

February 2020



Friends News

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Black History Month—February Events

Musical Magic

Thu Feb 6	Texas Winds – Paul Dimon	11:00 am
Thu Feb 6	Cowboy Bob	2:00 pm
Mon Feb 10 and Feb 24	Golden Voices Praise and Worship	10:00 am
Tue Feb 11	Jim Gatlin	2:00 pm
Thu Feb 20	Birthday Celebration with Gary Freeman	2:00 pm
Tue Feb 25	Mike Frankel	11:30 am

Special Events

Fri Feb 7	Pies to the Fire Chiefs	10:30 am
Thu Feb 13	Sweetheart Dance with Ben Meyers	4:00 pm
Tue Feb 18	Praise Dancers	2:00 pm
Fri Feb 21	African Styles and Traditions	11:30 am

Health Happenings

Every Wed.	Chair Yoga/Chair Chi	11:30 am
M,T,Th,Fr	Chair Exercise	11:30 am

Support Group at Friends Place

Alzheimer's Caregiver Support Group

Meets 2nd and 4th
Tuesdays of the month

Date: Tuesday, February 11

Time: 2:00-3:30 p.m.

Topic: General Discussion

Date: Tuesday, February 25

Time: 2:00-3:30 p.m.

Topic: What Legal Documents
Do I Need and Why?

Speaker: Rick Mills, Elder Care Attorney

Activities for your loved one
at no charge with advanced notice.

Call (972) 274-2484



The first week of February, we will be making pies for our local firemen. We will present them to Assistant Fire Chief Brian Southard and the EMS Chief Briand Whitacre to say "Thank you" to those that help keep us safe. Come on by and say "Hi!"
Friday, February 7 at 10:30 am

Don't Miss These This Month!

Sweetheart Dance

Bring your sweetheart and get ready to cut a rug with the incomparable Ben Meyers!

Thursday, Feb 13 4:00-6:00 pm

Praise Dancers

Come see the amazing Praise Dancers and their killer dance moves!

Tuesday, February 18 at 2:00 pm



Birthday Wishes to:

Jacob J – Feb 21
Gloria Jean B – Feb 26
JC H – Feb 28



Other Support Groups in the Area

Date: Saturday, February 15

Time: 11:00 a.m.

Location: New Life in Christ Lutheran Church
311 S. Cockrell Hill Rd.
Duncanville, TX. 75116

Parkinson's Support Group

Caregiver Support Group

Date: Monday January 13

Time: 1:00 pm

Potluck and Educational Session

Date: Monday, February 24

Time: 6:00 pm

Speaker: TBD

Location: Trinity United Methodist Church
1302 South Clark Road
Duncanville, TX 75137

For other scheduled activities for the Parkinson's group, please contact Wanda at calljw@sbcglobal.net

Black History Month

This month we will be celebrating Black History Month. We have invited Rosemary to come and teach us a little about what African style looks like and some of the traditions that are still practiced today! The Praise Dancers will also come and really "Wow!" us. Our own DeSoto Steppers return on the 28th, and, just like every month, the Golden Voices help us worship on the second and fourth Monday (Feb 10 and 24). All of these events, and any others that we have, are open to anyone who wants to attend and see what your loved one is up to each day!



Refresh//Renew

Look for information about our upcoming caregiver conference on Saturday March 14.
Great speakers! Stay tuned.

Texas Winds

Texas Winds is coming again in March with the Duo Renard. Come sit and enjoy some very talented musicians on February 24th at 11 am.