Celebration           |          |
| Mon May 20 | Week of Wild West     | All week |
|            | Staycation to         |          |
|            | Wyoming               |          |
| Mon May 20 | Art Lessons with June | 10 am    |
| Thu May 23 | Zeta Sorority         | 2 pm     |

### Health Happenings

|               |                |       |
|---------------|----------------|-------|
| Every Wed     | Chair Tai Chi  | 11:30 |
| M, T, Th, Fri | Chair Exercise | 11:30 |

## Support Group at Friends Place

### Alzheimer's Caregiver Support Group

Support Group held the  
2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of each month.

**NOTICE: This month only  
Speaker is on 2<sup>nd</sup> Tuesday**

Date: Tuesday, May 14

Time: 2:00 -3:30 p.m.

Topic: Financial and Medicare Fraud

Gretchen Feinhals,  
Director Senior Source

Date: Tuesday, May 28th

Time: 2:00-3:00 p.m.

Topic: General Discussion

Activities for your loved one  
At no charge with advanced notice.  
Call 972.274.2484

## *Mother's Day Luncheon and Style Show*

Date: Friday, May 10, 2019

Time: 12:00-2:00 p.m.

Friends Place Adult Day Services

1232 W. Beltline Rd. Desoto, Texas 75115

972-274-2484

Please join us for another fun day celebrating women everywhere. Morgan Hart with Southern Harts will be here showcasing all the great jewelry by Paparazzi!

R.S.V.P. by May 6 is a must! Call 972-274-2484

Door Prizes, lunch, shopping..... Sounds like fun to me!!!

**Parking Notes:** We are partnering with Vision of Valley (aka Rosemary and Steve) and the metro Fellowship Church to provide parking and shuttle service. Parking available at 1136 W. Beltline – across the big field next to Friends Place. Shuttle will bring you to / from Friends Place.



**Birthday Wishes to:**

Dorothy E. – May 8  
Tom G. – May 10  
Phillip B. - May 12  
Ralph B. – May 17  
Doug I. – May 21  
Jessie M. – May 23  
Tina T. – May 25  
Fred C. – May 26  
Dorothy B. - May 30

**Staff Members**

Lucretia Honore – May 7

**Other Support Groups in the Area**

**Date: Saturday, May 18th**

**Time: 11:00 a.m.**

**Location:** New Life in Christ Lutheran Church  
311 S. Cockrell Hill Rd.  
Duncanville, TX. 75116

**Parkinson's Support Group**

**Date:** no support group for May due to Memorial Day

**Location:** Trinity United Methodist Church  
1302 South Clark Road  
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at calljw@sbcglobal.net

**FRIENDS PLACE IS  
CLOSED FOR MEMORIAL DAY!**



**Monday May 27**



Mark Your Calendar for  
**Coffee Chat with Joyce**

**When:** Every Third Wednesday- May 15<sup>th</sup>

**Where:** Panera Bread- Cedar Hill

**Time:** 10:00-11:00 am

Very casual so come enjoy a social hour with Joyce Tarver, RN, Director of Wellness, Friends Place  
Panera Bread is located at 416 E. Pleasant Run,  
Cedar Hill 972-272-3600

Questions?

Friends Place-972-274-2484

**Stress-Busting Program  
For Caregivers**

**Learn About:**

- Stress Management
- Problem- Solving
- Relaxation and Coping

**9-Week Program provides:**

- Support and Education

This program is free. Group sessions held once a week for 9 weeks.

**Next Session:**

**Alzheimer's Office – July 11- 1:30-3:30 pm.-Thursdays**  
***No reservations will be accepted after the 2<sup>nd</sup> session.***

**FOR MORE INFORMATION OR  
TO REGISTER: 214-954-4227**

**Sponsored by:**

*Community Council  
Area Agency on Aging  
Alzheimer's Association*