

Monday

Tuesday

Wednesday

Thursday

Friday

Richardson Friends Place
August 2019

All meals served with Iced Tea, Lemonade OR Water and Fresh Baked Bread unless otherwise indicated.
For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free dessert is offered. For no added salt diets
Table salt is not available.

<div>Richardson Friends Place</div> <div>August 2019</div> <div>All meals served with Iced Tea, Lemonade OR Water and Fresh Baked Bread unless otherwise indicated. For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free dessert is offered. For no added salt diets Table salt is not available.</div>				Meatloaf in Tomato Sauce Scalloped Potatoes Broccoli Caesar Salad Banana Pudding		Parmesan Crusted Chicken Long Grain & Wild Rice Peas & Carrots Spinach Salad Strawberry Shortcake								
Steak Fingers w/Mushroom Gravy French Fries Scandinavian Vegetables Caesar Salad Carrot Cake w/ Icing		5	Filet of Fish/ Lemon garnish/Tartar sauce Baked Sweet Potato Green Beans Corn Bread Cole Slaw Pistachio Fluff		6	Pork Rib Patty Macaroni & Cheese Squash Capri Green Salad Brownies		7	Swiss Chicken Rice Pilaf Peas Minestrone Soup Fresh Baked Cookies		8	Spaghetti w/ Turkey Meat Sauce Broccoli Garlic Bread Caesar Salad Ambrosia		9
Garlic Herbed Chicken Scalloped Potatoes Carrot Cascade Cole Slaw Cherry Pineapple Dump Cake		12	Bratwurst over Sauerkraut Roasted Potatoes Scandinavian Vegetables Caesar Salad Apple Strudel		13	Vegetable Lasagna Italian Flat Cut Beans Garlic Bread Cole Slaw Banana Pudding		14	Salisbury Steak Baked Sweet Potato Corn Spring Mix Salad Lemon Jell-O Cake		15	Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Beets Green Salad Fruit Parfait		16
BBQ Brisket Potato Salad Baked Beans Cole Slaw Peach Pie		19	Chicken Tenders w/ Honey Mustard Macaroni and Cheese Broccoli Florets Green Salad Brownies		20	A Taste of Hawaii Baked Ham w/ Pineapple Sweet Potatoes Garden Vegetables Green Salad Pineapple Upside down Cake		21	Cheddar Ranch Chicken Baked Potatoes Carrot Cascade Cole Slaw Fresh Baked Cookies		22	Chicken Fried Steak Mashed Potatoes Country Gravy Green Beans Spinach Salad Cherry cobbler		23
Smothered Chicken Rice Pilaf Green Beans Spring Mix Salad Strawberry Parfait		26	Cheese Burgers French Fries Garden Vegetables Green Salad Pineapple Orange Cake		27	Filet of Fish/ Lemon garnish/Tartar sauce Macaroni & Cheese Peas & Carrots Cup of Bean Soup Orange Fluff		28	Taco w/ toppings Spanish Rice Ranchero Beans Green Salad w/ Avocado Sherbet		29	Salad Plate Tuna/Chicken Salad Pea Salad Cottage Cheese w/ Peach Slice Cole Slaw Ambrosia		30

Menus approved by: _____

Date: _____