

Monday	Tuesday	Wednesday	Thursday	Friday
1 Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Cake	2 Garlic Herb Chicken Au Gratin Potatoes Carrot Cascade Coleslaw Pistachio Fluff	3 Roasted Turkey Sweet Potatoes Peas and Carrots Spinach Salad Brownie	4 National Soup Day Tomato Basil Soup Quiche Florentine Fresh Fruit Green Salad Pineapple Upside Down Cake	5 Soft Taco Spanish Rice Pinto Beans Garden Salad Fresh Baked Cookie
8 Chicken Tenders Roasted Rosemary Potatoes Green Beans Coleslaw Strawberry Parfait	9 National Pizza Day Pizza Pasta Salad Breadstick Caesar Salad Fresh Baked Cookie	10 BBQ Chicken Baked Potato Broccoli Coleslaw Orange Fluff	11 Spaghetti & Meatballs Italian Flat Cut Beans Garlic Bread Garden Salad Chocolate Pudding	12 Smothered Chicken Mashed Potatoes Garden Vegetables Green Salad Pound Cake w/ Toppings
15 Hamburger on Bun Baked Potato Chips Peas & Carrots Green Salad Peach Cobbler	16 "Mardi Gras" Chicken Gumbo Green Beans Corn Bread Coleslaw King Cake	17 Meatloaf Mashed Potatoes/ Gravy Mixed Vegetables Garden Salad Fresh Baked Cookie	18 Parmesan Crusted Chicken Au Gratin Potatoes Garden Vegetables Green Salad Ambrosia	19 Baked Fish Macaroni and Cheese Broccoli Cole Slaw Brownie
22 Staycation to Africa Moroccan Chicken Saffron Rice Mixed Vegetables Lentil Soup Fresh Baked Cookie	23 BBQ Beef Brisket Macaroni & Cheese Broccoli Coleslaw Orange Fluff	24 Garlic Herb Chicken Roasted Potatoes Carrot Cascade Green Salad Apple Dump Cake	25 Swedish Meatballs Rice Pilaf Green Bean Garden Salad Banana Pudding	26 National Chili Day Chili Baked Potato Peas and Carrots Garden Salad Ambrosia

February 2021

All meals served with Iced Tea or Lemonade and Fresh Baked Rolls unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available

Friends Place Richardson

Menus approved by: _____ Date: _____