

# Friends Place Newsletter

## July 2019



1960 Nantucket, Richardson, TX 75080

972-437-2940

Fax 972-437-2954

[www.friendsplaceads.com](http://www.friendsplaceads.com)

### Friends Staff

Jane Kovacs  
Jackie Coalter  
Claire Iwuoha  
Trudy Hardy  
Malissa Cestari  
Leanne Yarrow  
Lisa Bonner  
Christopher Laudon  
Mary Dennison  
Jane Tucker  
Sandy Kniffen  
Danielle Yarde  
Laura Hatfield  
Andrea Bara  
Heather Brackett  
Brittany Graves  
Gayle Rumbeck  
Brea Harris  
Diana Kirk  
Undra Jones

**Friends Place will be closed on Thursday AND Friday, July 4 & 5  
to celebrate the holiday with family & friends.**

### July Activity Calendar

M	1	Mocktail Monday Happy Hour	4:00 pm
W	10	Texas Winds Flute Trio	10:00 am
Th	11	Midweek Devotional	11:00 am
		Thirsty Thursday Happy Hour	4:00 pm
F	12	Heart of Texas Therapy Dogs	11:45 am
		Tony Macaroni performs	1:45 pm
M	15	Mocktail Monday Happy Hour	4:00 pm
W	17	Norris Perry sings your favorites	1:45 pm
W	24	Star-Spangled Staycation USA!	All day
Th	25	Midweek Devotional	11:00 am
		Entertainer Mike Allyn performs	1:45 pm
M	29	Mocktail Monday Happy Hour	4:00 pm
T	30	July Birthday Party with Tommy Ray	1:45 pm

**Happy Independence Day,  
Y'all!**

### Extraordinary Hearts of Service

In partnering with the wonderful organization, "Pajamas for Seniors," Friends Place families donated around a HUNDRED pairs of pajamas during the Donut Dash! These were used to bless Richardson area nursing home residents for Father's Day.

**YOU make a difference for others, THANK YOU!!!**

**MALISSA CESTARI, YOU ROCK!** Thank you for heading up this year's **LONGEST DAY BAKE SALE!** Appreciation to ALL who participated by donating all those deee-lish goodies, and much gratitude for those who purchased the sweet treats, as well.

Proceeds support the Dallas Chapter of the Alzheimer's Association. \$1700.00 were raised!!! Once again, you made a BIG difference!

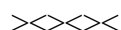
## Caregiver's Support Groups

Open to the public. Care usually available at no charge with reservation. 972-437-2940.



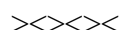
### Lewy Body/Frontotemporal Dementia

Meets 1<sup>st</sup> Monday/month  
July 1 4:00-5:30 pm



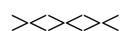
### Wives' Support Group

Meets 1<sup>st</sup> & 3<sup>rd</sup> Tuesday/month  
July 2 & 16 2:00-3:30 pm



### Men as Caregivers

Meets 1<sup>st</sup> & 3<sup>rd</sup> Thursdays/month  
One meeting this month, July 18, 2:00-3:30 pm

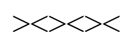


### Alzheimer's Association's Caregiver's Support Group

Discussion Group the 2<sup>nd</sup> Thursday/month  
July 11 2:00-3:30 pm  
Guest Speaker presentation on 4<sup>th</sup> Thursday/month  
July 25 2:00-3:30 pm

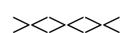
### Cheryl Acres, RN, CCM, and Owner of Comprehensive Care Management

*Surviving a Hospital Stay  
and  
The Purpose of a Care Manager*



### Caregiver's Coffee Chat

Each 2<sup>nd</sup> Monday/month  
July 8 9:30-10:30 am  
Meet at Love U A-Latte, 541 W. Campbell Ste 125



### Caregiver Notebook Class

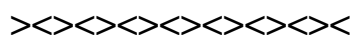
Take advantage of our upcoming class, led by Friends Place Director Jane Kovacs. The notebook is an invaluable resource which can help you on a daily basis, or in an emergency. Reservations required, lunch provided.  
\$20 for FP members, \$25 for general public  
Wednesday, August 28 11:00 am-1:00 pm

## Wishing a very happy July birthday to:

1	Virginia Lopez
4	Howard Dreyer
5	Thang Cung, Lee Fox
6	Matt Oliver
13	Evaline Conner
16	Gale Rucker
19	Trudy Hardy (staff)
22	Roberta Crawford
23	James P
24	Wayne Eitel, Don Robb
25	Gary Munson
28	James Pittman

## ...and a hearty welcome to new friends!

Diane Sefton, Paul Braziller, Lee Fox,  
Charles G and Debi Condra,



## What's your favorite thing about Independence Day?



"It's AAAALLLLLL about the watermelon!" ~ Pat

"**Family.** You know, watching the kids have so much fun, the burgers and grilling and big fireworks. *Doing all of that together.*" ~Andrea

"The sparklers!" ~Debbie

"**The Declaration of Independence.** It used to be about the fireworks for me, but this has become more important as I've gotten older." ~Christopher

"I love that anonymous quote, '*My patriotic heart beats red, white, and blue.*' Says it all so well!"  
~Leanne



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**Friends Place Adult Day Services**  
**1960 Nantucket Dr.**  
**Richardson, TX 75080**

