

Monday

Tuesday

Wednesday

Thursday

Friday

Richardson Location

February 2020

Breakfast & Morning Snacks Served until 10:00 a.m.

Water & Juice 11:00 a.m. Lunch 12:30 p.m.

Afternoon Snack 3:00 p.m.

Black History Month

Birthstone-Amethyst

Flowers-Violet

Birth Anniversary of Norman Rockwell 1894 10:05 Competitive Games-Magazine Scavenger Hunt- You Be the Judge-Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Action Movies-American Painters- Crack the Code-Enrichment Activity-Art Corner 2:30 BINGO-TEAM Spelling Bee-Active Group-Shut the Box 3:15 Light & Lively Exercise-Extra Activity 4:00 MOCKTAIL HOUR/Music Wheel of Fortune- Dominos Tournament-Extra Activity 4:30 Wheel of Fort. Cont.-Dominos Tournament 5:00 Apples to Apples-Extra Activity 5:30 Poetry	3 10:05 Competitive Games-It's All Cliché -Animal Letter Finder- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 I Interrupt The Broadcasting-Girl Talk/Rosa Parks- Brain Food-Enrichment Activity-Left, Right, Center- Extra Activity 2:30 BINGO-Mind Joggers-Memory Boards-Active Group- Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Mix & Match-Dominos Tournament 4:30 Trivia for Seniors-Dominos Tournament 5:00 Complete The Phrase-Extra Activity 5:30 Idioms	5 10:05 Competitive Games-Word in a Word-Art Appreciation- Enrichment Activity-Pillow Project-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Faces & Places 1:45 Ann Hinson Entertains/Trivia 2:45 BINGO-The Land Down Under-Skip Bo-Art Corner- Active Group-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel Of Fortune-Beautiful Hands-Dominos Tournament 4:30 Sorting/Matching-Dominos Tournament-Extra Activity 5:00 The Common Factor-Extra Activity 5:30 Life Stories	6 10:05 Competitive Games-Black History Month-Word Boxes- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Heart of Texas Therapy Dogs/Trivia 1:45 It's a Guy Thing/Cowboy Movies-Girl Talk/Movie Stars- Guess the Nations-Enrichment Activity-Extra Activity 2:30 BINGO-Famous African Americans-Active Group- Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Spill & Spell-Dominos Tournament 4:30 Reminiscing Cards-Dominos Tournament 5:00 Fun February Trivia-Extra Activity 5:30 Chicken Soup for the Soul	7 National Wear Red Day 10:05 Competitive Games-"Red" Alert-Cannes Film Festival- Match Songs w/Movies-Art Corner-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Gentlemen's Club-Movies of Yesteryear-Scattergories- Enrichment Activity-Finishing Lines-Extra Activity 2:30 BINGO-Let's Make Deal-Farkle-Active Group-Art Corner- Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Beautiful Hands-Dominos Tournament 4:30 Music Trivia-Dominos Tournament 5:00-6:00 Comedy & Snack
10 10:05 Competitive Games-Brain Quest America- Fractured Sentences-Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Black History Quiz-Girl Talk/Fun on the Farm- Associated Words-Enrichment Activity-Extra Activity 2:30 BINGO-TEAM Pictionary-Banga-Active Group- Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Everyday Life Photos- Dominos Tournament 4:30 Butterfly Quiz-Dominos Tournament 5:00 Century 21/20 Questions-Extra Activity 5:30 Fun Facts/Candy	11 10:05 Competitive Games-Find the Linking Word-Phrase Tiles- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Presidents Trivia-Girl Talk/Lost in Translation- Word Wheel-Enrichment Activity-Extra Activity 2:30 BINGO-Category Puzzle-Similes-Art Corner- Active Group-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Beautiful Hands-Dominos Tournament 4:30 Music Trivia-Dominos Tournament Cont.'-Extra Activity 5:00 Creative Forecasting-Extra Activity 5:30 Chicken Soup for the Soul	12 Birth Anniversary of Abraham Lincoln 1809-1865 10:05 Competitive Games-Rhyming Riddles-Art Appreciation- Enrichment Activity-Pillow Project-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's A Guy Thing/Abraham Lincoln-Name the Love Song- Silly Sentences-Pillow Project-Extra Activity 2:30 BINGO-Fractured Pairs-Sequence-Active Group- Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Spill & Spell-Dominos Tournament 4:30 Healthy Living-Dominos Tournament-Extra Activity 5:00 Who am I?-Extra Activity 5:30 Superstitions	13 10:05 Competitive Games-Apples to Apples-Baby Boomer Quiz- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Architecture-Girl Talk/Match the Brand Name- TEAM Jeopardy-Time Slips-Extra Activity 2:30 BINGO-TEAM Yahtzee-Active Group-Banana Gram- Art Corner-Extra Activity 3:15 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Thirsty Thursday/Music -Wheel of Fortune-Dominos 4:30 Wheel of Fortune-Beautiful Hands-Dominos Tournament 5:00 Hollywood Flashbacks-Extra Activity 5:30 Name That Sound	14 Valentine's Day Dance Tonight 5:00-7:00 10:05 Competitive Games-Famous Couples-Heart Categories- Mixed-Up Valentine-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Heart of Texas Therapy Dogs/Trivia 1:45 It's a Guy Thing/Almanac-Romance Movies- Valentine's Jumble-Wacky Valentine's Day-Art Corner- Extra Activity 2:30 BINGO-Famous Fictional Couples-Scrambled Hearts- Art Corner-Extra Activity 3:30 Tai Chi w/Laura-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Beautiful Hands-Dominos Tournament 4:30 Wheel of Fort. Cont.-Dominos Tournament 5:00-6:00 Comedy & Snack
President's Day/Mustache Monday 10:05 Competitive Games-President Trivia-Analogies- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Fun Presidential Trivia & Facts 1:45 Mike Allyn Entertains/Trivia 2:45 BINGO-Mixed Up Presidents-Pokeeno-Active Group- Art Corner-Extra Activity 4:00 MOCKTAIL HOUR/Music 4:00 Wheel of Fortune-Mind Trap-Dominos Tournament 4:30 Wheel of Fort. Cont.-Beautiful Hands- Dominos Tournament 5:00 Compound Words-Extra Activity 5:30 Magazine Scavenger Hunt	18 10:05 Competitive Games-Word in a Word-Name Chase- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 A Guy Thing/How It Was Made?-Garden Talk/Hats- Brain Teasers-Enrichment Activity-Extra Activity 2:30 BINGO-TEAM Pictionary-Letter Getter-Active Group- Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Similes-Dominos Tournament 4:30 Trivia for Seniors-Dominos Tournament 5:00 Complete The Phrase-Extra Activity 5:30 Idioms	75th Anniversary of the U.S. Landing on Iwo Jima 1945 10:05 Competitive Games-Famous Faces-Art Appreciation Enrichment Activity-Pillow Project-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Iwo Jima/Military-Food of the World-Brain Food- Enrichment Activity-Pillow Project-Bisexstille Year- Art Corner-Extra Activity 2:30 BINGO-TEAM Yahtzee-Everyday Life Photos-Sorting- Active Group-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-I Spy-Dominos Tournament 4:30 Scruples-Dominos Tournament-Extra Activity 5:00 Song Burst-Extra Activity 5:30 Wiz Quiz	20 National Cherry Pie Day 10:05 Competitive Games-Name Ten-Mathematical Messages- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit- Devotional 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Engineering-Girl Talk/Baking Pies- You Be The Judge-Enrichment Activity-Extra Activity 2:30 BINGO-TEAM Spelling Bee-Active Group-Short Stories- Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Beautiful Hands-Dominos Tournament 4:30 Mix & Match-Dominos Tournament-Extra Activity 5:00 I Have Who Has?-Extra Activity 5:30 Chicken Soup for the Soul	21 Africa Staycation Day 10:05 Competitive Games-African Safari-Hieroglyphic Soda Quiz- Cairo Category Puzzle-Enrichment Activity-Art Corner- Extra Activity 11:00 Experience the Drum 12:00 Music/Songs & Trivia-Enrichment Activity 1:45 African Scramble-African Story Building-African Proverbs- Silly Sentences from Africa-Art Corner-Extra Activity 2:30 BINGO-TEAM African Think Fast-Farkle-Active Group- Extra Activity 3:30 Light & Lively Exercise-Extra Activity 4:00 Wheel of Fortune-Movie Stars of the 40's-Dominos 4:30 Music Trivia-Dominos Continued 5:00-6:00 Comedy & Snack
National Tortilla Day 10:05 Competitive Games-Finishing Lines-Famous Folks- Enrichment Activity-Art Corner-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity- Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Gentlemen's Club-Girl Talk/Embroidery-Word Teasers- Enrichment Activity-Extra Activity 2:30 BINGO-Words that Start and End?-Left, Right, Center- Active Group-Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Beautiful Hands-Dominos Tournament 5:00 Creative Forecasting-Extra Activity 5:30 Life Stories	25 Fat Tuesday/Crowning of King & Queen 10:05 Competitive Games-Mardi Gras Color or Not- Fat Tuesday Secret Message-Enrichment Activity 11:00 Crowning of King & Queen 11:10 Sit and Be Fit-Enrichment Activity- Book Club 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Technology-Girl Talk/Fat Tuesday Match the Clue- Mixed Up Mardi Gras-Enrichment Activity-Extra Activity 2:30 BINGO-Fat Tuesday Mining-Active Group-Art Corner Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-Table Topics-Dominos Tournament 4:30 Complete The Phrase-Dominos Tournament 5:00 Make 'Em Smile-Extra Activity 5:30 Clue Trivia	26 Birth Anniversary of Johnny Cash 1932-2003 Ash Wednesday Lent Begins 10:05 Competitive Games-Hollywood Flashbacks-Letter Rip- Art Appreciation-Pillow Project-Extra Activity 11:00 Texas Winds/Singer Songwriter Paul Demer 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Legends-Remembering Johnny Cash- States and Capitals-Enrichment Activity-Pillow Project 2:30 BINGO-TEAM Brain Quest-Everyday Life Photos- Active Group-Art Corner-Extra Activity 3:30 Tai Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Wheel of Fortune-I Spy-Dominos Tournament 4:30 Scruples-Dominos Tournament-Extra Activity 5:00 Wacky Wordies-Extra Activity 5:30 Wiz Quiz	27 10:05 Competitive Games-Memory Street-Math Count Up Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Nascar-Girl Talk/Couponing- TEAM Price is Right-Art Corner-Extra Activity 2:30 BINGO-TEAM Pictionary-Active Group-Mix & Match- Art Corner-Extra Activity 3:15 Tia Chi w/Sandy-Dominos Tournament-Extra Activity 4:00 Thirsty Thursday/Music -Wheel of Fortune-Blurp- Dominos Tournament 4:30 Beautiful Hands-Dominos Tournament-Extra Activity 5:00 Magazine Scavenger Hunt-Extra Activity 5:30 Name That Sound	28 10:05 Competitive Games-Journey Through 20th Century- Leap Year Mathematically Speaking-Fun Quiz- Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Leap Year Facts & Trivia 1:45 Birthday Party w/Ruby Weston/Trivia 2:45 BINGO-Letter Rip-Banana Gram-Active Group-Art Corner Extra Activity 3:30 Tai Chi w/Laura-Dominos Tournament-Extra Activity 4:00 Wheel Of Fortune-Dominos Tournament-Extra Activity 4:30 Beautiful Hands-Dominos Continued-Extra Activity 5:00-6:00 Comedy and Snack