

Friends News

October 2020



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Opportunities That Make a True Difference

*** 2020 Annual Walk to End Alzheimer's *
Saturday, October 3
Its Official, Walk is Everywhere!!**

This year's walk is not cancelled, or virtual. It's
EVERYWHERE!
On every Street, Path and Treadmill!

What this means is you can walk alone, with your (distanced) neighbors, with your family, with your pets -- anything is possible. You can even walk with people in other cities, states, or countries. Be part of our team and help us reach our 10K goal! Sign up to walk or be an **At-Home** team member. Ask family and friends to donate in your name. Donations accepted on-line or Mary can take them in our office. Be sure to register and donate to the Friends Place Richardson team.

Friends Fall Fair Day is here!

Wednesday, October 7

The State Fair of Texas has nothing on us! Enjoy this spectacular, chock-full of fun day where we spend the time partaking in delicious fair food, surprising guests, fun games, a cake walk and more!

Our annual Fall photos will be taken the week of October 5th in the lobby for all our members-----dress the part!

Staycation to Germany will be held on October 16. Come join us for the festivities as we travel around the countryside visiting castles, eat German food for lunch and spend the day enjoying what the German culture has to offer.

Ladies Fall Tea October 22 at 2:00pm

After lunch, ladies join us for tea and light refreshments as we don our hats and enjoy the civility of yesterday.

Caregiver's Support Groups

All Support Groups are Via Zoom

Lewy Body/Frontotemporal Dementia

Contact Janekovacs@friendsplaceads.com
For information

Men as Caregivers

For more information
Please contact George Davis
By Email: gldxtx@me.com

**Alzheimer's Association's
Caregiver Support Group**

Guest Speaker
Paul Markowitz with
Senior Living Specialists
October 14
2:00-3:30 pm
Zoom ID 225-102-1772

**Wishing a warm Friends Place
welcome to:**

- | | |
|-----------------------|-----------------------|
| <i>Wayne Clemm</i> | <i>Terry Bybee</i> |
| <i>Sandra Doxey</i> | <i>Bill Wheeler</i> |
| <i>Ben Elmer</i> | <i>Jim Glasgow</i> |
| <i>Carl Furbush</i> | <i>Janet Cronk</i> |
| <i>Ken Kuhn</i> | <i>Agnes Williams</i> |
| <i>Nancy Langford</i> | |

A SPOOKTACULAR OCTOBER!

| | | | |
|----|--------|---|---------|
| S | 3 | Dallas Walk for Alzheimer's | 9:00 |
| W | 7 | Fair Day | All Day |
| Th | 15 | Thirsty Thursday Happy Hour | 4:00 pm |
| F | 16 | Staycation to Germany | All Day |
| Th | 22 | Ladies Fall Tea | 2:00 pm |
| F | 30 | Monster Mash Halloween Party And October birthday celebration | 2:00pm |
| W | Nov 11 | Save the Date Veteran Day Recognition More details to come | 2:00pm |

And as always, offering daily chair exercise, Bingo, singalongs, & 15-20 other activities. Spanish on Monday morning, Book Club on Tuesday morning, and nationally acclaimed Singfit Musical Journey on Wednesday & Thursday mornings.

For the Monster Mash Halloween Party, please come dressed as your favorite ghoulish monster, characterization of your favorite person or dressed as something that will make you stand out in the crowd! We are looking forward to having a fun time Friday, October 30th celebrating ghosts and goblins.

Very Happy October Birthday wishes to:

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|----------------------------|--------------------------------|
| <i>Red McGuffin</i> | <i>October 9th</i> |
| <i>Monnie Richards</i> | <i>October 15th</i> |
| <i>Andrea Bara (staff)</i> | <i>October 18th</i> |
| <i>Juanita Moore</i> | <i>October 20th</i> |


