

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Steak Fingers with Gravy</b> <b>Twisted Seasoned Fries</b> <b>Peas and Carrots</b> <b>Spinach Salad</b> <b>Strawberry Parfait</b>	<b>Chicken Quesadilla</b> <b>Pinto Beans</b> <b>Corn Salad</b> <b>Green Salad</b> <b>Sopapilla Cheesecake</b>	<b>Baked Cod/Tartar Sauce</b> <b>Rice Pilaf</b> <b>Broccoli</b> <b>Butternut Squash Soup</b> <b>Orange Fluff</b>	<b>Chicken Tenders</b> <b>Potato Casserole</b> <b>Scandinavian Vegetables</b> <b>Cole Slaw</b> <b>Banana Pudding</b>	<b>Lasagna</b> <b>Italian Flat Cut Beans</b> <b>Garlic Bread</b> <b>Caesar Salad</b> <b>Cookie Bars</b>
<b>Pineapple Chicken</b> <b>Baked Sweet Potato</b> <b>Garden Vegetables</b> <b>Green Salad</b> <b>Peach Cobbler</b>	<b>Salisbury Steak</b> <b>Mashed Potatoes</b> <b>Carrots</b> <b>Green Salad</b> <b>Ambrosia</b>	<b>Air Force Wings (Tender)</b> <b>U Boat Potatoes (Twice Baked)</b> <b>Army Green Peas</b> <b>Coast Guard Cole Slaw</b> <b>Marine Pie (Chocolate/ Whip Topping)</b>	<b>Spaghetti/ Turkey</b> <b>Meat Sauce</b> <b>Green Beans</b> <b>Caesar Salad</b> <b>Apple Dump Cake</b> <i>Garlic Bread</i>	<b>Vegetable Soup</b> <b>Quiche Florentine</b> <b>Fresh Fruit</b> <b>Spinach Salad</b> <b>Fresh Baked Cookie</b>
<b>Meatloaf</b> <b>Roasted Potatoes</b> <b>Tomato &amp; Zucchini</b> <b>Green Salad</b> <b>Pumpkin Dessert</b>	<b>Swiss Chicken</b> <b>Yellow Rice</b> <b>Peas</b> <b>Caesar Salad</b> <b>Strawberry Parfait</b>	<b>BBQ Brisket</b> <b>Potato Salad</b> <b>Baked Beans</b> <b>Corn Bread</b> <b>Spinach Salad</b> <b>Fresh Baked Cookie</b>	<b>Baked Fish</b> <b>Roasted Rosemary</b> <b>Potatoes</b> <b>Creamed Corn</b> <b>Cole Slaw</b> <b>Gingerbread</b>	<b>Turkey Ham/Pineapple</b> <b>Twice Baked Potatoes</b> <b>Broccoli</b> <b>Green Salad</b> <b>Assorted Desserts</b>
<b>Chicken Tenders</b> <b>Macaroni &amp; Cheese</b> <b>Scandinavian Vegetables</b> <b>Caesar Salad</b> <b>Pound Cake/Topping</b>	<b>Assorted Entrées</b> <b>Garden Vegetables</b> <b>Corn</b> <b>Green Salad</b> <b>Chocolate Pudding</b>	<b>Thanksgiving Feast</b> <b>Turkey with Gravy</b> <b>Cornbread Stuffing</b> <b>Sweet Potatoes</b> <b>Green Bean Casserole</b> <b>Green Salad</b> <b>Pumpkin or Apple Pie</b>	<b>Thanksgiving</b> <b>Holiday</b> <b>Closed</b>	<b>Thanksgiving</b> <b>Holiday</b> <b>Closed</b>
<b>Cheeseburger/Toppings</b> <b>French Fries</b> <b>Peas &amp; Carrots</b> <b>Spinach Salad</b> <b>Brownie</b>	 <p><b>November 2020</b></p> <p>All meals served with Iced Tea or Lemonade and Fresh Baked Bread unless otherwise indicated.  For NCS diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered.  For no added salt diets-Table salt is not available</p>			

Menus approved by: *Julie Griffin MS RD*

Date: *October 21, 2020*